Stop Bullying Your Body:

Learn how body image gets its start and how to quiet the bully inside your head

Jessica Setnick

FEB. 27TH | 7PM
MAUCKER UNION BALLROOM

Jessica, MS, RD/LD, is an internationally known dietitian and eating disorder expert. Having recovered from her own eating disorder, Jessica's passion is promoting a positive relationship with food and eating as key components of a healthy and happy life.

Sponsored by: BIEDA (Body Image and Eating Disorder Awareness-Student Organization) Alpha Sigma Tau, Student Wellness Services

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