



UNIVERSITY OF NORTHERN IOWA

Data Report

Spring 2026

American College Health Association National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

Notes about the use of sex and gender in this report

RSEX variable

Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

Beginning in Spring 2021, responses for transgender and gender-nonconforming students became readily available directly in the report documents.

Important considerations with this format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

Questions about this report? Please reach out to Christine Kukich at Ckukich@acha.org



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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

Frequency tables are presented for every multiple choice and select all that apply questions from the survey. The mean, median, standard deviation, minimum, and maximum values are provided for the variables that are continuous, as well as those scales within the survey that produce a score.

Space for value labels associated with each response option is limited in this document and are often abbreviated for brevity. Furthermore, response options are listed in numeric order within the frequency tables, which may differ from the way they appear to students in the survey. Please always refer to the survey codebook rather than this report document for the exact wording of survey questions and the associated response options.

1) How would you describe your overall health?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Excellent	41	17	85	10	1	1	130	10.6
2 Very good	119	48	332	38	20	26	476	38.9
3 Good	65	26	369	42	33	43	476	38.9
4 Fair	19	8	85	10	20	26	126	10.3
5 Poor	2	1	11	1	3	4	16	1.3
Valid responses =	246	20	882	72	77	6	1224	98.4

Invalid responses include no response.

2A) I feel that I belong at my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	3	1	13	2	1	1	17	1.4
2 Disagree	4	2	11	1	4	5	20	1.6
3 Somewhat disagree	9	4	23	3	3	4	35	2.8
4 Somewhat agree	47	19	151	17	12	16	213	17.2
5 Agree	119	47	455	51	40	52	623	50.2
6 Strongly agree	71	28	239	27	17	22	332	26.8
Valid responses =	253	20	892	72	77	6	1240	99.7

Invalid responses include no response.

R2B) I feel that students' health and well-being are a priority of my college/university.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	8	1	2	3	10	0.8
2 Disagree	5	2	15	2	4	5	25	2.0
3 Somewhat disagree	8	3	44	5	14	18	66	5.3
4 Somewhat agree	80	32	282	32	22	29	393	31.7
5 Agree	113	45	384	43	32	42	536	43.2
6 Strongly agree	47	19	159	18	3	4	210	16.9
Valid responses =	253	20	892	72	77	6	1240	99.7

Invalid responses include no response.

R2C) I feel that the climate of my college/university encourages free and open discussion about students' health and well-being.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	6	1	6	8	14	1.1
2 Disagree	2	1	9	1	1	1	12	1.0
3 Somewhat disagree	17	7	26	3	4	5	48	3.9
4 Somewhat agree	60	24	202	23	17	22	286	23.0
5 Agree	111	44	458	51	37	48	613	49.4
6 Strongly agree	61	24	193	22	12	16	269	21.7
Valid responses =	253	20	894	72	77	6	1242	99.8

Invalid responses include no response.



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R2D) We are a college/university where we look out for each other.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	0	7	1	3	4	11	0.9 ▮
2 Disagree	8	3	12	1	3	4	24	1.9 ▮
3 Somewhat disagree	20	8	47	5	7	9	75	6.0 ▮
4 Somewhat agree	75	30	285	32	28	36	396	31.9 ▮
5 Agree	107	43	395	44	28	36	535	43.1 ▮
6 Strongly agree	41	16	148	17	8	10	200	16.1 ▮
Valid responses =	252	20	894	72	77	6	1241	99.8

Invalid responses include no response.

3A) How many hours do you spend in a typical week (7 days) on the following activities?

Attending classes, discussion sections, or labs

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1	0	8	1	3	4	12	1.0 ▮
2 1-5 hours	19	8	94	11	5	7	119	9.6 ▮
3 6-10 hours	47	19	185	21	13	17	249	20.1 ▮
4 11-15 hours	79	32	294	33	23	30	403	32.6 ▮
5 16-20 hours	66	26	207	23	22	29	300	24.2 ▮
6 21-25 hours	20	8	54	6	6	8	81	6.5 ▮
7 26-30 hours	11	4	26	3	4	5	42	3.4 ▮
8 More than 30 hours	8	3	23	3	1	1	32	2.6 ▮
Valid responses =	251	20	891	72	77	6	1238	99.5

Invalid responses include no response.

3B) How many hours do you spend in a typical week (7 days) on the following activities?

Studying and other academic activities outside of class

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	3	1	6	1	1	1	10	0.8 ▮
2 1-5 hours	68	27	251	28	17	22	340	27.5 ▮
3 6-10 hours	79	32	299	34	26	34	410	33.2 ▮
4 11-15 hours	44	18	148	17	15	20	213	17.2 ▮
5 16-20 hours	32	13	95	11	11	14	140	11.3 ▮
6 21-25 hours	10	4	42	5	6	8	58	4.7 ▮
7 26-30 hours	6	2	28	3	1	1	36	2.9 ▮
8 More than 30 hours	8	3	21	2	0	0	29	2.3 ▮
Valid responses =	250	20	890	72	77	6	1236	99.4

Invalid responses include no response.

3C) How many hours do you spend in a typical week (7 days) on the following activities?

Attending cultural events, movies, concerts, sports or other entertainment with others

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	62	25	210	24	21	27	298	24.0 ▮
2 1-5 hours	150	59	568	64	45	58	767	61.7 ▮
3 6-10 hours	30	12	85	10	7	9	129	10.4 ▮
4 11-15 hours	6	2	12	1	2	3	22	1.8 ▮
5 16-20 hours	3	1	14	2	2	3	20	1.6 ▮
6 21-25 hours	1	0	3	0	0	0	4	0.3 ▮
7 26-30 hours	1	0	2	0	0	0	3	0.2 ▮
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	253	20	894	72	77	6	1243	99.9

Invalid responses include no response.

3D) How many hours do you spend in a typical week (7 days) on the following activities?

Performing community service or volunteer activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	164	65	487	55	51	66	711	57.3 ▮
2 1-5 hours	72	29	350	39	21	27	451	36.4 ▮
3 6-10 hours	13	5	31	4	4	5	49	4.0 ▮
4 11-15 hours	3	1	12	1	0	0	16	1.3 ▮
5 16-20 hours	1	0	6	1	0	0	7	0.6 ▮
6 21-25 hours	0	0	2	0	0	0	2	0.2 ▮
7 26-30 hours	0	0	1	0	1	1	2	0.2 ▮
8 More than 30 hours	0	0	2	0	0	0	2	0.2 ▮
Valid responses =	253	20	891	72	77	6	1240	99.7

Invalid responses include no response.



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3E) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in physical exercise, team sports, recreational sports, or physically active hobbies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	34	13	212	24	23	30	276	22.2
2 1-5 hours	125	49	451	51	37	48	621	50.0
3 6-10 hours	59	23	145	16	8	10	214	17.2
4 11-15 hours	16	6	52	6	8	10	77	6.2
5 16-20 hours	10	4	19	2	0	0	30	2.4
6 21-25 hours	2	1	10	1	1	1	13	1.0
7 26-30 hours	3	1	4	0	0	0	7	0.6
8 More than 30 hours	4	2	0	0	0	0	4	0.3
Valid responses =	253	20	893	72	77	6	1242	99.8

Invalid responses include no response.

3F) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in spiritual or religious activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	142	56	471	53	63	82	688	55.4
2 1-5 hours	79	31	327	37	11	14	421	33.9
3 6-10 hours	22	9	73	8	2	3	98	7.9
4 11-15 hours	5	2	15	2	0	0	22	1.8
5 16-20 hours	3	1	2	0	0	0	5	0.4
6 21-25 hours	0	0	1	0	1	1	2	0.2
7 26-30 hours	1	0	3	0	0	0	4	0.3
8 More than 30 hours	1	0	0	0	0	0	1	0.1
Valid responses =	253	20	892	72	77	6	1241	99.8

Invalid responses include no response.

3G) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in student clubs or organizations

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	103	41	373	42	29	38	514	41.5
2 1-5 hours	109	43	404	45	32	42	550	44.4
3 6-10 hours	28	11	78	9	12	16	120	9.7
4 11-15 hours	7	3	27	3	3	4	40	3.2
5 16-20 hours	5	2	5	1	1	1	11	0.9
6 21-25 hours	1	0	4	0	0	0	5	0.4
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	253	20	891	72	77	6	1240	99.7

Invalid responses include no response.

3H) How many hours do you spend in a typical week (7 days) on the following activities?

Socializing with friends

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	16	6	38	4	3	4	59	4.8
2 1-5 hours	78	31	346	39	28	36	455	36.7
3 6-10 hours	67	27	268	30	22	29	363	29.3
4 11-15 hours	40	16	113	13	15	20	174	14.0
5 16-20 hours	26	10	64	7	3	4	94	7.6
6 21-25 hours	9	4	22	3	1	1	32	2.6
7 26-30 hours	6	2	9	1	1	1	17	1.4
8 More than 30 hours	11	4	32	4	4	5	47	3.8
Valid responses =	253	20	892	72	77	6	1241	99.8

Invalid responses include no response.

3I) How many hours do you spend in a typical week (7 days) on the following activities?

Partying

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	174	69	636	71	62	81	885	71.3
2 1-5 hours	54	21	203	23	14	18	276	22.2
3 6-10 hours	17	7	43	5	1	1	62	5.0
4 11-15 hours	5	2	8	1	0	0	13	1.0
5 16-20 hours	1	0	2	0	0	0	3	0.2
6 21-25 hours	1	0	0	0	0	0	1	0.1
7 26-30 hours	1	0	0	0	0	0	1	0.1
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	253	20	892	72	77	6	1241	99.8

Invalid responses include no response.



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3J) How many hours do you spend in a typical week (7 days) on the following activities?

Spending time with family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	90	36	241	27	31	40	371	29.9
2 1-5 hours	101	40	412	46	31	40	549	44.3
3 6-10 hours	32	13	101	11	6	8	141	11.4
4 11-15 hours	11	4	46	5	3	4	61	4.9
5 16-20 hours	8	3	29	3	2	3	39	3.1
6 21-25 hours	3	1	16	2	0	0	19	1.5
7 26-30 hours	3	1	11	1	0	0	14	1.1
8 More than 30 hours	4	2	36	4	4	5	46	3.7
Valid responses =	252	20	892	72	77	6	1240	99.7

Invalid responses include no response.

3K) How many hours do you spend in a typical week (7 days) on the following activities?

Watching TV, streaming movies/TV, or other media for entertainment

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	12	5	33	4	3	4	52	4.2
2 1-5 hours	94	37	353	40	24	31	473	38.1
3 6-10 hours	76	30	290	32	31	40	401	32.3
4 11-15 hours	37	15	112	13	8	10	158	12.7
5 16-20 hours	17	7	58	7	7	9	85	6.8
6 21-25 hours	3	1	21	2	3	4	29	2.3
7 26-30 hours	4	2	16	2	0	0	21	1.7
8 More than 30 hours	9	4	11	1	1	1	23	1.9
Valid responses =	252	20	894	72	77	6	1242	99.8

Invalid responses include no response.

3L) How many hours do you spend in a typical week (7 days) on the following activities?

Gaming

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	76	30	644	72	27	35	756	60.9
2 1-5 hours	81	32	185	21	24	31	293	23.6
3 6-10 hours	52	21	38	4	17	22	110	8.9
4 11-15 hours	22	9	14	2	6	8	45	3.6
5 16-20 hours	13	5	5	1	2	3	21	1.7
6 21-25 hours	2	1	1	0	0	0	3	0.2
7 26-30 hours	4	2	2	0	1	1	7	0.6
8 More than 30 hours	3	1	3	0	0	0	6	0.5
Valid responses =	253	20	892	72	77	6	1241	99.8

Invalid responses include no response.

3M) How many hours do you spend in a typical week (7 days) on the following activities?

Using social media

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	13	5	29	3	4	5	47	3.8
2 1-5 hours	83	33	282	32	19	25	390	31.5
3 6-10 hours	71	28	283	32	28	36	384	31.0
4 11-15 hours	39	15	142	16	13	17	200	16.1
5 16-20 hours	29	12	83	9	5	7	117	9.4
6 21-25 hours	8	3	37	4	2	3	47	3.8
7 26-30 hours	3	1	14	2	3	4	21	1.7
8 More than 30 hours	7	3	21	2	3	4	34	2.7
Valid responses =	253	20	891	72	77	6	1240	99.7

Invalid responses include no response.

3N) How many hours do you spend in a typical week (7 days) on the following activities?

Commuting to school and/or to work

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	65	26	233	26	21	27	324	26.2
2 1-5 hours	157	62	543	61	50	65	762	61.5
3 6-10 hours	14	6	84	9	3	4	102	8.2
4 11-15 hours	6	2	20	2	2	3	28	2.3
5 16-20 hours	6	2	4	0	1	1	11	0.9
6 21-25 hours	1	0	2	0	0	0	4	0.3
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	3	1	5	1	0	0	8	0.6
Valid responses =	252	20	891	72	77	6	1239	99.6

Invalid responses include no response.



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3O) How many hours do you spend in a typical week (7 days) on the following activities?

Working for pay

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	76	30	181	20	19	25	279	22.5
2 1-5 hours	22	9	69	8	4	5	96	7.7
3 6-10 hours	33	13	149	17	18	24	200	16.1
4 11-15 hours	38	15	141	16	17	22	199	16.0
5 16-20 hours	44	17	177	20	9	12	237	19.1
6 21-25 hours	15	6	67	8	7	9	89	7.2
7 26-30 hours	8	3	30	3	0	0	38	3.1
8 More than 30 hours	17	7	79	9	2	3	102	8.2
Valid responses =	253	20	893	72	76	6	1240	99.7

Invalid responses include no response.

3P) How many hours do you spend in a typical week (7 days) on the following activities?

Participating in meditation or meditative activities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	190	75	671	75	59	78	930	75.1
2 1-5 hours	56	22	200	22	12	16	274	22.1
3 6-10 hours	5	2	18	2	3	4	28	2.3
4 11-15 hours	1	0	2	0	1	1	4	0.3
5 16-20 hours	0	0	1	0	0	0	2	0.2
6 21-25 hours	0	0	0	0	1	1	1	0.1
7 26-30 hours	0	0	0	0	0	0	0	0.0
8 More than 30 hours	0	0	0	0	0	0	0	0.0
Valid responses =	252	20	892	72	76	6	1239	99.6

Invalid responses include no response.

3Q) How many hours do you spend in a typical week (7 days) on the following activities?

Performing unpaid household responsibilities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	69	27	151	17	12	16	235	18.9
2 1-5 hours	135	54	544	61	50	65	735	59.1
3 6-10 hours	30	12	141	16	10	13	186	15.0
4 11-15 hours	11	4	26	3	1	1	41	3.3
5 16-20 hours	4	2	11	1	1	1	17	1.4
6 21-25 hours	1	0	3	0	0	0	5	0.4
7 26-30 hours	1	0	6	1	2	3	9	0.7
8 More than 30 hours	1	0	13	2	1	1	15	1.2
Valid responses =	252	20	895	72	77	6	1243	99.9

Invalid responses include no response.

3R) How many hours do you spend in a typical week (7 days) on the following activities?

Taking care of children or other family members (unpaid)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	233	93	775	87	72	94	1094	88.3
2 1-5 hours	13	5	69	8	1	1	84	6.8
3 6-10 hours	2	1	8	1	0	0	10	0.8
4 11-15 hours	2	1	3	0	0	0	6	0.5
5 16-20 hours	1	0	5	1	0	0	6	0.5
6 21-25 hours	0	0	2	0	0	0	3	0.2
7 26-30 hours	0	0	3	0	1	1	4	0.3
8 More than 30 hours	1	0	27	3	3	4	32	2.6
Valid responses =	252	20	892	72	77	6	1239	99.6

Invalid responses include no response.

4) How do you describe your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	1	0	11	1	0	0	12	1.0
2 Slightly underweight	39	15	62	7	10	13	114	9.2
3 About the right weight	120	47	462	52	36	47	626	50.4
4 Slightly overweight	79	31	292	33	27	35	402	32.3
5 Very overweight	14	6	68	8	4	5	89	7.2
Valid responses =	253	20	895	72	77	6	1243	99.9

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

5) Are you trying to do any of the following about your weight?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not trying anything about my weight	50	20	206	23	20	26	280	22.5
2 Stay the same weight	54	21	176	20	14	18	249	20.0
3 Lose weight	95	38	477	53	37	48	616	49.6
4 Gain weight	54	21	36	4	6	8	98	7.9
Valid responses =	253	20	895	72	77	6	1243	99.9

Invalid responses include no response.

6) In the last 7 days, how many (total) minutes did you spend doing moderate physical activity?

Examples: brisk walking, dancing, or household chores.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	5	2	23	3	2	3	30	2.5
1 1 to 149 Minutes	110	45	412	47	27	37	553	45.5
2 150 to 299 Minutes	64	26	206	23	19	26	293	24.1
3 300 or More Minutes	68	28	238	27	26	35	339	27.9
Valid responses =	247	20	879	72	74	6	1215	97.7

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	251.02	150.00	369.1	0	3000
Cis Women	230.70	150.00	276.39	0	3000
Trans/Gender Non-conforming	264.64	190.00	249.27	0	1230
Overall	239.58	150.00	300.54	0	3000

7) In the last 7 days, how many (total) minutes did you spend doing vigorous physical activity?

Examples: running, swimming laps, or hiking.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Minutes	78	32	375	43	36	49	495	40.6
1 1 to 74 Minutes	71	29	269	31	19	26	362	29.7
2 75 to 149 Minutes	34	14	99	11	10	14	147	12.1
3 150 or More Minutes	64	26	139	16	9	12	214	17.6
Valid responses =	247	20	882	72	74	6	1218	97.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	115.23	40.00	173.39	0	960
Cis Women	78.55	15.00	155.31	0	1440
Trans/Gender Non-conforming	63.43	7.00	118.83	0	720
Overall	84.88	20.00	157.25	0	1440

8) In the last 7 days, on how many days did you do exercises to strengthen or tone your muscles?

Examples: push ups, sit ups, or weightlifting/training.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 days	83	33	381	43	44	57	517	41.6
1 1 day	31	12	88	10	6	8	126	10.1
2 2 days	28	11	120	13	10	13	161	13.0
3 3 days	35	14	125	14	6	8	167	13.4
4 4 days	26	10	67	8	4	5	98	7.9
5 5 days	34	13	67	8	5	7	108	8.7
6 6 days	6	2	31	4	0	0	37	3.0
7 7 days	10	4	15	2	2	3	28	2.3
Valid responses =	253	20	894	72	77	6	1242	99.8

Invalid responses include no response.



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9A) In the last 7 days, how many servings of sugar-sweetened beverages did you drink on average per day?

One serving is 12 oz of soda; 8 oz of sugar-sweetened, flavored water or sports drink; 6 oz of sugar-sweetened coffee, tea, or juice.

If you do not drink sugar-sweetened beverages, please enter 0.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings	98	39	227	26	24	32	354	28.9
2 1 serving	47	19	195	22	17	23	261	21.3
3 2 servings	28	11	125	14	10	13	164	13.4
4 3 servings	19	8	65	7	7	9	91	7.4
5 4 servings	11	4	36	4	4	5	52	4.2
6 5 servings	5	2	29	3	3	4	38	3.1
7 6 servings	9	4	34	4	3	4	47	3.8
8 7 servings	7	3	36	4	0	0	43	3.5
9 8 servings	2	1	21	2	0	0	23	1.9
10 9 or more servings	23	9	117	13	7	9	151	12.3
Valid responses =	249	20	885	72	75	6	1224	98.4

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.27	1.00	6.22	0	30
Cis Women	4.02	2.00	6.11	0	30
Trans/Gender Non-conforming	2.85	1.00	4.74	0	28
Overall	3.81	1.00	6.07	0	30

9B) In the past 30 days, on how many days did you drink energy drinks or energy shots?

(for example: Red Bull, Monster, Celsius, Bang, 5 Hour Energy, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	133	53	358	41	34	45	533	43.5
2 1-2 days	31	12	111	13	8	11	152	12.4
3 3-4 days	10	4	76	9	5	7	91	7.4
4 5-10 days	26	10	134	15	15	20	178	14.5
5 11-15 days	16	6	56	6	3	4	75	6.1
6 16-20 days	11	4	57	6	4	5	72	5.9
7 21-25 days	7	3	35	4	4	5	47	3.8
8 26-30 days	16	6	58	7	3	4	78	6.4
Valid responses =	250	20	885	72	76	6	1226	98.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.43	0.00	8.89	0	30
Cis Women	6.62	2.00	9.2	0	30
Trans/Gender Non-conforming	5.96	1.00	8.68	0	30
Overall	6.32	2.00	9.11	0	30

10) In the last 7 days, how many servings of fruit did you eat on average per day?

One serving is a medium piece of fresh fruit; 1/2 cup of fresh, frozen, or canned fruit; 1/4 cup of dried fruit; or 3/4 cup of 100% fresh fruit juice

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	42	17	88	10	13	17	146	11.8
2 1-2 servings per day	160	63	604	68	47	61	821	66.2
3 3-4 servings per day	45	18	175	20	12	16	237	19.1
4 5-6 servings per day	6	2	22	3	5	7	33	2.7
5 More than 6 servings per day	0	0	4	0	0	0	4	0.3
Valid responses =	253	20	893	72	77	6	1241	99.8

Invalid responses include no response.

11) In the last 7 days, how many servings of vegetables did you eat on average per day?

One serving is 1/2 cup of fresh, frozen, or canned vegetables; 1/4 cup 100% vegetable juice; or 1 cup salad greens

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	48	19	126	14	11	14	190	15.3
2 1-2 servings per day	143	57	559	63	40	52	750	60.6
3 3-4 servings per day	54	21	178	20	22	29	258	20.8
4 5-6 servings per day	6	2	28	3	3	4	37	3.0
5 More than 6 servings per day	1	0	1	0	1	1	3	0.2
Valid responses =	252	20	892	72	77	6	1238	99.5

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

12A) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

The food that I bought just didn't last, and I didn't have money to get more

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	168	67	532	60	38	49	743	60.1	
1 Sometimes True	59	23	294	33	27	35	390	31.6	
2 Often True	25	10	64	7	12	16	103	8.3	
Valid responses =	252	20	890	72	77	6	1236	99.4	
Invalid responses include no response.									

12B) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 30 days.

I couldn't afford to eat balanced meals.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 Never True	168	67	521	59	40	53	734	59.4	
1 Sometimes True	55	22	277	31	23	30	362	29.3	
2 Often True	28	11	93	10	13	17	139	11.3	
Valid responses =	251	20	891	72	76	6	1235	99.3	
Invalid responses include no response.									

12C) In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	183	72	628	70	51	67	867	69.9	
1 Only 1 or 2 days	30	12	127	14	9	12	169	13.6	
2 Yes, some days, but not every day	30	12	115	13	15	20	166	13.4	
3 Yes, almost every day	10	4	24	3	1	1	39	3.1	
Valid responses =	253	20	894	72	76	6	1241	99.8	
Invalid responses include no response.									

12D) In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	205	81	708	79	56	73	978	78.7	
1 Yes	48	19	186	21	21	27	264	21.3	
Valid responses =	253	20	894	72	77	6	1242	99.8	
Invalid responses include no response.									

12E) In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0 No	215	85	760	85	58	76	1042	83.9	
1 Yes	38	15	135	15	18	24	200	16.1	
Valid responses =	253	20	895	72	76	6	1242	99.8	
Invalid responses include no response.									

13) How long does it usually take for you to fall asleep at night once you close your eyes?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Under 5 minutes	23	9	68	8	2	3	94	7.6	
2 5-15 minutes	103	41	288	32	23	30	419	33.7	
3 16-30 minutes	74	29	270	30	23	30	374	30.1	
4 31 minutes - 1 hour	33	13	179	20	22	29	237	19.1	
5 over 1 hour	20	8	90	10	7	9	119	9.6	
Valid responses =	253	20	895	72	77	6	1243	99.9	
Invalid responses include no response.									

14) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weeknight (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Less than 4 hours	0	0	7	1	1	1	8	0.6	
2 4 hours	7	3	10	1	4	5	24	1.9	
3 5 hours	17	7	71	8	10	13	99	8.0	
4 6 hours	61	24	187	21	18	23	270	21.7	
5 7 hours	98	39	331	37	26	34	462	37.2	
6 8 hours	61	24	221	25	12	16	297	23.9	
7 9 hours	7	3	55	6	4	5	66	5.3	
8 10 or more hours	2	1	13	2	2	3	17	1.4	
Valid responses =	253	20	895	72	77	6	1243	99.9	
Invalid responses include no response.									



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15) Over the last 2 weeks, what is the average amount of sleep you have gotten on a weekend night (excluding naps)? (Please select the response closest to your answer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 4 hours	3	1	5	1	0	0	8	0.6
2 4 hours	3	1	7	1	3	4	15	1.2
3 5 hours	13	5	42	5	7	9	62	5.0
4 6 hours	34	14	96	11	3	4	134	10.8
5 7 hours	45	18	193	22	15	20	257	20.7
6 8 hours	70	28	273	31	20	26	366	29.5
7 9 hours	62	25	195	22	22	29	284	22.9
8 10 or more hours	22	9	84	9	7	9	116	9.3
Valid responses =	252	20	895	72	77	6	1242	99.8

Invalid responses include no response.

16A) On how many of the last 7 days did you: Wake up too early in the morning and couldn't get back to sleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	137	54	397	44	33	43	572	46.1
2 1 day	52	21	192	22	13	17	260	20.9
3 2 days	36	14	148	17	14	18	201	16.2
4 3 days	15	6	80	9	7	9	106	8.5
5 4 days	4	2	31	4	5	7	41	3.3
6 5 days	3	1	17	2	0	0	20	1.6
7 6 days	2	1	11	1	2	3	16	1.3
8 7 days	3	1	19	2	3	4	26	2.1
Valid responses =	252	20	895	72	77	6	1242	99.8

Invalid responses include no response.

16B) On how many of the last 7 days did you: Feel tired or sleepy during the day?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	19	8	19	2	2	3	40	3.2
2 1 day	31	12	50	6	5	7	87	7.0
3 2 days	45	18	126	14	7	9	180	14.5
4 3 days	55	22	155	17	7	9	217	17.5
5 4 days	28	11	146	16	12	16	189	15.2
6 5 days	36	14	135	15	9	12	183	14.7
7 6 days	8	3	59	7	5	7	74	6.0
8 7 days	30	12	205	23	29	38	271	21.8
Valid responses =	252	20	895	72	76	6	1241	99.8

Invalid responses include no response.

16C) On how many of the last 7 days did you: Have an extremely hard time falling asleep?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	92	37	247	28	17	22	358	28.9
2 1 day	68	27	227	25	22	29	323	26.1
3 2 days	33	13	136	15	9	12	181	14.6
4 3 days	18	7	90	10	10	13	119	9.6
5 4 days	6	2	42	5	7	9	56	4.5
6 5 days	12	5	48	5	6	8	68	5.5
7 6 days	7	3	35	4	1	1	43	3.5
8 7 days	16	6	67	8	5	7	91	7.3
Valid responses =	252	20	892	72	77	6	1239	99.6

Invalid responses include no response.

16D) On how many of the last 7 days did you: Get enough sleep so that you felt rested?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	37	15	142	16	14	18	195	15.7
2 1 day	27	11	155	17	16	21	201	16.2
3 2 days	47	19	194	22	11	14	257	20.7
4 3 days	33	13	129	14	12	16	177	14.3
5 4 days	36	14	107	12	5	7	152	12.2
6 5 days	32	13	94	11	12	16	139	11.2
7 6 days	22	9	48	5	4	5	74	6.0
8 7 days	19	8	25	3	3	4	47	3.8
Valid responses =	253	20	894	72	77	6	1242	99.8

Invalid responses include no response.



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16E) On how many of the last 7 days did you: Take a nap?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	134	53	399	45	33	43	571	46.0
2 1 day	58	23	170	19	16	21	247	19.9
3 2 days	24	10	152	17	10	13	188	15.2
4 3 days	13	5	75	8	7	9	98	7.9
5 4 days	9	4	43	5	4	5	57	4.6
6 5 days	8	3	22	3	2	3	34	2.7
7 6 days	1	0	10	1	1	1	14	1.1
8 7 days	4	2	23	3	4	5	31	2.5
Valid responses =	251	20	894	72	77	6	1240	99.7

Invalid responses include no response.

16F) On average, how long are your naps? (only includes students who napped 1-7 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Less than 30 minutes	23	20	53	11	3	7	82	12.3
2 Between 30 and 59 minutes	57	49	238	48	17	39	318	47.5
3 Between 60 and 119 minutes	30	26	153	31	21	48	207	30.9
4 2 hours or more	7	6	51	10	3	7	62	9.3
Valid responses =	117	17	495	74	44	7	669	53.8

Invalid responses include no response.

17A) Within the last 12 months, how often did you: Wear a helmet when you rode a bicycle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	150	59	638	72	52	68	853	68.8
2 Never	47	19	102	11	11	14	162	13.1
3 Rarely	10	4	31	4	2	3	44	3.5
4 Sometimes	8	3	22	3	3	4	34	2.7
5 Most of the time	7	3	28	3	1	1	36	2.9
6 Always	31	12	71	8	8	10	111	9.0
Valid responses =	253	20	892	72	77	6	1240	99.7

Invalid responses include no response.

17B) Within the last 12 months, how often did you: Wear a helmet when you rode a motorcycle/motor scooter?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	225	89	815	91	72	94	1126	90.6
2 Never	13	5	34	4	2	3	52	4.2
3 Rarely	3	1	5	1	0	0	8	0.6
4 Sometimes	2	1	2	0	0	0	4	0.3
5 Most of the time	1	0	5	1	1	1	7	0.6
6 Always	9	4	34	4	2	3	46	3.7
Valid responses =	253	20	895	72	77	6	1243	99.9

Invalid responses include no response.

17C) Within the last 12 months, how often did you: Wear a helmet when you were skateboarding?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not do this activity	226	90	839	94	68	88	1148	92.4
2 Never	16	6	38	4	7	9	63	5.1
3 Rarely	3	1	4	0	0	0	7	0.6
4 Sometimes	5	2	0	0	0	0	6	0.5
5 Most of the time	0	0	4	0	0	0	4	0.3
6 Always	2	1	10	1	2	3	14	1.1
Valid responses =	252	20	895	72	77	6	1242	99.8

Invalid responses include no response.

18A) When, if ever, was the last time you drove a car or other vehicle?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	7	3	31	4	2	3	41	3.3
2 Within the last 2 weeks	219	87	793	89	59	77	1084	87.3
3 More than 2 weeks but within 30 days	11	4	30	3	8	10	51	4.1
4 More than 30 days but within 3 months	5	2	16	2	3	4	25	2.0
5 More than 3 months but within 12 months	7	3	11	1	3	4	21	1.7
6 More than 12 months ago	4	2	14	2	2	3	20	1.6
Valid responses =	253	20	895	72	77	6	1242	99.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

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Number of Surveys (n) = 1244 Web Surveys

18B) Within the last 2 weeks, on how many days did you drive a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	2	1	3	0	0	0	5	0.5
1 1 to 4 Days	49	23	119	15	23	39	195	18.2
2 5 to 10 Days	72	33	247	31	18	31	341	31.8
3 11 to 14 Days	94	43	417	53	18	31	533	49.6
Valid responses =	217	20	786	73	59	5	1074	86.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	9.00	10.00	4.5	0	14
Cis Women	9.92	12.00	4.36	0	14
Trans/Gender Non-conforming	7.02	5.00	4.67	1	14
Overall	9.57	10.00	4.46	0	14

18C) Within the last 2 weeks, on how many days did you manually operate a device to text, email, video chat, or use the internet or apps while driving a car or other vehicle? (only includes students that drove in the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Days	87	40	328	42	32	54	453	42.4
1 1 to 4 Days	70	32	201	26	21	36	296	27.7
2 5 to 10 Days	30	14	154	20	2	3	186	17.4
3 11 to 14 Days	31	14	97	12	4	7	133	12.5
Valid responses =	218	20	780	73	59	6	1068	85.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.63	1.00	4.82	0	14
Cis Women	3.69	1.00	4.71	0	14
Trans/Gender Non-conforming	1.78	0.00	3.56	0	14
Overall	3.56	1.00	4.69	0	14

18D) Within the last 12 months, how many times have you been involved in an accident when you drove a car or other vehicle? (only includes students that drove in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No accidents	225	93	782	92	64	88	1086	92.0
2 One accident	17	7	64	8	8	11	90	7.6
3 Two accidents	0	0	4	1	1	1	5	0.4
4 Three or more accidents	0	0	0	0	0	0	0	0.0
Valid responses =	242	20	850	72	73	6	1181	94.9

Invalid responses include no response.

19A) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner called me names, insulted me, or put me down to make me feel bad.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	237	94	804	90	67	88	1122	91.0
2 Yes	15	6	86	10	9	12	111	9.0
Valid responses =	252	20	890	72	76	6	1233	99.1

Invalid responses include no response.

19B) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	97	844	95	73	96	1175	95.4
2 Yes	8	3	46	5	3	4	57	4.6
Valid responses =	251	20	890	72	76	6	1232	99.0

Invalid responses include no response.

19C) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship? A partner pushed, grabbed, shoved, slapped, kicked, bit, choked, or hit me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	244	97	875	98	72	95	1205	97.6
2 Yes	8	3	16	2	4	5	29	2.4
Valid responses =	252	20	891	72	76	6	1234	99.2

Invalid responses include no response.



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19D) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner forced me into unwanted sexual contact by holding me down or hurting me in some way.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	99	882	99	72	95	1218	98.9
2 Yes	2	1	7	1	4	5	13	1.1
Valid responses =	251	20	889	72	76	6	1231	99.0
Invalid responses include no response.								

19E) Within the last 12 months, did you experience any of the following in an intimate (coupled/partnered) relationship?

A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	244	98	861	97	73	96	1193	97.2
2 Yes	6	2	25	3	3	4	34	2.8
Valid responses =	250	20	886	72	76	6	1227	98.6
Invalid responses include no response.								

20A) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was in a physical fight.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	96	889	100	76	99	1223	98.9
2 Yes	9	4	4	0	1	1	14	1.1
Valid responses =	252	20	893	72	77	6	1237	99.4
Invalid responses include no response.								

20B) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was physically assaulted (do not include sexual assault).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	887	99	77	100	1227	99.1
2 Yes	4	2	7	1	0	0	11	0.9
Valid responses =	252	20	894	72	77	6	1238	99.5
Invalid responses include no response.								

20C) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was verbally threatened.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	219	87	819	92	62	81	1114	90.1
2 Yes	33	13	74	8	15	20	123	9.9
Valid responses =	252	20	893	72	77	6	1237	99.4
Invalid responses include no response.								

20D) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually touched without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	98	853	96	71	92	1184	95.9
2 Yes	4	2	40	5	6	8	50	4.1
Valid responses =	249	20	893	72	77	6	1234	99.2
Invalid responses include no response.								

20E) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

Sexual penetration (vaginal, anal, oral) was attempted on me without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	99	877	98	75	97	1217	98.5
2 Yes	2	1	15	2	2	3	19	1.5
Valid responses =	252	20	892	72	77	6	1236	99.4
Invalid responses include no response.								

20F) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was sexually penetrated (vaginal, anal, oral), or made to penetrate someone without my consent.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	100	880	99	74	96	1220	98.6
2 Yes	1	0	13	2	3	4	17	1.4
Valid responses =	252	20	893	72	77	6	1237	99.4
Invalid responses include no response.								



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20G) Within the last 12 months, did you experience any of the following? Do not include intimate relationships.

I was a victim of stalking (for example: waiting for me outside my classroom, residence, or office; or repeated emails/phone calls).

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	862	96	70	91	1196	96.5
2 Yes	4	2	32	4	7	9	43	3.5
Valid responses =	252	20	894	72	77	6	1239	99.6

Invalid responses include no response.

R21A) How safe do you feel: On my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	1	0	1	0	0	0	2	0.2
2 Somewhat unsafe	0	0	5	1	3	4	9	0.7
3 Somewhat safe	16	6	70	8	10	13	97	7.8
4 Very safe	225	89	747	84	62	81	1046	84.4
5 Does not apply	11	4	72	8	2	3	85	6.9
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.

R21B) How safe do you feel: On my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	10	1	4	5	14	1.1
2 Somewhat unsafe	8	3	118	13	14	18	141	11.4
3 Somewhat safe	78	31	459	51	40	52	587	47.4
4 Very safe	147	58	214	24	12	16	376	30.3
5 Does not apply	20	8	94	11	7	9	121	9.8
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.

R21C) How safe do you feel: In the community surrounding my campus (daytime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	0	0	3	0	0	0	3	0.2
2 Somewhat unsafe	4	2	18	2	6	8	29	2.4
3 Somewhat safe	58	23	264	30	33	43	358	29.0
4 Very safe	176	70	538	60	36	47	758	61.4
5 Does not apply	13	5	69	8	2	3	86	7.0
Valid responses =	251	20	892	72	77	6	1234	99.2

Invalid responses include no response.

R21D) How safe do you feel: In the community surrounding my campus (nighttime)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	3	1	26	3	9	12	38	3.1
2 Somewhat unsafe	27	11	224	25	24	31	280	22.6
3 Somewhat safe	95	38	417	47	31	40	548	44.2
4 Very safe	108	43	140	16	6	8	256	20.7
5 Does not apply	20	8	88	10	7	9	117	9.4
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.

22A1) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	172	69	653	73	60	78	899	72.7
3 Yes	79	32	240	27	17	22	337	27.3
Valid responses =	251	20	893	72	77	6	1236	99.4

Invalid responses include no response.



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22A2) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	92	37	326	37	36	47	460	37.2
3 Yes	160	64	567	64	41	53	777	62.8
Valid responses =	252	20	893	72	77	6	1237	99.4

Invalid responses include no response.

22A3) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	182	73	663	74	49	64	906	73.5
3 Yes	69	28	228	26	28	36	327	26.5
Valid responses =	251	20	891	72	77	6	1233	99.1

Invalid responses include no response.

22A4) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	246	98	877	99	74	96	1211	98.5
3 Yes	6	2	9	1	3	4	19	1.5
Valid responses =	252	20	886	72	77	6	1230	98.9

Invalid responses include no response.

22A5) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	241	96	867	97	72	94	1193	96.8
3 Yes	11	4	23	3	5	7	40	3.2
Valid responses =	252	20	890	72	77	6	1233	99.1

Invalid responses include no response.

22A6) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	252	100	884	100	77	100	1228	99.7
3 Yes	1	0	3	0	0	0	4	0.3
Valid responses =	253	21	887	72	77	6	1232	99.0

Invalid responses include no response.

22A7) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	248	98	880	99	71	92	1213	98.4
3 Yes	5	2	8	1	6	8	20	1.6
Valid responses =	253	21	888	72	77	6	1233	99.1

Invalid responses include no response.



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22A8) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	246	98	871	98	76	99	1207	97.7
3 Yes	6	2	20	2	1	1	28	2.3
Valid responses =	252	20	891	72	77	6	1235	99.3

Invalid responses include no response.

22A9) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	242	96	867	97	72	94	1195	96.8
3 Yes	11	4	23	3	5	7	40	3.2
Valid responses =	253	20	890	72	77	6	1235	99.3

Invalid responses include no response.

22A10) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	251	99	887	100	77	100	1230	99.5
3 Yes	2	1	4	0	0	0	6	0.5
Valid responses =	253	20	891	72	77	6	1236	99.4

Invalid responses include no response.

22A11) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	247	98	877	99	72	96	1210	98.2
3 Yes	5	2	13	2	3	4	22	1.8
Valid responses =	252	20	890	72	75	6	1232	99.0

Invalid responses include no response.

22A12) In your life, which of the following substances have you ever used?

For prescription medications, please report nonmedical use only. "Nonmedical use" means taking prescription drugs just for the feeling or experience they cause, or taking them more often or at higher doses than prescribed.

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	175	100	573	99	46	96	805	99.3
3 Yes	0	0	4	1	2	4	6	0.7
Valid responses =	175	22	577	71	48	6	811	65.2

Invalid responses include no response.

22B1) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	30	38	74	31	7	41	111	32.9
2 Once or twice	18	23	70	29	6	35	94	27.9
3 Monthly	9	11	12	5	0	0	22	6.5
4 Weekly	5	6	21	9	1	6	27	8.0
6 Daily or almost daily	17	22	63	26	3	18	83	24.6
Valid responses =	79	23	240	71	17	5	337	27.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22B2) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	17	11	50	9	5	12	73	9.4
2 Once or twice	48	30	220	39	15	37	288	37.1
3 Monthly	42	26	171	30	13	32	228	29.3
4 Weekly	50	31	122	22	8	20	181	23.3
6 Daily or almost daily	3	2	4	1	0	0	7	0.9
Valid responses =	160	21	567	73	41	5	777	62.5

Invalid responses include no response.

22B3) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	28	41	92	41	10	36	130	39.9
2 Once or twice	17	25	72	32	6	21	97	29.8
3 Monthly	10	15	26	12	4	14	40	12.3
4 Weekly	7	10	23	10	5	18	35	10.7
6 Daily or almost daily	7	10	14	6	3	11	24	7.4
Valid responses =	69	21	227	70	28	9	326	26.2

Invalid responses include no response.

22B4) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	5	83	8	89	2	67	16	84.2
2 Once or twice	1	17	1	11	0	0	2	10.5
3 Monthly	0	0	0	0	1	33	1	5.3
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	6	32	9	47	3	16	19	1.5

Invalid responses include no response.

22B5) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	9	82	14	61	4	80	28	70.0
2 Once or twice	0	0	3	13	0	0	3	7.5
3 Monthly	0	0	1	4	0	0	1	2.5
4 Weekly	0	0	1	4	1	20	2	5.0
6 Daily or almost daily	2	18	4	17	0	0	6	15.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.

22B6) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	3	100	0	0	4	100.0
2 Once or twice	0	0	0	0	0	0	0	0.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	0.3

Invalid responses include no response.

22B7) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	80	8	100	4	67	17	85.0
2 Once or twice	0	0	0	0	2	33	2	10.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	1	20	0	0	0	0	1	5.0
Valid responses =	5	25	8	40	6	30	20	1.6

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22B8) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	67	10	50	1	100	16	57.1
2 Once or twice	1	17	5	25	0	0	6	21.4
3 Monthly	1	17	0	0	0	0	1	3.6
4 Weekly	0	0	2	10	0	0	2	7.1
6 Daily or almost daily	0	0	3	15	0	0	3	10.7
Valid responses =	6	21	20	71	1	4	28	2.3

Invalid responses include no response.

22B9) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	7	64	16	70	3	60	27	67.5
2 Once or twice	4	36	7	30	1	20	12	30.0
3 Monthly	0	0	0	0	1	20	1	2.5
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.

22B10) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	4	100	0	0	6	100.0
2 Once or twice	0	0	0	0	0	0	0	0.0
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	0.5

Invalid responses include no response.

22B11) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	80	12	92	2	67	19	86.4
2 Once or twice	1	20	0	0	1	33	2	9.1
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	1	8	0	0	1	4.5
Valid responses =	5	23	13	59	3	14	22	1.8

Invalid responses include no response.

22B12) In the past 3 months, how often have you used the substance(s) you mentioned? (only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	1	25	1	50	2	33.3
2 Once or twice	0	0	1	25	0	0	1	16.7
3 Monthly	0	0	0	0	0	0	0	0.0
4 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	2	50	1	50	3	50.0
Valid responses =	0	0	4	67	2	33	6	0.5

Invalid responses include no response.

22E) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months, was it prescribed for you?

(only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	2	22	0	0	2	16.7
1 Yes	2	100	7	78	1	100	10	83.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	9	75	1	8	12	1.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22F1) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your stimulant medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2	100	7	100	1	100	10	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	20	7	70	1	10	10	0.8

Invalid responses include no response.

22F2) Regarding your use of prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your stimulant medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	50	7	100	1	100	9	90.0
1 Yes	1	50	0	0	0	0	1	10.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	20	7	70	1	10	10	0.8

Invalid responses include no response.

22G) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.)

in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	2	100	6	60	0	0	8	66.7
1 Yes	0	0	4	40	0	0	4	33.3
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	10	83	0	0	12	1.0

Invalid responses include no response.

22H1) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use MORE of your sedatives or sleeping pills, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	4	100	0	0	4	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

22H2) Regarding your use of prescription sedatives or sleeping pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) in the past 3 months:

(only includes students who were prescribed this substance)

Do you ever use your sedatives or sleeping pills MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	4	100	0	0	4	100.0
1 Yes	0	0	0	0	0	0	0	0.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

22I) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months, was it prescribed for you? (only includes students who have used this substance within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	1	100	1	100	1	100	3	100.0
99 Don't know	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22J1) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use MORE of your opioid medication, that is, take a higher dosage, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	0	0	0	0	0	0	0	0.0
1 Yes	1	100	1	100	0	0	2	66.7
99 Don't know	0	0	0	0	1	100	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.



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UNIVERSITY OF NORTHERN IOWA

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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22J2) Regarding your use of prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) in the past 3 months: (only includes students who were prescribed this substance)

Do you ever use your opioid medication MORE OFTEN, that is, shorten the time between dosages, than is prescribed for you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No	1	100	0	0	0	0	1	33.3
1 Yes	0	0	1	100	0	0	1	33.3
99 Don't know	0	0	0	0	1	100	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22K1) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	19	40	50	30	6	60	75	33.6
3 Once or twice	7	15	35	21	1	10	44	19.7
4 Monthly	0	0	8	5	0	0	8	3.6
5 Weekly	6	13	12	7	0	0	18	8.1
6 Daily or almost daily	15	32	60	36	3	30	78	35.0
Valid responses =	47	21	165	74	10	4	223	17.9

Invalid responses include no response.

22K2) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	73	52	253	49	15	42	344	49.4
3 Once or twice	37	26	134	26	10	28	184	26.4
4 Monthly	11	8	57	11	5	14	75	10.8
5 Weekly	18	13	58	11	6	17	82	11.8
6 Daily or almost daily	2	1	10	2	0	0	12	1.7
Valid responses =	141	20	512	73	36	5	697	56.0

Invalid responses include no response.

22K3) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	21	53	46	34	2	11	71	36.6
3 Once or twice	5	13	41	31	5	28	51	26.3
4 Monthly	2	5	15	11	1	6	18	9.3
5 Weekly	6	15	14	10	6	33	26	13.4
6 Daily or almost daily	6	15	18	13	4	22	28	14.4
Valid responses =	40	21	134	69	18	9	194	15.6

Invalid responses include no response.

22K4) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	100	0	0	2	66.7
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	1	100	1	33.3
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

22K5) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	5	56	1	100	7	58.3
3 Once or twice	0	0	2	22	0	0	2	16.7
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	1	11	0	0	1	8.3
6 Daily or almost daily	1	50	1	11	0	0	2	16.7
Valid responses =	2	17	9	75	1	8	12	1.0

Invalid responses include no response.

22K6) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22K7) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	1	50	1	33.3
3 Once or twice	0	0	0	0	1	50	1	33.3
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	1	100	0	0	0	0	1	33.3
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	0	0	2	67	3	0.2

Invalid responses include no response.

22K8) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	7	70	0	0	8	66.7
3 Once or twice	1	50	1	10	0	0	2	16.7
4 Monthly	0	0	1	10	0	0	1	8.3
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	1	10	0	0	1	8.3
Valid responses =	2	17	10	83	0	0	12	1.0

Invalid responses include no response.

22K9) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	3	75	4	57	0	0	7	53.8
3 Once or twice	1	25	3	43	1	50	5	38.5
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	1	50	1	7.7
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	31	7	54	2	15	13	1.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22K10) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22K11) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	0	0	1	33.3
3 Once or twice	0	0	0	0	1	100	1	33.3
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	1	100	0	0	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22K12) During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	3	100	0	0	3	75.0
3 Once or twice	0	0	0	0	0	0	0	0.0
4 Monthly	0	0	0	0	0	0	0	0.0
5 Weekly	0	0	0	0	0	0	0	0.0
6 Daily or almost daily	0	0	0	0	1	100	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.3

Invalid responses include no response.

22L1) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	43	88	145	87	8	80	197	87.2
4 Once or twice	2	4	13	8	2	20	17	7.5
5 Monthly	1	2	1	1	0	0	2	0.9
6 Weekly	1	2	3	2	0	0	4	1.8
7 Daily or almost daily	2	4	4	2	0	0	6	2.7
Valid responses =	49	22	166	73	10	4	226	18.2

Invalid responses include no response.

22L2) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	129	90	464	90	33	92	634	90.1
4 Once or twice	11	8	32	6	3	8	46	6.5
5 Monthly	1	1	12	2	0	0	13	1.8
6 Weekly	1	1	8	2	0	0	9	1.3
7 Daily or almost daily	1	1	1	0	0	0	2	0.3
Valid responses =	143	20	517	73	36	5	704	56.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22L3) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	38	95	116	86	14	78	170	87.2
4 Once or twice	0	0	10	7	4	22	14	7.2
5 Monthly	0	0	2	2	0	0	2	1.0
6 Weekly	1	3	6	4	0	0	7	3.6
7 Daily or almost daily	1	3	1	1	0	0	2	1.0
Valid responses =	40	21	135	69	18	9	195	15.7

Invalid responses include no response.

22L4) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	100	1	100	3	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22L5) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	50	7	78	1	100	9	75.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	1	11	0	0	1	8.3
6 Weekly	1	50	0	0	0	0	1	8.3
7 Daily or almost daily	0	0	1	11	0	0	1	8.3
Valid responses =	2	17	9	75	1	8	12	1.0

Invalid responses include no response.

22L6) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22L7) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	2	100	2	66.7
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	1	100	0	0	0	0	1	33.3
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	0	0	2	67	3	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22L8) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	10	100	0	0	12	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	10	83	0	0	12	1.0

Invalid responses include no response.

22L9) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	100	7	100	2	100	13	100.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	31	7	54	2	15	13	1.0

Invalid responses include no response.

22L10) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22L11) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	1	100	2	66.7
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	1	100	0	0	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22L12) During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems?

(only includes students who have used this substance within the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	3	100	0	0	3	75.0
4 Once or twice	0	0	0	0	0	0	0	0.0
5 Monthly	0	0	0	0	0	0	0	0.0
6 Weekly	0	0	0	0	0	0	0	0.0
7 Daily or almost daily	0	0	0	0	1	100	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22M2) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	129	90	472	92	34	94	643	91.5
5 Once or twice	10	7	34	7	2	6	46	6.5
6 Monthly	3	2	6	1	0	0	9	1.3
7 Weekly	1	1	4	1	0	0	5	0.7
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	143	20	516	73	36	5	703	56.5

Invalid responses include no response.

22M3) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	33	81	118	87	15	83	168	85.7
5 Once or twice	6	15	10	7	3	17	19	9.7
6 Monthly	1	2	3	2	0	0	4	2.0
7 Weekly	1	2	2	2	0	0	3	1.5
8 Daily or almost daily	0	0	2	2	0	0	2	1.0
Valid responses =	41	21	135	69	18	9	196	15.8

Invalid responses include no response.

22M4) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	1	100	1	100	3	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.

22M5) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	8	89	1	100	11	91.7
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	1	11	0	0	1	8.3
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	9	75	1	8	12	1.0

Invalid responses include no response.

22M6) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

22M7) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	2	100	3	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	0	0	2	67	3	0.2

Invalid responses include no response.

22M8) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	2	100	10	100	0	0	12	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	2	17	10	83	0	0	12	1.0

Invalid responses include no response.

22M9) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	4	100	7	100	2	100	13	100.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	4	31	7	54	2	15	13	1.0

Invalid responses include no response.

22M10) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	0	0	0	0	0	0.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

22M11) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?

(only includes students who have used this substance within the last 3 months)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	1	100	0	0	1	100	2	66.7
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	1	100	0	0	1	33.3
Valid responses =	1	33	1	33	1	33	3	0.2

Invalid responses include no response.



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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22M12) During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)?
of you because of your use of the following substance(s)? (only includes students who have used this substance in the last 3 months)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	0	0	3	100	0	0	3	75.0
5 Once or twice	0	0	0	0	0	0	0	0.0
6 Monthly	0	0	0	0	0	0	0	0.0
7 Weekly	0	0	0	0	0	0	0	0.0
8 Daily or almost daily	0	0	0	0	1	100	1	25.0
Valid responses =	0	0	3	75	1	25	4	0.3

Invalid responses include no response.

22N1) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	63	81	194	81	13	77	271	80.7
3 Yes, not in the past 3 months	6	8	23	10	1	6	30	8.9
6 Yes, in the past 3 months	9	12	23	10	3	18	35	10.4
Valid responses =	78	23	240	71	17	5	336	27.0

Invalid responses include no response.

22N2) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	141	88	528	93	35	85	713	91.9
3 Yes, not in the past 3 months	7	4	19	3	3	7	29	3.7
6 Yes, in the past 3 months	12	8	19	3	3	7	34	4.4
Valid responses =	160	21	566	73	41	5	776	62.4

Invalid responses include no response.

22N3) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	57	83	201	88	24	86	284	86.9
3 Yes, not in the past 3 months	8	12	16	7	3	11	27	8.3
6 Yes, in the past 3 months	4	6	11	5	1	4	16	4.9
Valid responses =	69	21	228	70	28	9	327	26.3

Invalid responses include no response.

22N4) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	4	67	8	89	3	100	16	84.2
3 Yes, not in the past 3 months	2	33	1	11	0	0	3	15.8
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	6	32	9	47	3	16	19	1.5

Invalid responses include no response.

22N5) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11	100	18	78	4	80	34	85.0
3 Yes, not in the past 3 months	0	0	3	13	1	20	4	10.0
6 Yes, in the past 3 months	0	0	2	9	0	0	2	5.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22N6) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	2	67	0	0	2	50.0
3 Yes, not in the past 3 months	1	100	1	33	0	0	2	50.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	0.3

Invalid responses include no response.

22N7) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	7	88	6	100	19	95.0
3 Yes, not in the past 3 months	0	0	1	13	0	0	1	5.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	5	25	8	40	6	30	20	1.6

Invalid responses include no response.

22N8) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	83	18	90	1	100	25	89.3
3 Yes, not in the past 3 months	0	0	2	10	0	0	2	7.1
6 Yes, in the past 3 months	1	17	0	0	0	0	1	3.6
Valid responses =	6	21	20	71	1	4	28	2.3

Invalid responses include no response.

22N9) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11	100	21	91	5	100	38	95.0
3 Yes, not in the past 3 months	0	0	2	9	0	0	2	5.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.

22N10) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2	100	3	75	0	0	5	83.3
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	16.7
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	0.5

Invalid responses include no response.

22N11) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)

[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	11	85	2	67	19	86.4
3 Yes, not in the past 3 months	0	0	1	8	0	0	1	4.5
6 Yes, in the past 3 months	0	0	1	8	1	33	2	9.1
Valid responses =	5	23	13	59	3	14	22	1.8

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

22N12) Has a friend or relative or anyone else ever expressed concern about your use of the following substance(s)?

(only includes students who have ever used this substance)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	3	75	2	100	5	83.3
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	16.7
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	67	2	33	6	0.5

Invalid responses include no response.

22O1) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	56	71	169	70	13	77	239	70.9
3 Yes, not in the past 3 months	7	9	19	8	2	12	28	8.3
6 Yes, in the past 3 months	16	20	52	22	2	12	70	20.8
Valid responses =	79	23	240	71	17	5	337	27.1

Invalid responses include no response.

22O2) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Alcoholic beverages (beer, wine, liquor, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	147	92	524	93	40	98	720	92.8
3 Yes, not in the past 3 months	4	3	20	4	0	0	24	3.1
6 Yes, in the past 3 months	9	6	22	4	1	2	32	4.1
Valid responses =	160	21	566	73	41	5	776	62.4

Invalid responses include no response.

22O3) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	54	78	203	89	24	86	283	86.5
3 Yes, not in the past 3 months	7	10	15	7	3	11	25	7.6
6 Yes, in the past 3 months	8	12	10	4	1	4	19	5.8
Valid responses =	69	21	228	70	28	9	327	26.3

Invalid responses include no response.

22O4) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Cocaine (coke, crack, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	6	100	7	78	3	100	17	89.5
3 Yes, not in the past 3 months	0	0	2	22	0	0	2	10.5
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	6	32	9	47	3	16	19	1.5

Invalid responses include no response.

22O5) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11	100	20	87	5	100	37	92.5
3 Yes, not in the past 3 months	0	0	3	13	0	0	3	7.5
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.

22O6) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Methamphetamine (speed, crystal meth, ice, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	1	100	2	67	0	0	3	75.0
3 Yes, not in the past 3 months	0	0	1	33	0	0	1	25.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	0.3

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

2207) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	7	88	6	100	19	95.0
3 Yes, not in the past 3 months	0	0	1	13	0	0	1	5.0
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	5	25	8	40	6	30	20	1.6

Invalid responses include no response.

2208) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	83	17	85	1	100	24	85.7
3 Yes, not in the past 3 months	1	17	3	15	0	0	4	14.3
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	6	21	20	71	1	4	28	2.3

Invalid responses include no response.

2209) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	11	100	18	82	5	100	35	89.7
3 Yes, not in the past 3 months	0	0	1	5	0	0	1	2.6
6 Yes, in the past 3 months	0	0	3	14	0	0	3	7.7
Valid responses =	11	28	22	56	5	13	39	3.1

Invalid responses include no response.

22010) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Heroin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	2	100	3	75	0	0	5	83.3
3 Yes, not in the past 3 months	0	0	1	25	0	0	1	16.7
6 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	0.5

Invalid responses include no response.

22011) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)
[Please report nonmedical use only.]

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	5	100	10	77	1	33	17	77.3
3 Yes, not in the past 3 months	0	0	2	15	1	33	3	13.6
6 Yes, in the past 3 months	0	0	1	8	1	33	2	9.1
Valid responses =	5	23	13	59	3	14	22	1.8

Invalid responses include no response.

22012) Have you ever tried and failed to control, cut down or stop using the following substance(s)? (only includes students who have ever used this substance)
Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	0	0	3	75	1	50	4	66.7
3 Yes, not in the past 3 months	0	0	0	0	0	0	0	0.0
6 Yes, in the past 3 months	0	0	1	25	1	50	2	33.3
Valid responses =	0	0	4	67	2	33	6	0.5

Invalid responses include no response.



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22P) Have you ever used any drug by injection? [RECREATIONAL or NON-MEDICAL USE ONLY] (only includes students who have ever used any substance)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 No, Never	166	100	580	99	42	100	797	99.5
1 Yes, not in the past 3 months	0	0	4	1	0	0	4	0.5
2 Yes, in the past 3 months	0	0	0	0	0	0	0	0.0
Valid responses =	166	21	584	73	42	5	801	64.4

Invalid responses include no response.

22Q) In the past 3 months, how often have you injected drugs? [RECREATIONAL or NON-MEDICAL USE ONLY]

(only includes students who have used drugs by injection within the last 3 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Once per week or less	0	0	0	0	0	0	0	0.0
1 More than once per week	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

23A) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Cigarettes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	37	108	65	4	40	131	58.0
2 Yes	31	63	58	35	6	60	95	42.0
Valid responses =	49	22	166	73	10	4	226	18.2

Invalid responses include no response.

23B) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

E-cigarettes or other vape products (for example: Vuse, Elf Bar, Breeze, Juul, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	23	47	23	14	3	30	50	22.1
2 Yes	26	53	143	86	7	70	176	77.9
Valid responses =	49	22	166	73	10	4	226	18.2

Invalid responses include no response.

23C) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Hookah or water pipe

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	98	160	96	10	100	219	96.9
2 Yes	1	2	6	4	0	0	7	3.1
Valid responses =	49	22	166	73	10	4	226	18.2

Invalid responses include no response.

23D) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Chewing or smokeless tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	44	92	164	99	10	100	219	97.8
2 Yes	4	8	1	1	0	0	5	2.2
Valid responses =	48	21	165	74	10	4	224	18.0

Invalid responses include no response.

23E) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Cigars, cigarillos, or little cigars (for example: Black & Mild, Swisher Sweets, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	74	157	96	9	90	202	90.2
2 Yes	13	27	7	4	1	10	22	9.8
Valid responses =	49	22	164	73	10	4	224	18.0

Invalid responses include no response.

23G) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Pipe tobacco, rolling tobacco, or other loose tobacco

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	100	165	99	10	100	222	99.1
2 Yes	0	0	1	1	0	0	2	0.9
Valid responses =	47	21	166	74	10	4	224	18.0

Invalid responses include no response.



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23H) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Heated tobacco products (HTPs) (for example: IQOS, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	48	100	164	99	10	100	223	99.6
2 Yes	0	0	1	1	0	0	1	0.4
Valid responses =	48	21	165	74	10	4	224	18.0

Invalid responses include no response.

23I) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Nicotine pouches (for example: Zyn, On!, Rogue, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	45	136	82	10	100	169	75.1
2 Yes	27	55	29	18	0	0	56	24.9
Valid responses =	49	22	165	73	10	4	225	18.1

Invalid responses include no response.

23J) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Other oral nicotine products (for example: gum, lozenges, mints, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	47	96	160	96	10	100	218	96.5
2 Yes	2	4	6	4	0	0	8	3.5
Valid responses =	49	22	166	73	10	4	226	18.2

Invalid responses include no response.

23K) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Nicotine patches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	100	160	98	10	100	217	98.2
2 Yes	0	0	4	2	0	0	4	1.8
Valid responses =	46	21	164	74	10	5	221	17.8

Invalid responses include no response.

23F) Within the last 3 months, which tobacco products have you used? (only includes students who have used tobacco or nicotine in the last 3 months)

Other

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	36	100	101	100	7	100	145	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	36	25	101	70	7	5	145	11.7

Invalid responses include no response.

24) When, if ever, was the last time you used cannabis/marijuana? Please include medical and non-medical use.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	172	68	631	71	46	60	860	69.6
2 Within the last 2 weeks	18	7	60	7	11	14	89	7.2
3 More than 2 weeks but within 30 days	6	2	24	3	2	3	33	2.7
4 More than 30 days but within 3 months	14	6	37	4	4	5	56	4.5
5 More than 3 months but within 12 months	14	6	50	6	6	8	71	5.7
6 More than 12 months ago	29	12	89	10	8	10	126	10.2
Valid responses =	253	20	891	72	77	6	1235	99.3

Invalid responses include no response.

25A) When, if ever, was the last time you drank alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	76	30	244	27	28	36	350	28.2
2 Within the last 2 weeks	79	31	308	34	21	27	411	33.1
3 More than 2 weeks but within 30 days	25	10	108	12	7	9	142	11.5
4 More than 30 days but within 3 months	38	15	110	12	10	13	162	13.1
5 More than 3 months but within 12 months	25	10	75	8	6	8	109	8.8
6 More than 12 months ago	10	4	50	6	5	7	66	5.3
Valid responses =	253	20	895	72	77	6	1240	99.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

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www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

25B1) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	80	56	325	62	17	45	430	60.1
2 Yes	62	44	201	38	21	55	285	39.9
Valid responses =	142	20	526	74	38	5	715	57.5

Invalid responses include no response.

25B2) The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months)

Did you intend to get drunk?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	78	55	324	62	18	47	428	59.9
2 Yes	64	45	201	38	20	53	286	40.1
Valid responses =	142	20	525	74	38	5	714	57.4

Invalid responses include no response.

26) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Drinks	2	1	15	3	1	3	18	2.5
1 1 to 2 Drinks	55	39	252	48	15	40	329	46.5
2 3 to 4 Drinks	30	21	140	27	14	37	184	26.0
3 5 to 6 Drinks	21	15	60	12	5	13	87	12.3
4 7 to 8 Drinks	12	9	33	6	3	8	48	6.8
5 9 to 10 Drinks	12	9	12	2	0	0	24	3.4
6 11 or More Drinks	8	6	10	2	0	0	18	2.5
Total	140	20	522	74	38	5	708	56.9

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	4.75	3.00	5.92	0	60
Cis Women	3.32	2.00	3.6	0	48
Trans/Gender Non-conforming	3.08	3.00	1.91	0	8
Overall	3.58	3.00	4.12	0	60

27) One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

(only includes students who drank alcohol within the last 3 months)

The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Hours	2	1	17	3	1	3	20	2.8
1 1 to 2 Hours	50	36	169	32	12	32	237	33.5
2 3 to 4 Hours	52	37	189	36	14	37	256	36.2
3 5 to 6 Hours	32	23	120	23	9	24	161	22.8
4 7 to 8 Hours	3	2	23	4	2	5	29	4.1
5 9 to 10 Hours	1	1	2	0	0	0	3	0.4
6 11 or More Hours	0	0	1	0	0	0	1	0.1
Total	140	20	521	74	38	5	707	56.8

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	3.24	3.00	1.81	0	10
Cis Women	3.42	3.00	1.93	0	12
Trans/Gender Non-conforming	3.53	4.00	1.8	0	8
Overall	3.38	3.00	1.9	0	12

28) Over the last two weeks, how many times have you had five or more drinks (males) or four or more drinks (females) containing any kind of alcohol at a sitting?

(only includes students who drank alcohol within the last 2 weeks)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 None	27	34	173	56	11	52	214	52.1
2 1 time	24	30	70	23	5	24	99	24.1
3 2 times	12	15	34	11	3	14	49	11.9
4 3 times	6	8	16	5	0	0	22	5.4
5 4 times	5	6	12	4	0	0	17	4.1
6 5 times	1	1	1	0	0	0	2	0.5
7 6 times	2	3	2	1	0	0	4	1.0
8 7 times	1	1	0	0	2	10	3	0.7
9 8 times	0	0	0	0	0	0	0	0.0
10 9 times	0	0	0	0	0	0	0	0.0
11 10 or more times	1	1	0	0	0	0	1	0.2
Total	79	19	308	75	21	5	411	33.0

Invalid responses include no response.



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UNIVERSITY OF NORTHERN IOWA

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Number of Surveys (n) = 1244 Web Surveys

29A) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Did something I later regretted

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	137	82	498	83	37	84	682	82.9
2 Yes	30	18	103	17	7	16	141	17.1
Valid responses =	167	20	601	73	44	5	823	66.2

Invalid responses include no response.

29B) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	148	89	547	91	40	91	746	91.0
2 Yes	18	11	52	9	4	9	74	9.0
Valid responses =	166	20	599	73	44	5	820	65.9

Invalid responses include no response.

29C) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	132	79	495	83	36	82	672	82.0
2 Yes	35	21	104	17	8	18	148	18.0
Valid responses =	167	20	599	73	44	5	820	65.9

Invalid responses include no response.

29D) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with the police

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	165	99	594	99	44	100	813	99.0
2 Yes	2	1	6	1	0	0	8	1.0
Valid responses =	167	20	600	73	44	5	821	66.0

Invalid responses include no response.

29E) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Got in trouble with college/university authorities

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	98	600	100	44	100	818	99.5
2 Yes	3	2	1	0	0	0	4	0.5
Valid responses =	167	20	601	73	44	5	822	66.1

Invalid responses include no response.

29F) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Someone had sex with me without my consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	167	100	592	99	43	98	812	98.8
2 Yes	0	0	9	2	1	2	10	1.2
Valid responses =	167	20	601	73	44	5	822	66.1

Invalid responses include no response.

29G) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had sex with someone without their consent

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	167	100	599	100	44	100	820	99.8
2 Yes	0	0	2	0	0	0	2	0.2
Valid responses =	167	20	601	73	44	5	822	66.1

Invalid responses include no response.

29H) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Had unprotected sex

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	145	87	531	88	37	84	723	88.0
2 Yes	22	13	70	12	7	16	99	12.0
Valid responses =	167	20	601	73	44	5	822	66.1

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

29I) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured myself

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	95	570	95	43	98	781	95.0
2 Yes	9	5	31	5	1	2	41	5.0
Valid responses =	167	20	601	73	44	5	822	66.1
Invalid responses include no response.								

29J) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Physically injured another person

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	166	99	598	100	44	100	818	99.6
2 Yes	1	1	2	0	0	0	3	0.4
Valid responses =	167	20	600	73	44	5	821	66.0
Invalid responses include no response.								

29K) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Seriously considered suicide

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	163	98	587	98	42	96	802	97.7
2 Yes	4	2	13	2	2	5	19	2.3
Valid responses =	167	20	600	73	44	5	821	66.0
Invalid responses include no response.								

29L) Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)
Needed medical help

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	164	98	597	100	43	98	814	99.1
2 Yes	3	2	3	1	1	2	7	0.9
Valid responses =	167	20	600	73	44	5	821	66.0
Invalid responses include no response.								

30A) Within the last 30 days, did you drive after drinking any alcohol at all?

(only includes students who drank alcohol within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	82	82	361	92	24	96	471	90.6
2 Yes	18	18	30	8	1	4	49	9.4
Valid responses =	100	19	391	75	25	5	520	41.8
Invalid responses include no response.								

30B) Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Alcohol use did not affect academic performance	160	96	590	98	44	100	804	98.0
2 Alcohol use negatively impacted performance in class	6	4	9	2	0	0	15	1.8
3 Alcohol use delayed progress towards degree	0	0	1	0	0	0	1	0.1
Valid responses =	166	20	600	73	44	5	820	65.9
Invalid responses include no response.								

31A) Within the last 30 days, did you drive within 6 hours of using cannabis/marijuana?

(only includes students who used cannabis within the last 30 days AND drove a car within the last 30 days)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	10	44	59	79	4	40	73	67.6
2 Yes	13	57	16	21	6	60	35	32.4
Valid responses =	23	21	75	69	10	9	108	8.7
Invalid responses include no response.								

31B) Within the last 12 months, to what extent did your cannabis/marijuana use affect your academic performance?

(only includes students who used cannabis within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Marijuana use did not affect academic performance	45	88	152	94	18	86	217	92.3
2 Marijuana use negatively impacted performance in class	5	10	8	5	3	14	16	6.8
3 Marijuana use delayed progress towards degree	1	2	1	1	0	0	2	0.9
Valid responses =	51	22	161	69	21	9	235	18.9
Invalid responses include no response.								



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32) Do you identify as a person in recovery from alcohol or other drug use?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	173	98	632	97	44	90	862	97.1
2 Yes	4	2	17	3	5	10	26	2.9
Valid responses =	177	20	649	73	49	6	888	71.4

Invalid responses include no response.

The following text was displayed to students before this section:

As you answer questions in this section, please include only sexual experiences for which you gave consent and exclude any sexual contact for which you did not consent.

33A) When, if ever, was the last time you had: Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	95	38	368	42	35	46	507	41.4
2 Within the last 2 weeks	78	31	238	27	17	22	333	27.2
3 More than 2 weeks but within 30 days	10	4	63	7	10	13	85	6.9
4 More than 30 days but within 3 months	18	7	77	9	4	5	100	8.2
5 More than 3 months but within 12 months	26	10	66	8	3	4	95	7.7
6 More than 12 months ago	24	10	72	8	8	10	106	8.6
Valid responses =	251	20	884	72	77	6	1226	98.6

Invalid responses include no response.

33B) When, if ever, was the last time you had: Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	109	43	389	44	41	54	548	44.7
2 Within the last 2 weeks	76	30	285	32	14	18	376	30.7
3 More than 2 weeks but within 30 days	11	4	55	6	8	11	75	6.1
4 More than 30 days but within 3 months	20	8	57	6	0	0	78	6.4
5 More than 3 months but within 12 months	17	7	38	4	1	1	57	4.7
6 More than 12 months ago	18	7	60	7	12	16	91	7.4
Valid responses =	251	20	884	72	76	6	1225	98.5

Invalid responses include no response.

33C) When, if ever, was the last time you had: Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	215	86	790	89	61	81	1078	87.9
2 Within the last 2 weeks	2	1	14	2	5	7	21	1.7
3 More than 2 weeks but within 30 days	4	2	4	1	2	3	10	0.8
4 More than 30 days but within 3 months	7	3	10	1	0	0	17	1.4
5 More than 3 months but within 12 months	9	4	20	2	2	3	31	2.5
6 More than 12 months ago	14	6	48	5	5	7	69	5.6
Valid responses =	251	20	886	72	75	6	1226	98.6

Invalid responses include no response.

34) Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse, or anal intercourse? (only includes students that have had oral sex or vaginal/anal intercourse in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 Partners	1	1	3	1	0	0	4	0.6
1 1 Partner	106	74	384	80	22	67	517	78.0
2 2 Partners	15	11	48	10	4	12	67	10.1
3 3 Partners	9	6	19	4	1	3	29	4.4
4 4 Partners	2	1	8	2	1	3	11	1.7
5 5 Partners	2	1	4	1	0	0	6	0.9
6 6 Partners	2	1	5	1	1	3	8	1.2
7 7 Partners	1	1	5	1	0	0	6	0.9
8 8 to 10 Partners	3	2	2	0	1	3	6	0.9
9 11 or More Partners	2	1	4	1	3	9	9	1.4
Valid responses =	143	22	482	73	33	5	663	53.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	1.78	1.00	2.08	0	15
Cis Women	1.57	1.00	2.62	0	50
Trans/Gender Non-conforming	3.06	1.00	4.62	1	20
Overall	1.69	1.00	2.66	0	50



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FREQUENCY REPORT

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35A) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Women or females

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

35B) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Men or males

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

35C) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Trans women

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

35D) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Trans men

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

35E) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Genderqueer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

35F) Within the last 12 months, did you have sexual partner(s) who were: (only includes students with 1 or more sexual partners in the last 12 months)
Person(s) with another identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0
Invalid responses include no response.								

R36A) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)
Oral sex (oral/genital contact)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	74	84	262	87	24	89	362	86.6
2 Rarely	3	3	10	3	2	7	15	3.6
3 Sometimes	4	5	7	2	1	4	12	2.9
4 Most of the time	1	1	7	2	0	0	8	1.9
5 Always	6	7	15	5	0	0	21	5.0
Valid responses =	88	21	301	72	27	6	418	33.6
Invalid responses include no response.								



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R36B) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)
Vaginal intercourse (penis in vagina)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	28	33	142	42	7	32	179	40.0
2 Rarely	8	9	30	9	1	5	39	8.7
3 Sometimes	7	8	29	9	3	14	39	8.7
4 Most of the time	14	16	50	15	3	14	67	15.0
5 Always	29	34	87	26	8	36	124	27.7
Valid responses =	86	19	338	75	22	5	448	36.0

Invalid responses include no response.

R36C) Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (for example: external/male condom, internal/female condom, dam, or glove) during: (only includes students that have had vaginal intercourse within the last 30 days)
Anal intercourse (penis in anus)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	2	33	14	78	5	71	21	67.7
2 Rarely	0	0	0	0	0	0	0	0.0
3 Sometimes	1	17	1	6	1	14	3	9.7
4 Most of the time	1	17	1	6	0	0	2	6.5
5 Always	2	33	2	11	1	14	5	16.1
Valid responses =	6	19	18	58	7	23	31	2.5

Invalid responses include no response.

37) Did you or your partner use any method to prevent pregnancy the last time you had vaginal intercourse (penis in vagina)?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes	103	83	359	83	18	78	481	82.1
2 No, not want prevent pregnancy	3	2	12	3	0	0	16	2.7
3 No, did not use any method	13	11	64	15	5	22	84	14.3
4 Don't know	5	4	0	0	0	0	5	0.9
Valid responses =	124	21	435	74	23	4	586	47.1

Invalid responses include no response.

R38A) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control pills (monthly or extended cycle)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	51	50	216	60	14	78	282	58.6
1 Selected	52	51	143	40	4	22	199	41.4
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38B) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control shots

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	102	99	347	97	17	94	467	97.1
1 Selected	1	1	12	3	1	6	14	2.9
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38C) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)
Birth control implants

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	84	82	320	89	15	83	420	87.3
1 Selected	19	18	39	11	3	17	61	12.7
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.



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R38D) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Birth control patch

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	101	98	351	98	17	94	470	97.7
1 Selected	2	2	8	2	1	6	11	2.3
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38E) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

The ring

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	102	99	349	97	18	100	470	97.7
1 Selected	1	1	10	3	0	0	11	2.3
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38F) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Emergency contraception ("morning after pill" or "Plan B")

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	97	94	343	96	17	94	458	95.2
1 Selected	6	6	16	5	1	6	23	4.8
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38G) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Intrauterine device (IUD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	92	89	298	83	16	89	406	84.4
1 Selected	11	11	61	17	2	11	75	15.6
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38H) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

External condom (sometimes called "male" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	43	42	170	47	4	22	218	45.3
1 Selected	60	58	189	53	14	78	263	54.7
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38I) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Internal condom (sometimes called "female" condom)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	103	100	357	99	18	100	479	99.6
1 Selected	0	0	2	1	0	0	2	0.4
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38J) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Diaphragm or cervical cap

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	103	100	359	100	18	100	481	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.



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R38K) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Contraceptive sponge

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	103	100	359	100	18	100	481	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38L) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Withdrawal

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	81	79	263	73	14	78	358	74.4
1 Selected	22	21	96	27	4	22	123	25.6
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38M) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Fertility awareness (for example: calendar, mucous, and basal body temperature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	102	99	328	91	18	100	449	93.3
1 Selected	1	1	31	9	0	0	32	6.7
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38N) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Sterilization (for example: hysterectomy, tubes tied, or vasectomy)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	101	98	350	98	17	94	469	97.5
1 Selected	2	2	9	3	1	6	12	2.5
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38O) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Don't know

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	100	97	358	100	18	100	477	99.2
1 Selected	3	3	1	0	0	0	4	0.8
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

R38P) Please indicate which of the following method(s) you or your partner used to prevent pregnancy the last time you had vaginal intercourse. (Please select ALL that apply)
(only includes students who used a method of pregnancy prevention the last time they had vaginal intercourse)

Other method

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	103	100	351	98	18	100	473	98.3
1 Selected	0	0	8	2	0	0	8	1.7
Valid responses =	103	21	359	75	18	4	481	38.7

Invalid responses include no response.

39) Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill" or "Plan B")?
(only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	99	80	359	83	20	87	482	82.5
2 Yes	18	15	73	17	2	9	93	15.9
3 Don't know	6	5	0	0	0	0	6	1.0
4 Not applicable	1	1	1	0	1	4	3	0.5
Valid responses =	124	21	433	74	23	4	584	46.9

Invalid responses include no response.



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40) Within the last 12 months, have you or your partner(s) become pregnant? (only includes students that have had vaginal intercourse within the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	121	98	428	98	21	91	574	98.0
2 Yes, unintentionally	0	0	1	0	1	4	2	0.3
3 Yes, intentionally	2	2	4	1	1	4	7	1.2
4 Don't know	1	1	2	1	0	0	3	0.5
Valid responses =	124	21	435	74	23	4	586	47.1

Invalid responses include no response.

40B) Within the last 12 months, to what extent did your pregnancy (or a partner's pregnancy) affect your academic performance?

(Please select the most serious outcome below) (only includes students or students with partners that have become pregnant in the last 12 months)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Pregnancy did not affect my academics	2	100	4	80	1	50	7	77.8
2 Pregnancy negatively impacted my performance in a class	0	0	0	0	0	0	0	0.0
3 Pregnancy delayed progress towards my degree	0	0	1	20	1	50	2	22.2
Valid responses =	2	22	5	56	2	22	9	0.7

Invalid responses include no response.

41A) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I lead a purposeful and meaningful life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	2	7	1	3	4	14	1.1
2 Disagree	8	3	18	2	5	7	32	2.6
3 Slightly disagree	9	4	26	3	1	1	36	2.9
4 Neither agree nor disagree	13	5	48	5	9	12	71	5.7
5 Slightly agree	35	14	138	15	24	31	200	16.1
6 Agree	104	41	413	46	29	38	554	44.7
7 Strongly agree	80	32	245	27	6	8	332	26.8
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.

41B) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

My social relationships are supportive and rewarding.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	0	0	7	1	3	4	10	0.8
2 Disagree	11	4	14	2	2	3	27	2.2
3 Slightly disagree	9	4	28	3	0	0	38	3.1
4 Neither agree nor disagree	21	8	30	3	6	8	57	4.6
5 Slightly agree	32	13	135	15	14	18	184	14.9
6 Agree	107	43	422	47	32	42	567	45.8
7 Strongly agree	71	28	259	29	20	26	354	28.6
Valid responses =	251	20	895	72	77	6	1237	99.4

Invalid responses include no response.

41C) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am engaged and interested in my daily activities.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	5	1	2	3	9	0.7
2 Disagree	8	3	22	3	4	5	34	2.7
3 Slightly disagree	11	4	45	5	10	13	69	5.6
4 Neither agree nor disagree	19	8	51	6	6	8	77	6.2
5 Slightly agree	46	18	192	22	21	27	264	21.3
6 Agree	101	40	391	44	26	34	522	42.2
7 Strongly agree	65	26	189	21	8	10	263	21.2
Valid responses =	252	20	895	72	77	6	1238	99.5

Invalid responses include no response.



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41D) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I actively contribute to the happiness and well-being of others.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	2	1	4	0	2	3	8	0.6
2 Disagree	4	2	6	1	1	1	11	0.9
3 Slightly disagree	7	3	13	2	0	0	21	1.7
4 Neither agree nor disagree	18	7	45	5	6	8	71	5.7
5 Slightly agree	43	17	153	17	19	25	218	17.6
6 Agree	105	42	422	47	35	46	568	45.9
7 Strongly agree	74	29	252	28	13	17	341	27.5
Valid responses =	253	20	895	72	76	6	1238	99.5

Invalid responses include no response.

41E) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am competent and capable in the activities that are important to me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	1	0	3	0	3	4	7	0.6
2 Disagree	2	1	9	1	0	0	11	0.9
3 Slightly disagree	7	3	17	2	3	4	28	2.3
4 Neither agree nor disagree	9	4	34	4	6	8	50	4.0
5 Slightly agree	29	12	126	14	10	13	168	13.6
6 Agree	108	43	442	49	43	56	600	48.5
7 Strongly agree	97	38	263	29	12	16	374	30.2
Valid responses =	253	20	894	72	77	6	1238	99.5

Invalid responses include no response.

41F) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am a good person and live a good life.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	2	5	1	2	3	11	0.9
2 Disagree	3	1	12	1	3	4	19	1.5
3 Slightly disagree	5	2	16	2	4	5	26	2.1
4 Neither agree nor disagree	21	8	47	5	10	13	80	6.5
5 Slightly agree	41	16	115	13	22	29	180	14.5
6 Agree	99	39	418	47	28	36	551	44.5
7 Strongly agree	79	31	282	32	8	10	371	30.0
Valid responses =	252	20	895	72	77	6	1238	99.5

Invalid responses include no response.

41G) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

I am optimistic about my future.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	5	2	18	2	7	9	30	2.4
2 Disagree	6	2	21	2	8	10	37	3.0
3 Slightly disagree	9	4	32	4	9	12	51	4.1
4 Neither agree nor disagree	24	10	49	6	9	12	82	6.6
5 Slightly agree	45	18	128	14	16	21	194	15.7
6 Agree	75	30	377	42	22	29	478	38.6
7 Strongly agree	89	35	270	30	6	8	367	29.6
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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41H) Below are 8 statements with which you may agree or disagree.

Using the scale below, indicate your agreement with each item by indicating that response for each statement.

People respect me.

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly disagree	4	2	9	1	3	4	16	1.3
2 Disagree	6	2	12	1	2	3	21	1.7
3 Slightly disagree	8	3	25	3	5	7	38	3.1
4 Neither agree nor disagree	27	11	60	7	14	18	103	8.3
5 Slightly agree	43	17	178	20	21	27	247	20.0
6 Agree	108	43	421	47	28	36	563	45.5
7 Strongly agree	57	23	189	21	4	5	250	20.2
Valid responses =	253	20	894	72	77	6	1238	99.5

Invalid responses include no response.

42A) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I am able to adapt when changes occur.1

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	1	0	3	0	1	1	5	0.4
1 Rarely true	5	2	22	3	5	7	33	2.7
2 Sometimes true	42	17	208	23	30	39	284	23.0
3 Often true	119	47	474	53	33	43	631	51.1
4 True nearly all the time	85	34	188	21	8	10	283	22.9
Valid responses =	252	20	895	72	77	6	1236	99.4

Invalid responses include no response.

42B) Please indicate how much you agree with the following statements as they apply to you over the last month

If a particular situation has not occurred recently, answer according to how you think you would have felt.

I tend to bounce back after illness, injury, or other hardships.1

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not at all true	1	0	9	1	0	0	10	0.8
1 Rarely true	6	2	34	4	5	7	45	3.7
2 Sometimes true	43	17	193	22	25	33	262	21.3
3 Often true	110	44	443	50	30	40	592	48.1
4 True nearly all the time	91	36	212	24	16	21	321	26.1
Valid responses =	251	20	891	72	76	6	1230	98.9

Invalid responses include no response.

43) If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	93	37	143	16	10	13	249	20.2
2 Yes	159	63	750	84	67	87	985	79.8
Valid responses =	252	20	893	72	77	6	1234	99.2

Invalid responses include no response.

44A) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel nervous?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	18	7	35	4	2	3	56	4.5
1 A little of the time	86	34	176	20	4	5	267	21.6
2 Some of the time	99	39	349	39	28	36	482	39.0
3 Most of the time	39	15	248	28	27	35	319	25.8
4 All of the time	11	4	85	10	16	21	112	9.1
Valid responses =	253	20	893	72	77	6	1236	99.4

Invalid responses include no response.

44B) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel hopeless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	128	51	412	46	13	17	559	45.2
1 A little of the time	71	28	269	30	29	38	373	30.2
2 Some of the time	36	14	160	18	23	30	222	18.0
3 Most of the time	13	5	35	4	9	12	57	4.6
4 All of the time	4	2	18	2	3	4	25	2.0
Valid responses =	252	20	894	72	77	6	1236	99.4

Invalid responses include no response.



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44C) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel restless or fidgety?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	49	19	130	15	3	4	183	14.8
1 A little of the time	95	38	248	28	10	13	357	28.9
2 Some of the time	63	25	269	30	26	34	361	29.2
3 Most of the time	28	11	180	20	24	31	234	18.9
4 All of the time	17	7	68	8	14	18	102	8.2
Valid responses =	252	20	895	72	77	6	1237	99.4

Invalid responses include no response.

44D) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel so sad nothing could cheer you up?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	156	62	473	53	22	29	657	53.1
1 A little of the time	58	23	260	29	29	38	353	28.5
2 Some of the time	34	13	121	14	22	29	178	14.4
3 Most of the time	5	2	27	3	4	5	36	2.9
4 All of the time	0	0	13	2	0	0	13	1.1
Valid responses =	253	20	894	72	77	6	1237	99.4

Invalid responses include no response.

44E) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel that everything was an effort?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	87	35	261	29	9	12	360	29.2
1 A little of the time	84	33	264	30	13	17	364	29.5
2 Some of the time	50	20	227	25	32	42	312	25.3
3 Most of the time	24	10	106	12	13	17	147	11.9
4 All of the time	7	3	34	4	10	13	51	4.1
Valid responses =	252	20	892	72	77	6	1234	99.2

Invalid responses include no response.

44F) The next 6 questions ask about how you have been feeling during the past 30 days.

For each question, please select the response that best describes how often you had this feeling.

During the past 30 days, about how often did you feel worthless?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 None of the time	171	68	554	62	31	41	766	62.0
1 A little of the time	39	15	206	23	17	22	265	21.4
2 Some of the time	27	11	82	9	18	24	127	10.3
3 Most of the time	11	4	32	4	5	7	48	3.9
4 All of the time	5	2	20	2	5	7	30	2.4
Valid responses =	253	20	894	72	76	6	1236	99.4

Invalid responses include no response.

45A) Indicate how often each of the statements below is descriptive of you.

How often do you feel that you lack companionship?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	115	46	411	46	23	30	554	44.7
2 Some of the time	100	40	373	42	36	47	516	41.7
3 Often	38	15	111	12	18	23	168	13.6
Valid responses =	253	20	895	72	77	6	1238	99.5

Invalid responses include no response.

45B) Indicate how often each of the statements below is descriptive of you.

How often do you feel left out?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	118	47	337	38	23	30	481	38.9
2 Some of the time	97	38	433	48	40	52	578	46.7
3 Often	38	15	125	14	14	18	179	14.5
Valid responses =	253	20	895	72	77	6	1238	99.5

Invalid responses include no response.



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45C) Indicate how often each of the statements below is descriptive of you.

How often do you feel isolated from others?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Hardly ever	113	45	399	45	18	23	538	43.6
2 Some of the time	103	41	357	40	39	51	502	40.6
3 Often	36	14	137	15	20	26	195	15.8
Valid responses =	252	20	893	72	77	6	1235	99.3
Invalid responses include no response.								

46) Within the last 12 months, how often have you intentionally cut, burned, bruised, or otherwise injured yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	235	93	807	90	54	70	1106	89.6
2 Once or twice	16	6	63	7	16	21	97	7.9
3 Monthly	2	1	12	1	4	5	18	1.5
4 Weekly	0	0	9	1	2	3	11	0.9
5 Daily or almost daily	0	0	2	0	1	1	3	0.2
Valid responses =	253	20	893	72	77	6	1235	99.3
Invalid responses include no response.								

47A1) Within the last 12 months, have you had problems or challenges with any of the following?

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	71	604	68	35	46	825	66.7
2 Yes	74	29	290	32	42	55	412	33.3
Valid responses =	253	20	894	72	77	6	1237	99.4
Invalid responses include no response.								

47A2) Within the last 12 months, have you had problems or challenges with any of the following?

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	197	78	689	77	44	57	938	75.9
2 Yes	56	22	204	23	33	43	298	24.1
Valid responses =	253	20	893	72	77	6	1236	99.4
Invalid responses include no response.								

47A3) Within the last 12 months, have you had problems or challenges with any of the following?

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	153	61	503	56	29	38	688	55.7
2 Yes	99	39	390	44	48	62	547	44.3
Valid responses =	252	20	893	72	77	6	1235	99.3
Invalid responses include no response.								

47A4) Within the last 12 months, have you had problems or challenges with any of the following?

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	68	27	260	29	9	12	338	27.4
2 Yes	184	73	631	71	68	88	895	72.6
Valid responses =	252	20	891	72	77	6	1233	99.1
Invalid responses include no response.								

47A5) Within the last 12 months, have you had problems or challenges with any of the following?

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	235	93	829	93	65	84	1138	92.1
2 Yes	18	7	63	7	12	16	97	7.9
Valid responses =	253	20	892	72	77	6	1235	99.3
Invalid responses include no response.								

47A6) Within the last 12 months, have you had problems or challenges with any of the following?

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	202	80	632	71	42	55	886	71.7
2 Yes	51	20	261	29	35	46	350	28.3
Valid responses =	253	20	893	72	77	6	1236	99.4
Invalid responses include no response.								



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47A7) Within the last 12 months, have you had problems or challenges with any of the following?

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	185	73	640	72	45	58	878	71.1	
2 Yes	68	27	252	28	32	42	357	28.9	
Valid responses =	253	20	892	72	77	6	1235	99.3	
Invalid responses include no response.									

47A8) Within the last 12 months, have you had problems or challenges with any of the following?

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	212	84	638	71	54	71	913	73.9	
2 Yes	41	16	255	29	22	29	322	26.1	
Valid responses =	253	20	893	72	76	6	1235	99.3	
Invalid responses include no response.									

47A9) Within the last 12 months, have you had problems or challenges with any of the following?

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	215	85	729	82	45	58	998	80.7	
2 Yes	38	15	164	18	32	42	238	19.3	
Valid responses =	253	20	893	72	77	6	1236	99.4	
Invalid responses include no response.									

47A10) Within the last 12 months, have you had problems or challenges with any of the following?

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	162	64	445	50	26	34	640	51.9	
2 Yes	91	36	446	50	50	66	593	48.1	
Valid responses =	253	21	891	72	76	6	1233	99.1	
Invalid responses include no response.									

47A11) Within the last 12 months, have you had problems or challenges with any of the following?

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	183	72	570	64	41	53	801	64.8	
2 Yes	70	28	323	36	36	47	435	35.2	
Valid responses =	253	20	893	72	77	6	1236	99.4	
Invalid responses include no response.									

47A12) Within the last 12 months, have you had problems or challenges with any of the following?

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	197	78	680	76	57	74	944	76.4	
2 Yes	56	22	212	24	20	26	291	23.6	
Valid responses =	253	20	892	72	77	6	1235	99.3	
Invalid responses include no response.									

R47A13) Within the last 12 months, have you had problems or challenges with any of the following?

I was bullied (threats, rumors, physical or verbal attacks, or being excluded from a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	243	96	850	95	72	94	1178	95.2	
2 Yes	10	4	44	5	5	7	59	4.8	
Valid responses =	253	20	894	72	77	6	1237	99.4	
Invalid responses include no response.									



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R47A14) Within the last 12 months, have you had problems or challenges with any of the following?

I was cyberbullied (technology was used to harass, threaten, embarrass, or target me)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	97	869	98	70	91	1197	97.2
2 Yes	8	3	20	2	7	9	35	2.8
Valid responses =	253	21	889	72	77	6	1232	99.0

Invalid responses include no response.

R47A15) Within the last 12 months, have you had problems or challenges with any of the following?

I was hazed (rituals, challenges, and other activities involving harassment, abuse, embarrassment, ridicule, or humiliation were used as a way of initiating me into a group)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	100	888	100	77	100	1230	99.6
2 Yes	1	0	4	0	0	0	5	0.4
Valid responses =	253	20	892	72	77	6	1235	99.3

Invalid responses include no response.

R47A16) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced microaggression(s) directed at me (a subtle but offensive comment or action directed at a minority or other non-dominant group, whether intentional or unintentional, that reinforces a stereotype)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	230	91	802	90	50	65	1092	88.6
2 Yes	23	9	87	10	27	35	140	11.4
Valid responses =	253	21	889	72	77	6	1232	99.0

Invalid responses include no response.

R47A17) Within the last 12 months, have you had problems or challenges with any of the following?

I was sexually harassed (unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	98	826	93	61	79	1148	92.9
2 Yes	4	2	67	8	16	21	88	7.1
Valid responses =	253	20	893	72	77	6	1236	99.4

Invalid responses include no response.

R47A18) Within the last 12 months, have you had problems or challenges with any of the following?

I experienced discrimination directed at me (the unjust or prejudicial treatment of a person based on the group, class, or category to which the person is perceived to belong)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	238	94	845	95	57	74	1151	93.3
2 Yes	14	6	46	5	20	26	82	6.7
Valid responses =	252	20	891	72	77	6	1233	99.1

Invalid responses include no response.

47B1) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Academics

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	0	0	0	0	0	0.0
2 Minimal Distress	17	23	50	17	8	19	77	18.7
3 Moderate Distress	38	51	135	47	23	55	197	47.8
4 High Distress	19	26	105	36	11	26	138	33.5
Valid responses =	74	18	290	70	42	10	412	33.1

Invalid responses include no response.

47B2) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	7	3	0	0	7	2.3
2 Minimal Distress	19	34	69	34	8	24	100	33.6
3 Moderate Distress	27	48	74	36	14	42	116	38.9
4 High Distress	10	18	54	27	11	33	75	25.2
Valid responses =	56	19	204	68	33	11	298	24.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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Number of Surveys (n) = 1244 Web Surveys

47B3) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	1	4	1	0	0	5	0.9
2 Minimal Distress	29	29	79	20	11	23	123	22.6
3 Moderate Distress	45	46	170	44	18	38	236	43.3
4 High Distress	24	24	136	35	18	38	181	33.2
Valid responses =	99	18	389	71	47	9	545	43.8

Invalid responses include no response.

47B4) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	9	5	21	3	1	2	32	3.6
2 Minimal Distress	84	46	242	38	17	25	344	38.5
3 Moderate Distress	67	36	258	41	35	52	369	41.3
4 High Distress	24	13	110	17	14	21	149	16.7
Valid responses =	184	21	631	71	67	7	894	71.9

Invalid responses include no response.

47B5) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	2	3	0	0	2	2.1
2 Minimal Distress	10	56	28	44	6	50	45	46.4
3 Moderate Distress	5	28	23	37	4	33	33	34.0
4 High Distress	3	17	10	16	2	17	17	17.5
Valid responses =	18	19	63	65	12	12	97	7.8

Invalid responses include no response.

47B6) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	4	3	1	1	3	6	1.7
2 Minimal Distress	23	45	85	33	9	26	120	34.3
3 Moderate Distress	21	41	110	42	13	37	144	41.1
4 High Distress	5	10	63	24	12	34	80	22.9
Valid responses =	51	15	261	75	35	10	350	28.1

Invalid responses include no response.

47B7) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	4	8	3	0	0	11	3.1
2 Minimal Distress	34	50	89	36	8	25	133	37.4
3 Moderate Distress	17	25	92	37	14	44	125	35.1
4 High Distress	14	21	62	25	10	31	87	24.4
Valid responses =	68	19	251	71	32	9	356	28.6

Invalid responses include no response.

47B8) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	5	12	5	0	0	14	4.4
2 Minimal Distress	18	45	105	41	9	41	136	42.5
3 Moderate Distress	14	35	85	34	6	27	105	32.8
4 High Distress	6	15	52	21	7	32	65	20.3
Valid responses =	40	13	254	79	22	7	320	25.7

Invalid responses include no response.



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47B9) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	3	5	3	1	3	8	3.4
2 Minimal Distress	17	45	89	54	19	59	127	53.4
3 Moderate Distress	16	42	50	31	9	28	76	31.9
4 High Distress	4	11	20	12	3	9	27	11.3
Valid responses =	38	16	164	69	32	13	238	19.1

Invalid responses include no response.

47B10) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	3	3	5	1	1	2	9	1.5
2 Minimal Distress	46	51	165	37	10	20	223	37.7
3 Moderate Distress	29	32	177	40	22	44	230	38.9
4 High Distress	13	14	98	22	17	34	130	22.0
Valid responses =	91	15	445	75	50	8	592	47.6

Invalid responses include no response.

47B11) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	6	11	3	0	0	15	3.4
2 Minimal Distress	31	44	110	34	19	53	162	37.2
3 Moderate Distress	21	30	131	41	11	31	165	37.9
4 High Distress	14	20	71	22	6	17	93	21.4
Valid responses =	70	16	323	74	36	8	435	35.0

Invalid responses include no response.

47B12) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	4	7	3	0	0	9	3.1
2 Minimal Distress	18	32	53	25	3	15	75	25.8
3 Moderate Distress	20	36	75	35	11	55	106	36.4
4 High Distress	16	29	77	36	6	30	101	34.7
Valid responses =	56	19	212	73	20	7	291	23.4

Invalid responses include no response.

R47B13) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	2	20	3	7	0	0	5	8.5
2 Minimal Distress	1	10	19	43	1	20	21	35.6
3 Moderate Distress	5	50	8	18	3	60	16	27.1
4 High Distress	2	20	14	32	1	20	17	28.8
Valid responses =	10	17	44	75	5	8	59	4.7

Invalid responses include no response.

R47B14) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	1	14	1	5	0	0	2	5.9
2 Minimal Distress	3	43	6	30	1	14	10	29.4
3 Moderate Distress	3	43	5	25	4	57	12	35.3
4 High Distress	0	0	8	40	2	29	10	29.4
Valid responses =	7	21	20	59	7	21	34	2.7

Invalid responses include no response.



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R47B15) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	25	0	0	1	20.0
2 Minimal Distress	0	0	1	25	0	0	1	20.0
3 Moderate Distress	1	100	0	0	0	0	1	20.0
4 High Distress	0	0	2	50	0	0	2	40.0
Valid responses =	1	20	4	80	0	0	5	0.4

Invalid responses include no response.

R47B16) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	5	23	3	3	3	11	11	7.9
2 Minimal Distress	10	46	58	67	13	48	82	59.0
3 Moderate Distress	5	23	19	22	10	37	36	25.9
4 High Distress	2	9	7	8	1	4	10	7.2
Valid responses =	22	16	87	63	27	19	139	11.2

Invalid responses include no response.

R47B17) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	0	0	1	2	0	0	2	2.3
2 Minimal Distress	3	75	33	49	7	44	43	48.9
3 Moderate Distress	0	0	22	33	5	31	27	30.7
4 High Distress	1	25	11	16	4	25	16	18.2
Valid responses =	4	5	67	76	16	18	88	7.1

Invalid responses include no response.

R47B18) Within the last 12 months, to what extent did the following issue(s) cause you distress?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No Distress	4	29	5	11	0	0	9	11.0
2 Minimal Distress	5	36	21	46	8	40	35	42.7
3 Moderate Distress	4	29	11	24	9	45	25	30.5
4 High Distress	1	7	9	20	3	15	13	15.9
Valid responses =	14	17	46	56	20	24	82	6.6

Invalid responses include no response.

47C2) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Career

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	36	64	135	67	18	55	193	65.0
2 Negatively impacted performance in a class	18	32	54	27	12	36	85	28.6
3 Delayed progress towards degree	2	4	14	7	3	9	19	6.4
Valid responses =	56	19	203	68	33	11	297	23.9

Invalid responses include no response.



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47C3) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Finances

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	78	79	272	70	31	65	390	71.3
2 Negatively impacted performance in a class	15	15	87	22	14	29	117	21.4
3 Delayed progress towards degree	6	6	31	8	3	6	40	7.3
Valid responses =	99	18	390	71	48	9	547	44.0

Invalid responses include no response.

47C4) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Procrastination

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	79	43	292	46	17	25	393	44.0
2 Negatively impacted performance in a class	93	51	292	46	42	62	433	48.4
3 Delayed progress towards degree	12	7	46	7	9	13	68	7.6
Valid responses =	184	21	630	70	68	8	894	71.9

Invalid responses include no response.

47C5) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Faculty

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	24	28	45	4	33	37	38.9
2 Negatively impacted performance in a class	11	65	26	42	7	58	47	49.5
3 Delayed progress towards degree	2	12	8	13	1	8	11	11.6
Valid responses =	17	18	62	65	12	13	95	7.6

Invalid responses include no response.

47C6) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Family

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	39	77	189	72	27	77	257	73.4
2 Negatively impacted performance in a class	9	18	60	23	6	17	76	21.7
3 Delayed progress towards degree	3	6	12	5	2	6	17	4.9
Valid responses =	51	15	261	75	35	10	350	28.1

Invalid responses include no response.

47C7) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Intimate relationships

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	52	77	184	73	20	63	261	73.1
2 Negatively impacted performance in a class	16	24	64	25	8	25	88	24.6
3 Delayed progress towards degree	0	0	4	2	4	13	8	2.2
Valid responses =	68	19	252	71	32	9	357	28.7

Invalid responses include no response.

47C8) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Roommate/housemate

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	81	207	81	16	73	260	80.7
2 Negatively impacted performance in a class	8	20	39	15	5	23	52	16.1
3 Delayed progress towards degree	0	0	9	4	1	5	10	3.1
Valid responses =	41	13	255	79	22	7	322	25.9

Invalid responses include no response.



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47C9) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Peers

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	33	87	137	84	25	78	198	83.2
2 Negatively impacted performance in a class	5	13	26	16	7	22	39	16.4
3 Delayed progress towards degree	0	0	1	1	0	0	1	0.4
Valid responses =	38	16	164	69	32	13	238	19.1

Invalid responses include no response.

47C10) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Personal appearance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	87	96	407	92	39	80	538	91.3
2 Negatively impacted performance in a class	4	4	33	7	10	20	48	8.1
3 Delayed progress towards degree	0	0	3	1	0	0	3	0.5
Valid responses =	91	15	443	75	49	8	589	47.3

Invalid responses include no response.

47C11) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Health of someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	56	80	249	77	25	69	335	77.0
2 Negatively impacted performance in a class	14	20	65	20	9	25	89	20.5
3 Delayed progress towards degree	0	0	9	3	2	6	11	2.5
Valid responses =	70	16	323	74	36	8	435	35.0

Invalid responses include no response.

47C12) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

Death of a family member, friend, or someone close to me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	41	73	130	61	15	75	189	64.9
2 Negatively impacted performance in a class	14	25	69	33	5	25	88	30.2
3 Delayed progress towards degree	1	2	13	6	0	0	14	4.8
Valid responses =	56	19	212	73	20	7	291	23.4

Invalid responses include no response.

R47C13) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was bullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	5	50	30	68	4	80	39	66.1
2 Negatively impacted performance in a class	5	50	12	27	1	20	18	30.5
3 Delayed progress towards degree	0	0	2	5	0	0	2	3.4
Valid responses =	10	17	44	75	5	8	59	4.7

Invalid responses include no response.

R47C14) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was cyberbullied

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	6	75	13	65	6	86	25	71.4
2 Negatively impacted performance in a class	2	25	7	35	1	14	10	28.6
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	8	23	20	57	7	20	35	2.8

Invalid responses include no response.



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R47C15) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was hazed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	3	75	0	0	3	60.0
2 Negatively impacted performance in a class	1	100	0	0	0	0	1	20.0
3 Delayed progress towards degree	0	0	1	25	0	0	1	20.0
Valid responses =	1	20	4	80	0	0	5	0.4

Invalid responses include no response.

R47C16) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced microaggression(s) directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	20	87	77	89	19	70	119	85.0
2 Negatively impacted performance in a class	3	13	9	10	8	30	20	14.3
3 Delayed progress towards degree	0	0	1	1	0	0	1	0.7
Valid responses =	23	16	87	62	27	19	140	11.3

Invalid responses include no response.

R47C17) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I was sexually harassed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	100	57	85	14	88	76	86.4
2 Negatively impacted performance in a class	0	0	8	12	2	13	10	11.4
3 Delayed progress towards degree	0	0	2	3	0	0	2	2.3
Valid responses =	4	5	67	76	16	18	88	7.1

Invalid responses include no response.

R47C18) Within the last 12 months, to what extent did the following issue(s) negatively affect your academic performance?

(only includes students that had problems or challenges with this issue within the last 12 months)

I experienced discrimination directed at me

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	12	86	33	72	16	80	63	76.8
2 Negatively impacted performance in a class	1	7	10	22	4	20	15	18.3
3 Delayed progress towards degree	1	7	3	7	0	0	4	4.9
Valid responses =	14	17	46	56	20	24	82	6.6

Invalid responses include no response.

48) Within the last 30 days, how would you rate the overall level of stress you have experienced?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No stress	6	2	2	0	0	0	8	0.6
2 Low	93	37	222	25	12	16	331	26.8
3 Moderate	118	47	475	53	41	53	640	51.8
4 High	35	14	194	22	24	31	257	20.8
Valid responses =	252	20	893	72	77	6	1236	99.4

Invalid responses include no response.

49) Have you ever thought about or attempted to kill yourself?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	156	62	504	56	12	16	676	54.7
2 Just a brief passing thought	54	21	190	21	18	24	266	21.5
3 Planned at least once, but did not try to do it	22	9	87	10	16	21	128	10.4
4 Planned at least once, wanted to die	11	4	49	6	11	15	73	5.9
5 Attempted, but did not want to die	5	2	30	3	9	12	44	3.6
6 Attempted, really hoped to die	4	2	34	4	10	13	48	3.9
Valid responses =	252	20	894	72	76	6	1235	99.3

Invalid responses include no response.

50) How often have you thought about killing yourself in the past year?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	185	73	644	72	28	37	864	69.9
2 Rarely (1 time)	27	11	101	11	17	22	148	12.0
3 Sometimes (2 times)	19	8	77	9	14	18	112	9.1
4 Often (3-4 times)	12	5	32	4	7	9	52	4.2
5 Very often (5 or more times)	10	4	40	5	10	13	60	4.9
Valid responses =	253	20	894	72	76	6	1236	99.4

Invalid responses include no response.



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51) Have you ever told someone that you were going to commit suicide, or that you might do it?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	204	81	701	78	43	56	959	77.5
2 Yes, one time, did not want to die	26	10	95	11	9	12	132	10.7
3 Yes, one time, wanted to die	8	3	54	6	11	14	73	5.9
4 Yes, more than once, did not want to do it	9	4	23	3	5	7	37	3.0
5 Yes, more than once, wanted to do it	6	2	21	2	9	12	36	2.9
Valid responses =	253	20	894	72	77	6	1237	99.4

Invalid responses include no response.

52) How likely is it that you will attempt suicide someday?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Never	181	72	653	73	19	25	861	69.7
1 No chance at all	32	13	99	11	18	24	151	12.2
2 Rather unlikely	24	10	99	11	26	34	152	12.3
3 Unlikely	11	4	29	3	7	9	47	3.8
4 Likely	4	2	6	1	4	5	14	1.1
5 Rather likely	0	0	6	1	1	1	7	0.6
6 Very likely	1	0	2	0	1	1	4	0.3
Valid responses =	253	20	894	72	76	6	1236	99.4

Invalid responses include no response.

53) Within the last 12 months, have you attempted suicide?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	96	867	97	73	95	1196	96.8
2 Yes	10	4	25	3	4	5	40	3.2
Valid responses =	253	20	892	72	77	6	1236	99.4

Invalid responses include no response.

54A) Have you ever received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	158	63	369	41	13	17	546	44.1
2 Yes	95	38	524	59	64	83	691	55.9
Valid responses =	253	20	893	72	77	6	1237	99.4

Invalid responses include no response.

54B) Within in the last 12 months, have you received psychological or mental health services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	200	79	547	61	28	36	783	63.2
2 Yes	53	21	348	39	49	64	456	36.8
Valid responses =	253	20	895	72	77	6	1239	99.6

Invalid responses include no response.

55A) Within the last 12 months, have you visited any medical provider (for example: a nurse practitioner, physician assistant, primary care doctor, or other type of medical doctor) for a check-up or any other medical reasons?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	97	38	169	19	7	9	275	22.2
2 Yes	156	62	726	81	70	91	963	77.8
Valid responses =	253	20	895	72	77	6	1238	99.5

Invalid responses include no response.

MH1) Have you ever been prescribed medication for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	191	76	482	54	27	35	707	57.1
2 Yes	62	25	413	46	50	65	531	42.9
Valid responses =	253	20	895	72	77	6	1238	99.5

Invalid responses include no response.



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MH2) When were you first prescribed medication for a mental health condition? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	45	73	316	77	42	84	408	77.0
2 After starting at your current college/university	17	27	96	23	8	16	122	23.0
Valid responses =	62	12	412	78	50	9	530	42.6
Invalid responses include no response.								

MH3) Were you prescribed medication for a mental health condition in the last 12 months? (only students that were ever prescribed medication for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	34	55	189	46	23	46	248	46.9
2 Yes	28	45	222	54	27	54	281	53.1
Valid responses =	62	12	411	78	50	9	529	42.5
Invalid responses include no response.								

MH4) Have you ever had counseling for a mental health condition?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	177	70	449	50	22	29	654	52.9
2 Yes	76	30	445	50	55	71	583	47.1
Valid responses =	253	20	894	72	77	6	1237	99.4
Invalid responses include no response.								

MH5) When did you first start counseling for a mental health condition? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Before starting at your current college/university	60	79	339	76	49	89	454	77.9
2 After starting at your current college/university	16	21	106	24	6	11	129	22.1
Valid responses =	76	13	445	76	55	9	583	46.9
Invalid responses include no response.								

MH6) Have you had counseling for a mental health condition in the last 12 months? (only students that have ever had counseling for a mental health condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	40	53	175	39	20	36	237	40.7
2 Yes	36	47	270	61	35	64	346	59.3
Valid responses =	76	13	445	76	55	9	583	46.9
Invalid responses include no response.								

56) Have you had a gynecologic visit or exam (for example: contraception, STI testing, pelvic exam, or pap test) with a healthcare provider (for example: OB-GYN, nurse practitioner, or physician assistant)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	179	71	494	55	48	62	730	59.0
2 Yes	9	4	384	43	22	29	417	33.7
3 Don't know	10	4	8	1	3	4	22	1.8
4 Not applicable	55	22	8	1	4	5	68	5.5
Valid responses =	253	20	894	72	77	6	1237	99.4
Invalid responses include no response.								

57) Have you had a dental exam and cleaning in the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	46	18	152	17	15	20	214	17.3
2 Yes	204	81	726	81	60	78	1002	81.0
3 Don't know	3	1	16	2	2	3	21	1.7
Valid responses =	253	20	894	72	77	6	1237	99.4
Invalid responses include no response.								

58) When you are outdoors in the sun, how often do you wear sunscreen?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	31	12	44	5	6	8	81	6.6
2 Rarely	84	33	152	17	23	30	263	21.3
3 Sometimes	90	36	335	38	27	35	457	37.0
4 Usually	39	16	292	33	18	23	353	28.6
5 Always	8	3	71	8	3	4	82	6.6
Valid responses =	252	20	894	72	77	6	1236	99.4
Invalid responses include no response.								



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59A) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a shirt with sleeves

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	55	22	239	27	13	17	310	25.1
2 Rarely	66	26	244	27	17	22	329	26.6
3 Sometimes	62	25	264	30	23	30	353	28.6
4 Usually	49	19	121	14	19	25	193	15.6
5 Always	21	8	25	3	5	7	51	4.1
Valid responses =	253	20	893	72	77	6	1236	99.4

Invalid responses include no response.

59B) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear sunglasses

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	32	13	97	11	18	23	148	12.0
2 Rarely	54	21	112	13	12	16	180	14.6
3 Sometimes	65	26	254	29	17	22	339	27.4
4 Usually	72	29	301	34	19	25	398	32.2
5 Always	30	12	128	14	11	14	170	13.8
Valid responses =	253	20	892	72	77	6	1235	99.3

Invalid responses include no response.

59C) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Stay in the shade

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	10	4	46	5	4	5	60	4.9
2 Rarely	50	20	142	16	3	4	196	15.9
3 Sometimes	115	46	424	48	29	38	573	46.4
4 Usually	70	28	248	28	37	48	360	29.1
5 Always	8	3	33	4	4	5	47	3.8
Valid responses =	253	20	893	72	77	6	1236	99.4

Invalid responses include no response.

59D) When you are outdoors in the sun, how often do you do the following to protect your skin from ultraviolet (UV) exposure?

Wear a hat

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	41	16	307	34	23	30	373	30.2
2 Rarely	68	27	298	33	18	23	390	31.6
3 Sometimes	78	31	227	25	30	39	338	27.4
4 Usually	44	17	54	6	5	7	105	8.5
5 Always	22	9	6	1	1	1	29	2.3
Valid responses =	253	20	892	72	77	6	1235	99.3

Invalid responses include no response.

60) In the last 12 months, how many times have you spent time outdoors with the intention of getting a tan?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0 times	151	61	242	28	53	71	452	37.6
1 1 time	7	3	15	2	1	1	23	1.9
2 2 times	16	7	37	4	3	4	58	4.8
3 3 times	8	3	28	3	5	7	41	3.4
4 4 times	5	2	32	4	2	3	39	3.2
5 5 times	15	6	55	6	1	1	72	6.0
6 6 to 10 times	16	7	115	13	2	3	134	11.1
7 11 to 15 times	7	3	50	6	1	1	58	4.8
8 16 to 20 times	7	3	64	7	2	3	73	6.1
9 21 to 49 times	11	4	118	14	4	5	133	11.1
10 50 or More times	5	2	112	13	1	1	119	9.9
Valid responses =	248	21	868	72	75	6	1202	96.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	5.67	0.00	19.37	0	250
Cis Women	19.49	7.00	32.44	0	365
Trans/Gender Non-conforming	3.69	0.00	9.28	0	50
Overall	15.57	4.00	29.81	0	365



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61) The Human Papillomavirus (HPV) vaccine (for example: Gardasil, Silgard, or Cervarix) is recommended, but usually not required, and is given in a series of 2 or 3 shots based on your age. Which of the following best describes your vaccination status for HPV:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Have not received HPV vaccine	41	16	118	13	11	15	172	14.0
2 Have started, but not completed HPV vaccine	7	3	25	3	2	3	35	2.8
3 Completed HPV vaccine	87	35	470	53	44	58	606	49.3
4 I don't know my HPV vaccination status	117	46	276	31	19	25	416	33.8
Valid responses =	252	21	889	72	76	6	1229	98.8

Invalid responses include no response.

62) Did you have a flu vaccine within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	143	57	471	53	39	51	659	53.4
2 Yes	84	33	378	42	32	42	499	40.4
3 Don't know	26	10	42	5	6	8	76	6.2
Valid responses =	253	21	891	72	77	6	1234	99.2

Invalid responses include no response.

COVIDVAXD) Have you received at least one dose of a COVID-19 vaccine?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	72	29	258	29	13	17	346	28.0
2 Yes	179	71	622	70	64	83	875	70.9
3 Not sure	2	1	11	1	0	0	13	1.1
Valid responses =	253	21	891	72	77	6	1234	99.2

Invalid responses include no response.

COVIDVAXE) Have you received a COVID-19 vaccine in the last 12 months? (only students that have received at least one dose of a COVID-19 vaccine)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	146	82	509	82	46	72	707	80.8
2 Yes	19	11	78	13	11	17	109	12.5
3 Not sure	14	8	35	6	7	11	59	6.7
Valid responses =	179	20	622	71	64	7	875	70.3

Invalid responses include no response.

COVIDINF Have you tested positive for COVID-19 within the last 12 months?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	846	95	70	91	1174	95.3
2 Yes	5	2	43	5	7	9	58	4.7
Valid responses =	253	21	889	72	77	6	1232	99.0

Invalid responses include no response.



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63A1) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	853	96	73	95	1187	96.3
2 Yes	4	2	37	4	4	5	45	3.7
Valid responses =	252	20	890	72	77	6	1232	99.0

Invalid responses include no response.

63A2) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	99	877	99	76	99	1217	99.1
2 Yes	2	1	8	1	1	1	11	0.9
Valid responses =	253	21	885	72	77	6	1228	98.7

Invalid responses include no response.

63A3) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	100	881	100	76	100	1221	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	251	21	881	72	76	6	1221	98.2

Invalid responses include no response.

63A4) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	172	68	489	55	47	61	717	58.3
2 Yes	80	32	399	45	30	39	513	41.7
Valid responses =	252	20	888	72	77	6	1230	98.9

Invalid responses include no response.

63A5) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	247	98	849	96	73	95	1182	96.1
2 Yes	6	2	38	4	4	5	48	3.9
Valid responses =	253	21	887	72	77	6	1230	98.9

Invalid responses include no response.

63A6) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	100	883	100	77	100	1222	99.8
2 Yes	1	0	2	0	0	0	3	0.2
Valid responses =	251	20	885	72	77	6	1225	98.5

Invalid responses include no response.

63A7) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	214	85	732	82	63	82	1019	82.8
2 Yes	39	15	156	18	14	18	212	17.2
Valid responses =	253	21	888	72	77	6	1231	99.0

Invalid responses include no response.

63A8) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	885	100	77	100	1228	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	253	21	885	72	77	6	1228	98.7

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

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Number of Surveys (n) = 1244 Web Surveys

63A9) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	100	865	98	74	97	1204	98.1
2 Yes	1	0	20	2	2	3	23	1.9
Valid responses =	253	21	885	72	76	6	1227	98.6

Invalid responses include no response.

63A10) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	235	93	789	89	70	91	1107	89.9
2 Yes	18	7	100	11	7	9	125	10.1
Valid responses =	253	21	889	72	77	6	1232	99.0

Invalid responses include no response.

63A11) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	885	100	76	100	1227	99.8
2 Yes	0	0	3	0	0	0	3	0.2
Valid responses =	253	21	888	72	76	6	1230	98.9

Invalid responses include no response.

63A12) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	863	97	75	97	1199	97.6
2 Yes	4	2	24	3	2	3	30	2.4
Valid responses =	252	21	887	72	77	6	1229	98.8

Invalid responses include no response.

63A13) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	99	881	100	77	100	1221	99.6
2 Yes	3	1	2	0	0	0	5	0.4
Valid responses =	253	21	883	72	77	6	1226	98.6

Invalid responses include no response.

63A14) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	239	95	792	89	68	88	1111	90.4
2 Yes	14	6	94	11	9	12	118	9.6
Valid responses =	253	21	886	72	77	6	1229	98.8

Invalid responses include no response.

63A15) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	100	780	88	68	88	1112	90.3
2 Yes	1	0	109	12	9	12	120	9.7
Valid responses =	253	21	889	72	77	6	1232	99.0

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

63A16) Within the last 12 months, have you been diagnosed by a healthcare professional with any of the following?

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	217	96	730	96	58	95	1015	96.1
2 Yes	9	4	28	4	3	5	41	3.9
Valid responses =	226	21	758	72	61	6	1056	84.9

Invalid responses include no response.

63B1) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Bronchitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	3	75	22	60	2	50	27	60.0
2 Negatively impacted performance in a class	1	25	15	41	1	25	17	37.8
3 Delayed progress towards degree	0	0	0	0	1	25	1	2.2
Valid responses =	4	9	37	82	4	9	45	3.6

Invalid responses include no response.

63B2) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chlamydia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	2	100	8	100	1	100	11	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	2	18	8	73	1	9	11	0.9

Invalid responses include no response.

63B3) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Chicken Pox (Varicella)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

63B4) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	54	68	226	57	17	57	298	58.4
2 Negatively impacted performance in a class	25	31	162	41	12	40	202	39.6
3 Delayed progress towards degree	1	1	8	2	1	3	10	2.0
Valid responses =	80	16	396	78	30	6	510	41.0

Invalid responses include no response.

63B5) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Concussion

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	67	13	34	1	25	18	37.5
2 Negatively impacted performance in a class	2	33	20	53	3	75	25	52.1
3 Delayed progress towards degree	0	0	5	13	0	0	5	10.4
Valid responses =	6	13	38	79	4	8	48	3.9

Invalid responses include no response.



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63B6) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Gonorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	2	100	0	0	3	100.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.2

Invalid responses include no response.

63B7) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Flu (influenza) or flu-like illness

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	24	62	89	57	3	21	117	55.5
2 Negatively impacted performance in a class	15	39	62	40	9	64	88	41.7
3 Delayed progress towards degree	0	0	4	3	2	14	6	2.8
Valid responses =	39	18	155	73	14	7	211	17.0

Invalid responses include no response.

63B8) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mumps

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	0	0	0	0	0	0.0
2 Negatively impacted performance in a class	0	0	0	0	0	0	0	0.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

63B9) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Mononucleosis (mono)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	12	60	0	0	12	52.2
2 Negatively impacted performance in a class	1	100	8	40	1	50	10	43.5
3 Delayed progress towards degree	0	0	0	0	1	50	1	4.3
Valid responses =	1	4	20	87	2	9	23	1.8

Invalid responses include no response.

63B10) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	13	72	72	72	4	57	89	71.2
2 Negatively impacted performance in a class	5	28	23	23	3	43	31	24.8
3 Delayed progress towards degree	0	0	5	5	0	0	5	4.0
Valid responses =	18	14	100	80	7	6	125	10.0

Invalid responses include no response.

63B11) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pelvic Inflammatory Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	0	0	2	67	0	0	2	66.7
2 Negatively impacted performance in a class	0	0	1	33	0	0	1	33.3
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	3	100	0	0	3	0.2

Invalid responses include no response.



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63B12) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Pneumonia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	4	100	15	63	1	50	20	66.7
2 Negatively impacted performance in a class	0	0	8	33	0	0	8	26.7
3 Delayed progress towards degree	0	0	1	4	1	50	2	6.7
Valid responses =	4	13	24	80	2	7	30	2.4

Invalid responses include no response.

63B13) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Shingles

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	33	2	100	0	0	3	60.0
2 Negatively impacted performance in a class	2	67	0	0	0	0	2	40.0
3 Delayed progress towards degree	0	0	0	0	0	0	0	0.0
Valid responses =	3	60	2	40	0	0	5	0.4

Invalid responses include no response.

63B14) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Stomach or GI virus or bug, food poisoning, or gastritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	11	79	53	57	4	44	69	59.0
2 Negatively impacted performance in a class	3	21	38	41	4	44	45	38.5
3 Delayed progress towards degree	0	0	2	2	1	11	3	2.6
Valid responses =	14	12	93	79	9	8	117	9.4

Invalid responses include no response.

63B15) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Urinary tract infection

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	1	100	85	79	6	67	93	78.2
2 Negatively impacted performance in a class	0	0	21	19	3	33	24	20.2
3 Delayed progress towards degree	0	0	2	2	0	0	2	1.7
Valid responses =	1	1	108	91	9	8	119	9.6

Invalid responses include no response.

63B16) Within the last 12 months, to what extent did the following negatively affect your academic performance?

(only includes students who have been diagnosed within the last 12 months)

Other short-term, temporary illness not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	7	78	18	64	1	33	27	65.9
2 Negatively impacted performance in a class	2	22	8	29	1	33	11	26.8
3 Delayed progress towards degree	0	0	2	7	1	33	3	7.3
Valid responses =	9	22	28	68	3	7	41	3.3

Invalid responses include no response.

64) Have you ever been tested for HIV?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Yes, within the last 12 months	11	4	60	7	9	12	80	6.5
2 Yes, more than 12 months ago	10	4	45	5	3	4	59	4.8
3 No	208	82	675	76	58	76	951	77.1
4 Unsure	24	10	112	13	6	8	143	11.6
Valid responses =	253	21	892	72	76	6	1233	99.1

Invalid responses include no response.

64B) Are you taking PrEP (Pre-Exposure Prophylaxis) to prevent HIV infection?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	98	871	98	74	97	1206	98.2
2 Yes	4	2	16	2	2	3	22	1.8
Valid responses =	253	21	887	72	76	6	1228	98.7

Invalid responses include no response.



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65A1) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	199	79	603	68	59	78	872	70.8	
2 Yes	53	21	287	32	17	22	359	29.2	
Valid responses =	252	20	890	72	76	6	1231	99.0	

Invalid responses include no response.

65A2) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	217	86	743	84	52	68	1022	83.3	
2 Yes	35	14	144	16	24	32	205	16.7	
Valid responses =	252	21	887	72	76	6	1227	98.6	

Invalid responses include no response.

R65A3) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	252	100	883	99	76	99	1224	99.3	
2 Yes	1	0	7	1	1	1	9	0.7	
Valid responses =	253	21	890	72	77	6	1233	99.1	

Invalid responses include no response.

65A4) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	236	93	791	89	66	86	1105	89.7	
2 Yes	17	7	98	11	11	14	127	10.3	
Valid responses =	253	21	889	72	77	6	1232	99.0	

Invalid responses include no response.

65A5) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	216	86	777	87	65	86	1068	86.8	
2 Yes	36	14	112	13	11	15	162	13.2	
Valid responses =	252	20	889	72	76	6	1230	98.9	

Invalid responses include no response.

65A6) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	190	75	633	71	47	61	878	71.3	
2 Yes	63	25	255	29	30	39	353	28.7	
Valid responses =	253	21	888	72	77	6	1231	99.0	

Invalid responses include no response.

65A7) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	202	80	458	51	27	35	692	56.0	
2 Yes	51	20	435	49	50	65	543	44.0	
Valid responses =	253	20	893	72	77	6	1235	99.3	

Invalid responses include no response.

65A8) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	225	89	759	86	60	78	1055	85.8	
2 Yes	28	11	128	14	17	22	174	14.2	
Valid responses =	253	21	887	72	77	6	1229	98.8	

Invalid responses include no response.



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65A9) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	97	871	98	61	80	1189	96.8
2 Yes	7	3	17	2	15	20	39	3.2
Valid responses =	253	21	888	72	76	6	1228	98.7

Invalid responses include no response.

65A10) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	866	97	74	96	1204	97.7
2 Yes	0	0	24	3	3	4	28	2.3
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A11) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	873	98	75	97	1213	98.5
2 Yes	0	0	17	2	2	3	19	1.5
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A12) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	100	883	99	75	97	1221	99.1
2 Yes	1	0	8	1	2	3	11	0.9
Valid responses =	252	20	891	72	77	6	1232	99.0

Invalid responses include no response.

65A13) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	100	872	99	74	99	1210	99.0
2 Yes	0	0	11	1	1	1	12	1.0
Valid responses =	252	21	883	72	75	6	1222	98.2

Invalid responses include no response.

65A14) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	241	95	798	90	65	84	1115	90.5
2 Yes	12	5	92	10	12	16	117	9.5
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A15) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	214	85	583	66	32	42	838	68.0
2 Yes	39	15	307	35	45	58	394	32.0
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A16) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	97	866	98	74	96	1196	97.3
2 Yes	7	3	22	3	3	4	33	2.7
Valid responses =	252	21	888	72	77	6	1229	98.8

Invalid responses include no response.



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65A17) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	99	829	93	69	91	1160	94.2
2 Yes	2	1	61	7	7	9	71	5.8
Valid responses =	253	21	890	72	76	6	1231	99.0

Invalid responses include no response.

65A18) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	869	98	76	99	1210	98.2
2 Yes	0	0	21	2	1	1	22	1.8
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A19) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	887	100	77	100	1229	99.8
2 Yes	0	0	2	0	0	0	2	0.2
Valid responses =	253	21	889	72	77	6	1231	99.0

Invalid responses include no response.

65A20) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	100	884	99	76	100	1223	99.4
2 Yes	1	0	6	1	0	0	7	0.6
Valid responses =	252	20	890	72	76	6	1230	98.9

Invalid responses include no response.

65A21) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	245	97	832	94	69	91	1157	94.2
2 Yes	8	3	55	6	7	9	71	5.8
Valid responses =	253	21	887	72	76	6	1228	98.7

Invalid responses include no response.

65A22) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	99	843	95	71	92	1176	95.6
2 Yes	3	1	45	5	6	8	54	4.4
Valid responses =	253	21	888	72	77	6	1230	98.9

Invalid responses include no response.

65A23) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	252	100	889	100	77	100	1230	99.8
2 Yes	1	0	2	0	0	0	3	0.2
Valid responses =	253	21	891	72	77	6	1233	99.1

Invalid responses include no response.

65A24) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	98	859	97	74	96	1190	96.7
2 Yes	6	2	30	3	3	4	40	3.3
Valid responses =	252	20	889	72	77	6	1230	98.9

Invalid responses include no response.



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65A25) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	249	98	866	98	75	97	1202	97.7	
2 Yes	4	2	22	3	2	3	28	2.3	
Valid responses =	253	21	888	72	77	6	1230	98.9	
Invalid responses include no response.									

65A26) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	253	100	887	100	77	100	1229	99.8	
2 Yes	0	0	2	0	0	0	2	0.2	
Valid responses =	253	21	889	72	77	6	1231	99.0	
Invalid responses include no response.									

65A27) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	252	100	880	99	76	100	1220	99.3	
2 Yes	0	0	8	1	0	0	8	0.7	
Valid responses =	252	21	888	72	76	6	1228	98.7	
Invalid responses include no response.									

65A28) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	245	97	822	92	65	84	1142	92.7	
2 Yes	8	3	68	8	12	16	90	7.3	
Valid responses =	253	21	890	72	77	6	1232	99.0	
Invalid responses include no response.									

65A29) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	248	98	831	94	73	95	1163	94.6	
2 Yes	4	2	57	6	4	5	66	5.4	
Valid responses =	252	21	888	72	77	6	1229	98.8	
Invalid responses include no response.									

65A41) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	251	99.2	876	98.6	73	94.8	1212	98.5	
2 Yes	2	0.8	12	1.4	4	5.2	18	1.5	
Valid responses =	253	21	888	72	77	6	1230	98.9	
Invalid responses include no response.									

65A30) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	241	95	731	82	61	79	1044	84.7	
2 Yes	12	5	159	18	16	21	188	15.3	
Valid responses =	253	21	890	72	77	6	1232	99.0	
Invalid responses include no response.									

65A31) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania, other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	248	98	811	91	65	84	1134	92.1	
2 Yes	5	2	79	9	12	16	97	7.9	
Valid responses =	253	21	890	72	77	6	1231	99.0	
Invalid responses include no response.									



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65A32) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	840	94	75	97	1179	95.6
2 Yes	0	0	51	6	2	3	54	4.4
Valid responses =	253	21	891	72	77	6	1233	99.1

Invalid responses include no response.

65A33) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	249	98	824	93	61	79	1145	92.9
2 Yes	4	2	67	8	16	21	88	7.1
Valid responses =	253	21	891	72	77	6	1233	99.1

Invalid responses include no response.

65A34) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	100	890	100	77	100	1230	99.8
2 Yes	1	0	1	0	0	0	2	0.2
Valid responses =	252	20	891	72	77	6	1232	99.0

Invalid responses include no response.

65A35) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	99	877	99	77	100	1216	98.7
2 Yes	3	1	13	2	0	0	16	1.3
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A36) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	99	862	97	74	96	1199	97.3
2 Yes	2	1	28	3	3	4	33	2.7
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A37) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	251	99	888	100	75	97	1226	99.5
2 Yes	2	1	2	0	2	3	6	0.5
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

65A38) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	98	881	99	77	100	1216	98.7
2 Yes	6	2	10	1	0	0	16	1.3
Valid responses =	252	20	891	72	77	6	1232	99.0

Invalid responses include no response.



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65A39) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	250	99	876	98	76	99	1214	98.6
2 Yes	2	1	14	2	1	1	17	1.4
Valid responses =	252	20	890	72	77	6	1231	99.0

Invalid responses include no response.

65A40) Have you ever been diagnosed by a healthcare or mental health professional with any of the following ongoing or chronic conditions?
Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	234	97	752	91	55	80	1052	91.7
2 Yes	8	3	72	9	14	20	95	8.3
Valid responses =	242	21	824	72	69	6	1147	92.2

Invalid responses include no response.

65B1) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Allergic & immunologic disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	64	93	11	85	84	92.3
2 Yes	0	0	5	7	2	15	7	7.7
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B2) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Autoimmune disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	7	88	46	67	11	85	65	71.4
2 Yes	1	13	23	33	2	15	26	28.6
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B3) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Blood disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	68	99	13	100	90	98.9
2 Yes	0	0	1	1	0	0	1	1.1
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B4) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Brain & nervous system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	58	84	10	77	77	84.6
2 Yes	0	0	11	16	3	23	14	15.4
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B5) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Hair, skin, nails disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	66	96	11	85	83	91.2
2 Yes	2	25	3	4	2	15	8	8.8
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.



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65B6) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Digestive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	56	81	12	92	73	81.1
2 Yes	3	43	13	19	1	8	17	18.9
Valid responses =	7	8	69	77	13	14	90	7.2

Invalid responses include no response.

65B7) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Endocrine system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	66	96	11	85	86	94.5
2 Yes	0	0	3	4	2	15	5	5.5
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B8) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Eye/ear/nose/throat disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	75	63	90	12	92	82	89.1
2 Yes	2	25	7	10	1	8	10	10.9
Valid responses =	8	9	70	76	13	14	92	7.4

Invalid responses include no response.

65B9) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Heart & vascular disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	62	89	10	77	81	88.0
2 Yes	0	0	8	11	3	23	11	12.0
Valid responses =	8	9	70	76	13	14	92	7.4

Invalid responses include no response.

65B10) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Infectious disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	68	99	12	100	89	98.9
2 Yes	0	0	1	1	0	0	1	1.1
Valid responses =	8	9	69	77	12	13	90	7.2

Invalid responses include no response.

65B11) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Mental health/psychological disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	56	80	8	62	70	76.1
2 Yes	3	38	14	20	5	39	22	23.9
Valid responses =	8	9	70	76	13	14	92	7.4

Invalid responses include no response.

65B12) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)

Musculoskeletal disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	63	91	10	83	82	91.1
2 Yes	0	0	6	9	2	17	8	8.9
Valid responses =	8	9	69	77	12	13	90	7.2

Invalid responses include no response.



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65B13) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Reproductive system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	69	100	11	85	89	97.8
2 Yes	0	0	0	0	2	15	2	2.2
Valid responses =	8	9	69	76	13	14	91	7.3

Invalid responses include no response.

65B14) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Respiratory disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	64	94	12	92	85	94.4
2 Yes	0	0	4	6	1	8	5	5.6
Valid responses =	8	9	68	76	13	14	90	7.2

Invalid responses include no response.

65B15) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Sleep-wake disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	66	97	13	100	88	97.8
2 Yes	0	0	2	3	0	0	2	2.2
Valid responses =	8	9	68	76	13	14	90	7.2

Invalid responses include no response.

65B16) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Urinary system disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	100	64	94	13	100	86	95.6
2 Yes	0	0	4	6	0	0	4	4.4
Valid responses =	8	9	68	76	13	14	90	7.2

Invalid responses include no response.

65B17) Please indicate in which of the following categories you have an other ongoing or chronic condition that has been diagnosed by a healthcare or mental health professional. (only includes students that selected having an other ongoing or chronic condition not listed above)
Other ongoing or chronic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	57	31	52	9	69	44	54.3
2 Yes	3	43	29	48	4	31	37	45.7
Valid responses =	7	9	60	74	13	16	81	6.5

Invalid responses include no response.

65C1) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Anaphylaxis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	100	0	0	5	71.4
2 Yes	0	0	0	0	2	100	2	28.6
Valid responses =	0	0	5	71	2	29	7	0.6

Invalid responses include no response.

65C2) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?
(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)
Medication allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	1	100	4	66.7
2 Yes	0	0	2	40	0	0	2	33.3
Valid responses =	0	0	5	83	1	17	6	0.5

Invalid responses include no response.



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65C3) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Latex allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	80	0	0	4	66.7
2 Yes	0	0	1	20	1	100	2	33.3
Valid responses =	0	0	5	83	1	17	6	0.5

Invalid responses include no response.

65C4) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Insect/bee sting allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	100	2	100	7	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	5	71	2	29	7	0.6

Invalid responses include no response.

65C5) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Immune deficiency

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	2	100	5	71.4
2 Yes	0	0	2	40	0	0	2	28.6
Valid responses =	0	0	5	71	2	29	7	0.6

Invalid responses include no response.

65C6) Have you ever been diagnosed with any of the following ongoing or chronic allergic & immunologic disorders?

(only includes students that selected having an ongoing/chronic allergic & immunologic disorder not listed above)

Other allergic or immunologic condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	80	0	0	4	80.0
2 Yes	0	0	1	20	0	0	1	20.0
Valid responses =	0	0	5	100	0	0	5	0.4

Invalid responses include no response.

65D2) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Rheumatoid Arthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	19	86	2	100	22	88.0
2 Yes	0	0	3	14	0	0	3	12.0
Valid responses =	1	4	22	88	2	8	25	2.0

Invalid responses include no response.

65D3) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Scleroderma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	22	100	2	100	25	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	4	22	88	2	8	25	2.0

Invalid responses include no response.



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65D4) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Systemic Lupus Erythematosus

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	19	86	2	100	22	88.0
2 Yes	0	0	3	14	0	0	3	12.0
Valid responses =	1	4	22	88	2	8	25	2.0

Invalid responses include no response.

65D5) Have you ever been diagnosed with any of the following ongoing or chronic autoimmune disorders?

(only includes students that selected having an ongoing/chronic autoimmune disorder not listed above)

Other autoimmune disorder not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	9	43	1	50	10	41.7
2 Yes	1	100	12	57	1	50	14	58.3
Valid responses =	1	4	21	88	2	8	24	1.9

Invalid responses include no response.

65E1) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Anemia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65E2) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hemophilia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65E3) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Hypercoagulable states

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65E4) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Platelet Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65E5) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Sickle Cell Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.



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65E6) Have you ever been diagnosed with any of the following ongoing or chronic blood disorders?

(only includes students that selected having an ongoing/chronic blood disorder not listed above)

Other blood condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65F1) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Cerebral Palsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	10	91	3	100	13	92.9
2 Yes	0	0	1	9	0	0	1	7.1
Valid responses =	0	0	11	79	3	21	14	1.1

Invalid responses include no response.

65F2) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Epilepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	10	91	3	100	13	92.9
2 Yes	0	0	1	9	0	0	1	7.1
Valid responses =	0	0	11	79	3	21	14	1.1

Invalid responses include no response.

65F3) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Seizure Conditions

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	64	2	67	9	64.3
2 Yes	0	0	4	36	1	33	5	35.7
Valid responses =	0	0	11	79	3	21	14	1.1

Invalid responses include no response.

65F4) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Multiple Sclerosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	11	100	3	100	14	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	11	79	3	21	14	1.1

Invalid responses include no response.

65F5) Have you ever been diagnosed with any of the following ongoing or chronic brain & nervous system disorders?

(only includes students that selected having an ongoing/chronic brain & nervous system disorder not listed above)

Other brain or nervous system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	60	1	33	7	53.8
2 Yes	0	0	4	40	2	67	6	46.2
Valid responses =	0	0	10	77	3	23	13	1.0

Invalid responses include no response.

65G1) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Alopecia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	100	2	100	7	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.



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65G2) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Eczema

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	2	67	0	0	4	50.0
2 Yes	1	50	1	33	2	100	4	50.0
Valid responses =	2	25	3	38	2	25	8	0.6

Invalid responses include no response.

65G3) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hirsutism

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	2	100	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	17	2	33	2	33	6	0.5

Invalid responses include no response.

65G4) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Hyperhidrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	2	100	6	85.7
2 Yes	0	0	1	33	0	0	1	14.3
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.

65G5) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Photodermatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	100	2	100	7	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.

65G6) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Psoriasis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	100	2	100	6	85.7
2 Yes	1	100	0	0	0	0	1	14.3
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.

65G7) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Vitiligo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	100	2	100	7	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.

65G8) Have you ever been diagnosed with any of the following ongoing or chronic hair, skin, nail disorders?

(only includes students that selected having an ongoing/chronic hair, skin, nail disorder not listed above)

Other hair, skin, or nail condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	67	2	100	5	71.4
2 Yes	0	0	1	33	0	0	2	28.6
Valid responses =	1	14	3	43	2	29	7	0.6

Invalid responses include no response.



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65H1) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Crohn's Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	11	85	1	100	15	88.2
2 Yes	0	0	2	15	0	0	2	11.8
Valid responses =	3	18	13	76	1	6	17	1.4
Invalid responses include no response.								

65H2) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Diverticular Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	12	92	1	100	16	94.1
2 Yes	0	0	1	8	0	0	1	5.9
Valid responses =	3	18	13	76	1	6	17	1.4
Invalid responses include no response.								

65H3) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Esophageal Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	67	13	100	0	0	15	88.2
2 Yes	1	33	0	0	1	100	2	11.8
Valid responses =	3	18	13	76	1	6	17	1.4
Invalid responses include no response.								

65H4) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Gallbladder Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	12	92	1	100	16	94.1
2 Yes	0	0	1	8	0	0	1	5.9
Valid responses =	3	18	13	76	1	6	17	1.4
Invalid responses include no response.								

65H5) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Ulcerative Colitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	10	77	1	100	14	82.4
2 Yes	0	0	3	23	0	0	3	17.6
Valid responses =	3	18	13	76	1	6	17	1.4
Invalid responses include no response.								

65H6) Have you ever been diagnosed with any of the following ongoing or chronic digestive system disorders?

(only includes students that selected having an ongoing/chronic digestive system disorder not listed above)

Other digestive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	33	6	50	0	0	7	46.7
2 Yes	2	67	6	50	0	0	8	53.3
Valid responses =	3	20	12	80	0	0	15	1.2
Invalid responses include no response.								

65J1) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	5	71	0	0	7	70.0
2 Yes	0	0	2	29	1	100	3	30.0
Valid responses =	2	20	7	70	1	10	10	0.8
Invalid responses include no response.								



AMERICAN COLLEGE HEALTH ASSOCIATION

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UNIVERSITY OF NORTHERN IOWA

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65J2) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Uveitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	7	100	1	100	10	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	20	7	70	1	10	10	0.8

Invalid responses include no response.

65J3) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Vertigo

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	6	86	0	0	7	70.0
2 Yes	1	50	1	14	1	100	3	30.0
Valid responses =	2	20	7	70	1	10	10	0.8

Invalid responses include no response.

65J4) Have you ever been diagnosed with any of the following ongoing or chronic eye, ear, nose, throat disorders?

(only includes students that selected having an ongoing/chronic eye, ear, nose, throat disorder not listed above)

Other eye/ear/nose/throat condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	20	1	100	2	25.0
2 Yes	2	100	4	80	0	0	6	75.0
Valid responses =	2	25	5	63	1	13	8	0.6

Invalid responses include no response.

65K1) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Cardiac Arrhythmia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	63	3	100	8	72.7
2 Yes	0	0	3	38	0	0	3	27.3
Valid responses =	0	0	8	73	3	27	11	0.9

Invalid responses include no response.

65K2) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Coronary Artery Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	100	3	100	10	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.

65K3) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congenital Heart Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	100	3	100	10	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.

65K4) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Congestive Heart Failure

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	100	3	100	10	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.



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65K5) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Heart Murmur

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	86	2	67	8	80.0
2 Yes	0	0	1	14	1	33	2	20.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.

65K6) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Valvular Heart Disease (for example: Mitral valve prolapse)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	86	2	67	8	80.0
2 Yes	0	0	1	14	1	33	2	20.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.

65K7) Have you ever been diagnosed with any of the following ongoing or chronic heart & vascular system disorders?

(only includes students that selected having an ongoing/chronic heart & vascular system disorder not listed above)

Other heart or vascular condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	29	0	0	2	20.0
2 Yes	0	0	5	71	3	100	8	80.0
Valid responses =	0	0	7	70	3	30	10	0.8

Invalid responses include no response.

65L1) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Lyme Disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65L2) Have you ever been diagnosed with any of the following ongoing or chronic infectious diseases?

(only includes students that selected having an ongoing/chronic infectious disease not listed above)

Other infectious disease not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65N1) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Carpal Tunnel Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	2	100	7	87.5
2 Yes	0	0	1	17	0	0	1	12.5
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.

65N2) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Fibromyalgia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	1	50	6	75.0
2 Yes	0	0	1	17	1	50	2	25.0
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.



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65N3) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Gout

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	2	100	7	87.5
2 Yes	0	0	1	17	0	0	1	12.5
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.

65N4) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Muscular Dystrophy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	100	2	100	8	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.

65N5) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoarthritis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	100	2	100	8	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.

65N6) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Osteoporosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	100	2	100	7	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	5	71	2	29	7	0.6

Invalid responses include no response.

65N7) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Temporomandibular Joint Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	83	2	100	7	87.5
2 Yes	0	0	1	17	0	0	1	12.5
Valid responses =	0	0	6	75	2	25	8	0.6

Invalid responses include no response.

65N8) Have you ever been diagnosed with any of the following ongoing or chronic musculoskeletal disorders?

(only includes students that selected having an ongoing/chronic musculoskeletal disorders not listed above)

Other musculoskeletal condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	60	1	50	4	57.1
2 Yes	0	0	2	40	1	50	3	42.9
Valid responses =	0	0	5	71	2	29	7	0.6

Invalid responses include no response.

65O1) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Amenorrhea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	1	50	1	50.0
2 Yes	0	0	0	0	1	50	1	50.0
Valid responses =	0	0	0	0	2	100	2	0.2

Invalid responses include no response.



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65O2) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Cervical Dysplasia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	2	100	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	2	100	2	0.2

Invalid responses include no response.

65O3) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Premenstrual Syndrome (PMS), Premenstrual Dysphoric Disorder (PMDD), or painful periods (Dysmenorrhea)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	2	100	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	2	100	2	0.2

Invalid responses include no response.

65O4) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Prostatitis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	2	100	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	2	100	2	0.2

Invalid responses include no response.

65O5) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Sexual Dysfunction

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	2	100	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	2	100	2	0.2

Invalid responses include no response.

65O6) Have you ever been diagnosed with any of the following ongoing or chronic reproductive system disorders?

(only includes students that selected having an ongoing/chronic reproductive system disorders not listed above)

Other reproductive system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	1	100	1	100.0
Valid responses =	0	0	0	0	1	100	1	0.1

Invalid responses include no response.

65P1) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Cystic Fibrosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	1	100	4	80.0
2 Yes	0	0	1	25	0	0	1	20.0
Valid responses =	0	0	4	80	1	20	5	0.4

Invalid responses include no response.

65P2) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Sarcoidosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	1	100	5	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	80	1	20	5	0.4

Invalid responses include no response.



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65P3) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Active Tuberculous

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	1	100	4	80.0
2 Yes	0	0	1	25	0	0	1	20.0
Valid responses =	0	0	4	80	1	20	5	0.4

Invalid responses include no response.

65P4) Have you ever been diagnosed with any of the following ongoing or chronic respiratory system disorders?

(only includes students that selected having an ongoing/chronic respiratory system disorders not listed above)

Other respiratory system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	50.0
2 Yes	0	0	1	33	1	100	2	50.0
Valid responses =	0	0	3	75	1	25	4	0.3

Invalid responses include no response.

65Q1) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Hypersomnolence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65Q2) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Narcolepsy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	0	0	2	100.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65Q3) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Restless Leg Syndrome

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65Q4) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Paralysis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65Q5) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Terrors (or night terrors)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.



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Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

65Q6) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Sleep Walking

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65Q7) Have you ever been diagnosed with any of the following ongoing or chronic sleep-wake disorders?

(only includes students that selected having an ongoing/chronic sleep-wake disorders not listed above)

Other sleep-wake condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65R1) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Bladder disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

65R2) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

65R3) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Kidney stone

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

65R4) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Urinary Incontinence

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	0	0	3	75.0
2 Yes	0	0	1	25	0	0	1	25.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

65R5) Have you ever been diagnosed with any of the following ongoing or chronic urinary system disorders?

(only includes students that selected having an ongoing/chronic urinary system disorders not listed above)

Other urinary system condition not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	100	0	0	4	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.



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65S1) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 1 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	83	15	79	2	67	23	79.3
2 Yes	1	17	4	21	1	33	6	20.7
Valid responses =	6	21	19	66	3	10	29	2.3

Invalid responses include no response.

65S2) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Type 2 Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	17	90	2	67	25	83.3
2 Yes	2	29	2	11	1	33	5	16.7
Valid responses =	7	23	19	63	3	10	30	2.4

Invalid responses include no response.

65S3) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Pre-diabetes or insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	50	7	32	1	33	11	34.4
2 Yes	3	50	15	68	2	67	21	65.6
Valid responses =	6	19	22	69	3	9	32	2.6

Invalid responses include no response.

65S4) You indicated that you had been diagnosed with Diabetes or Pre-Diabetes. Were you told that you had:

(only includes students that have been diagnosed with Diabetes or Pre-Diabetes)

Gestational Diabetes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	6	100	19	100	3	100	29	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	6	21	19	66	3	10	29	2.3

Invalid responses include no response.

65T1) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	41	77	147	51	14	82	203	56.7
2 Yes	12	23	139	49	3	18	155	43.3
Valid responses =	53	15	286	80	17	5	358	28.8

Invalid responses include no response.

65T2) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	40	31	22	7	29	52	25.6
2 Yes	21	60	111	78	17	71	151	74.4
Valid responses =	35	17	142	70	24	12	203	16.3

Invalid responses include no response.

R65T3) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	43	1	100	5	55.6
2 Yes	0	0	4	57	0	0	4	44.4
Valid responses =	1	11	7	78	1	11	9	0.7

Invalid responses include no response.



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65T4) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	9	53	61	64	7	64	78	62.4
2 Yes	8	47	35	37	4	36	47	37.6
Valid responses =	17	14	96	77	11	9	125	10.0

Invalid responses include no response.

65T5) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	28	78	73	65	7	64	110	67.9
2 Yes	8	22	39	35	4	36	52	32.1
Valid responses =	36	22	112	69	11	7	162	13.0

Invalid responses include no response.

65T6) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	50	79	165	65	25	83	244	69.3
2 Yes	13	21	89	35	5	17	108	30.7
Valid responses =	63	18	254	72	30	9	352	28.3

Invalid responses include no response.

65T7) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	18	35	108	25	9	18	136	25.0
2 Yes	33	65	327	75	41	82	407	75.0
Valid responses =	51	9	435	80	50	9	543	43.6

Invalid responses include no response.

65T8) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	20	71	75	59	13	77	109	63.0
2 Yes	8	29	52	41	4	24	64	37.0
Valid responses =	28	16	127	73	17	10	173	13.9

Invalid responses include no response.

65T9) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Autism Spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	71	6	35	6	40	17	43.6
2 Yes	2	29	11	65	9	60	22	56.4
Valid responses =	7	18	17	44	15	38	39	3.1

Invalid responses include no response.

65T10) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	13	1	33	4	14.3
2 Yes	0	0	21	88	2	67	24	85.7
Valid responses =	0	0	24	86	3	11	28	2.3

Invalid responses include no response.



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65T11) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	29	1	50	6	31.6
2 Yes	0	0	12	71	1	50	13	68.4
Valid responses =	0	0	17	89	2	11	19	1.5
Invalid responses include no response.								

65T12) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	50	0	0	4	36.4
2 Yes	1	100	4	50	2	100	7	63.6
Valid responses =	1	9	8	73	2	18	11	0.9
Invalid responses include no response.								

65T13) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	5	46	0	0	5	41.7
2 Yes	0	0	6	55	1	100	7	58.3
Valid responses =	0	0	11	92	1	8	12	1.0
Invalid responses include no response.								

65T14) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	42	23	25	2	17	31	26.7
2 Yes	7	58	68	75	10	83	85	73.3
Valid responses =	12	10	91	78	12	10	116	9.3
Invalid responses include no response.								

65T15) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	12	31	87	28	10	22	109	27.7
2 Yes	27	69	219	72	35	78	284	72.3
Valid responses =	39	10	306	78	45	11	393	31.6
Invalid responses include no response.								

65T16) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	29	5	23	0	0	7	21.2
2 Yes	5	71	17	77	3	100	26	78.8
Valid responses =	7	21	22	67	3	9	33	2.7
Invalid responses include no response.								

65T17) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	33	54	2	29	35	49.3
2 Yes	2	100	28	46	5	71	36	50.7
Valid responses =	2	3	61	86	7	10	71	5.7
Invalid responses include no response.								



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65T18) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	10	48	0	0	10	45.5
2 Yes	0	0	11	52	1	100	12	54.5
Valid responses =	0	0	21	95	1	5	22	1.8
Invalid responses include no response.								

65T19) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2
Invalid responses include no response.								

65T20) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	50	0	0	3	42.9
2 Yes	1	100	3	50	0	0	4	57.1
Valid responses =	1	14	6	86	0	0	7	0.6
Invalid responses include no response.								

65T21) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	23	42	4	57	30	42.3
2 Yes	5	63	32	58	3	43	41	57.7
Valid responses =	8	11	55	77	7	10	71	5.7
Invalid responses include no response.								

65T22) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	100	12	27	1	17	16	29.6
2 Yes	0	0	33	73	5	83	38	70.4
Valid responses =	3	6	45	83	6	11	54	4.3
Invalid responses include no response.								

65T23) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	100	0	0	3	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	1	33	2	67	0	0	3	0.2
Invalid responses include no response.								

65T24) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	17	9	30	0	0	10	25.0
2 Yes	5	83	21	70	3	100	30	75.0
Valid responses =	6	15	30	75	3	8	40	3.2
Invalid responses include no response.								



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65T25) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	8	36	1	50	9	32.1
2 Yes	4	100	14	64	1	50	19	67.9
Valid responses =	4	14	22	79	2	7	28	2.3

Invalid responses include no response.

65T26) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	100	0	0	2	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65T27) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	38	0	0	3	37.5
2 Yes	0	0	5	63	0	0	5	62.5
Valid responses =	0	0	8	100	0	0	8	0.6

Invalid responses include no response.

65T28) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	25	24	35	7	58	35	38.9
2 Yes	6	75	44	65	5	42	55	61.1
Valid responses =	8	9	68	76	12	13	90	7.2

Invalid responses include no response.

65T29) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	75	21	37	2	50	26	39.4
2 Yes	1	25	36	63	2	50	40	60.6
Valid responses =	4	6	57	86	4	6	66	5.3

Invalid responses include no response.

65T41) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Long COVID or having a Post-COVID Condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	8	66.7	1	25	10	55.6
2 Yes	1	50	4	33.3	3	75	8	44.4
Valid responses =	2	11	12	67	4	22	18	1.4

Invalid responses include no response.

65T30) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	8	67	58	37	8	50	74	39.6
2 Yes	4	33	100	63	8	50	113	60.4
Valid responses =	12	6	158	84	16	9	187	15.0

Invalid responses include no response.



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65T31) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	25	32	5	42	31	32.6
2 Yes	3	75	53	68	7	58	64	67.4
Valid responses =	4	4	78	82	12	13	95	7.6

Invalid responses include no response.

65T32) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	12	24	1	50	14	25.9
2 Yes	0	0	39	77	1	50	40	74.1
Valid responses =	0	0	51	94	2	4	54	4.3

Invalid responses include no response.

65T33) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

PTSD (Posttraumatic Stress Disorder), Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	16	24	3	19	21	23.9
2 Yes	2	50	51	76	13	81	67	76.1
Valid responses =	4	5	67	76	16	18	88	7.1

Invalid responses include no response.

65T34) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	50.0
2 Yes	1	100	0	0	0	0	1	50.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.

65T35) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	54	0	0	7	43.8
2 Yes	3	100	6	46	0	0	9	56.3
Valid responses =	3	19	13	81	0	0	16	1.3

Invalid responses include no response.

65T36) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	14	1	33	5	15.2
2 Yes	2	100	24	86	2	67	28	84.8
Valid responses =	2	6	28	85	3	9	33	2.7

Invalid responses include no response.

65T37) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	2	100	2	100	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	2	33	2	33	6	0.5

Invalid responses include no response.



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65T38) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	67	7	70	0	0	11	68.8
2 Yes	2	33	3	30	0	0	5	31.3
Valid responses =	6	38	10	63	0	0	16	1.3

Invalid responses include no response.

65T39) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	4	29	0	0	5	29.4
2 Yes	1	50	10	71	1	100	12	70.6
Valid responses =	2	12	14	82	1	6	17	1.4

Invalid responses include no response.

65T40) Have you had an appointment and/or discussion with a healthcare or mental health professional for the following condition(s) within the last 12 months?

(only includes students that have been diagnosed with this condition)

Other ongoing or chronic condition not listed above

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	5	63	28	41	3	25	36	40.4
2 Yes	3	38	40	59	9	75	53	59.6
Valid responses =	8	9	68	76	12	13	89	7.2

Invalid responses include no response.

65U2) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	12	11	0	0	13	8.6
2 Medicine only	8	38	45	41	8	47	61	40.4
3 Therapy only	0	0	8	7	3	18	11	7.3
4 Both medicine and therapy	13	62	46	41	6	35	66	43.7
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	21	14	111	74	17	11	151	12.1

Invalid responses include no response.

R65U3) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	2	50	0	0	2	50.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	2	50	0	0	2	50.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	4	100	0	0	4	0.3

Invalid responses include no response.

65U7) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	6	11	3	3	7	16	3.9
2 Medicine only	10	30	96	29	9	22	117	28.7
3 Therapy only	2	6	50	15	9	22	62	15.2
4 Both medicine and therapy	18	55	169	52	20	49	210	51.6
5 Other Treatment	1	3	1	0	0	0	2	0.5
Valid responses =	33	8	327	80	41	10	407	32.7

Invalid responses include no response.



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65U9) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	1	9	2	22	4	18.2
2 Medicine only	0	0	0	0	1	11	1	4.5
3 Therapy only	1	50	8	73	5	56	14	63.6
4 Both medicine and therapy	0	0	2	18	1	11	3	13.6
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	9	11	50	9	41	22	1.8

Invalid responses include no response.

65U10) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	3	14	0	0	3	12.5
2 Medicine only	0	0	0	0	2	100	2	8.3
3 Therapy only	0	0	3	14	0	0	3	12.5
4 Both medicine and therapy	0	0	15	71	0	0	16	66.7
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	21	88	2	8	24	1.9

Invalid responses include no response.

65U11) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	1	8	0	0	1	7.7
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	2	17	1	100	3	23.1
4 Both medicine and therapy	0	0	9	75	0	0	9	69.2
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	12	92	1	8	13	1.0

Invalid responses include no response.

65U15) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	7	9	4	2	6	13	4.6
2 Medicine only	7	26	58	27	10	29	75	26.4
3 Therapy only	1	4	31	14	7	20	39	13.7
4 Both medicine and therapy	17	63	121	55	16	46	157	55.3
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	27	10	219	77	35	12	284	22.8

Invalid responses include no response.

65U17) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	4	14	1	20	6	16.7
2 Medicine only	1	50	5	18	0	0	6	16.7
3 Therapy only	0	0	12	43	4	80	17	47.2
4 Both medicine and therapy	0	0	5	18	0	0	5	13.9
5 Other Treatment	0	0	2	7	0	0	2	5.6
Valid responses =	2	6	28	78	5	14	36	2.9

Invalid responses include no response.



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65U19) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65U28) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	2	33	4	9	1	20	7	12.7
2 Medicine only	3	50	24	55	3	60	30	54.5
3 Therapy only	0	0	4	9	1	20	5	9.1
4 Both medicine and therapy	1	17	11	25	0	0	12	21.8
5 Other Treatment	0	0	1	2	0	0	1	1.8
Valid responses =	6	11	44	80	5	9	55	4.4

Invalid responses include no response.

65U31) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	6	11	0	0	6	9.4
2 Medicine only	0	0	8	15	2	29	10	15.6
3 Therapy only	1	33	14	26	3	43	18	28.1
4 Both medicine and therapy	2	67	25	47	2	29	30	46.9
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	3	5	53	83	7	11	64	5.1

Invalid responses include no response.

65U33) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	4	8	0	0	5	7.5
2 Medicine only	0	0	2	4	1	8	3	4.5
3 Therapy only	0	0	22	43	7	54	30	44.8
4 Both medicine and therapy	1	50	23	45	5	39	29	43.3
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	3	51	76	13	19	67	5.4

Invalid responses include no response.

65U34) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	1	100	0	0	0	0	1	100.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	1	100	0	0	0	0	1	0.1

Invalid responses include no response.



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65U37) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	0	0	0	0	0	0	0	0.0
2 Medicine only	0	0	0	0	0	0	0	0.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	0	0	0	0	0	0.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65U38) In the last 12 months, what treatment(s), if any, have you used for the following conditions?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No treatment	1	50	2	67	0	0	3	60.0
2 Medicine only	1	50	0	0	0	0	1	20.0
3 Therapy only	0	0	0	0	0	0	0	0.0
4 Both medicine and therapy	0	0	1	33	0	0	1	20.0
5 Other Treatment	0	0	0	0	0	0	0	0.0
Valid responses =	2	40	3	60	0	0	5	0.4

Invalid responses include no response.

65W1) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	4	33	14	10	1	33	19	12.3
2 Yes	8	67	125	90	2	67	136	87.7
Valid responses =	12	8	139	90	3	2	155	12.5

Invalid responses include no response.

65W4) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	38	15	43	1	25	19	40.4
2 Yes	5	63	20	57	3	75	28	59.6
Valid responses =	8	17	35	74	4	9	47	3.8

Invalid responses include no response.

65W5) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	13	17	44	2	50	20	38.5
2 Yes	7	88	22	56	2	50	32	61.5
Valid responses =	8	15	39	75	4	8	52	4.2

Invalid responses include no response.

65W6) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	3	23	33	37	2	40	38	35.2
2 Yes	10	77	56	63	3	60	70	64.8
Valid responses =	13	12	89	82	5	5	108	8.7

Invalid responses include no response.

65W8) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	25	11	21	1	25	14	21.9
2 Yes	6	75	41	79	3	75	50	78.1
Valid responses =	8	13	52	81	4	6	64	5.1

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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65W12) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	25	0	0	2	28.6
2 Yes	0	0	3	75	2	100	5	71.4
Valid responses =	1	14	4	57	2	29	7	0.6

Invalid responses include no response.

65W13) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	17	0	0	1	14.3
2 Yes	0	0	5	83	1	100	6	85.7
Valid responses =	0	0	6	86	1	14	7	0.6

Invalid responses include no response.

65W14) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	14	10	15	4	40	15	17.6
2 Yes	6	86	58	85	6	60	70	82.4
Valid responses =	7	8	68	80	10	12	85	6.8

Invalid responses include no response.

65W16) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	12	0	0	2	7.7
2 Yes	5	100	15	88	3	100	24	92.3
Valid responses =	5	19	17	65	3	12	26	2.1

Invalid responses include no response.

65W18) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	18	0	0	2	16.7
2 Yes	0	0	9	82	1	100	10	83.3
Valid responses =	0	0	11	92	1	8	12	1.0

Invalid responses include no response.

65W20) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	3	100	0	0	4	100.0
Valid responses =	1	25	3	75	0	0	4	0.3

Invalid responses include no response.

65W21) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	20	1	3	1	33	4	9.8
2 Yes	4	80	31	97	2	67	37	90.2
Valid responses =	5	12	32	78	3	7	41	3.3

Invalid responses include no response.



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65W22) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	9	27	1	20	10	26.3
2 Yes	0	0	24	73	4	80	28	73.7
Valid responses =	0	0	33	87	5	13	38	3.1

Invalid responses include no response.

65W23) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W24) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	20	6	29	1	33	8	26.7
2 Yes	4	80	15	71	2	67	22	73.3
Valid responses =	5	17	21	70	3	10	30	2.4

Invalid responses include no response.

65W25) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	29	1	100	5	26.3
2 Yes	4	100	10	71	0	0	14	73.7
Valid responses =	4	21	14	74	1	5	19	1.5

Invalid responses include no response.

65W26) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65W27) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	20	0	0	1	20.0
2 Yes	0	0	4	80	0	0	4	80.0
Valid responses =	0	0	5	100	0	0	5	0.4

Invalid responses include no response.

65W29) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	9	25	1	50	11	27.5
2 Yes	1	100	27	75	1	50	29	72.5
Valid responses =	1	3	36	90	2	5	40	3.2

Invalid responses include no response.



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65W30) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	25	17	17	2	25	20	17.9
2 Yes	3	75	82	83	6	75	92	82.1
Valid responses =	4	4	99	88	8	7	112	9.0

Invalid responses include no response.

65W32) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	15	0	0	6	15.0
2 Yes	0	0	33	85	1	100	34	85.0
Valid responses =	0	0	39	98	1	3	40	3.2

Invalid responses include no response.

65W35) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	17	0	0	1	11.1
2 Yes	3	100	5	83	0	0	8	88.9
Valid responses =	3	33	6	67	0	0	9	0.7

Invalid responses include no response.

65W36) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	8	1	50	3	10.7
2 Yes	2	100	22	92	1	50	25	89.3
Valid responses =	2	7	24	86	2	7	28	2.3

Invalid responses include no response.

65W39) Have you received treatment for the following condition(s) by a healthcare or mental health professional within the last 12 months?

(only includes students that have had an appointment/discussion with a healthcare/mental health professional for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	30	0	0	3	25.0
2 Yes	1	100	7	70	1	100	9	75.0
Valid responses =	1	8	10	83	1	8	12	1.0

Invalid responses include no response.

65X1) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Acne

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	50	8	57	1	100	11	57.9
2 Yes	2	50	6	43	0	0	8	42.1
Valid responses =	4	21	14	74	1	5	19	1.5

Invalid responses include no response.

65X2) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

ADD/ADHD - Attention Deficit/Hyperactivity Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	8	67	0	0	8	61.5
2 Yes	0	0	4	33	0	0	5	38.5
Valid responses =	0	0	12	92	0	0	13	1.0

Invalid responses include no response.



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R65X3) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Alcohol or Other Substance Use Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65X4) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - food allergy

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	5	33	1	100	8	44.4
2 Yes	0	0	10	67	0	0	10	55.6
Valid responses =	2	11	15	83	1	6	18	1.4

Invalid responses include no response.

65X5) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - animals/pets

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	12	75	1	50	13	72.2
2 Yes	0	0	4	25	1	50	5	27.8
Valid responses =	0	0	16	89	2	11	18	1.4

Invalid responses include no response.

65X6) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Allergies - environmental (for example: pollen, grass, dust, mold)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	50	23	72	1	50	25	69.4
2 Yes	1	50	9	28	1	50	11	30.6
Valid responses =	2	6	32	89	2	6	36	2.9

Invalid responses include no response.

65X7) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	6	55	3	100	11	68.8
2 Yes	0	0	5	46	0	0	5	31.3
Valid responses =	2	13	11	69	3	19	16	1.3

Invalid responses include no response.

65X8) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Asthma

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	4	36	1	100	6	46.2
2 Yes	0	0	7	64	0	0	7	53.8
Valid responses =	1	8	11	85	1	8	13	1.0

Invalid responses include no response.

65X9) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?
(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Autism spectrum

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	1	100	1	50	3	75.0
2 Yes	0	0	0	0	1	50	1	25.0
Valid responses =	1	25	1	25	2	50	4	0.3

Invalid responses include no response.



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65X10) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	2	67	0	0	2	66.7
2 Yes	0	0	1	33	0	0	1	33.3
Valid responses =	0	0	3	100	0	0	3	0.2

Invalid responses include no response.

65X11) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X12) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Cancer

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	1	100	1	100	0	0	2	100.0
Valid responses =	1	50	1	50	0	0	2	0.2

Invalid responses include no response.

65X13) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Celiac disease

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X14) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Chronic pain (for example: back or joint pain, arthritis, nerve pain)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	7	70	2	50	9	60.0
2 Yes	1	100	3	30	2	50	6	40.0
Valid responses =	1	7	10	67	4	27	15	1.2

Invalid responses include no response.

65X15) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	5	56	2	100	9	69.2
2 Yes	0	0	4	44	0	0	4	30.8
Valid responses =	2	15	9	69	2	15	13	1.0

Invalid responses include no response.

65X16) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Diabetes or pre-diabetes/insulin resistance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

American College Health Association-National College Health Assessment (ACHA-NCHA III)

Institutional Data Report - Spring 2026

American College Health Association

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UNIVERSITY OF NORTHERN IOWA

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Number of Surveys (n) = 1244 Web Surveys

65X17) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	75	1	100	5	83.3
2 Yes	0	0	1	25	0	0	1	16.7
Valid responses =	1	17	4	67	1	17	6	0.5

Invalid responses include no response.

65X18) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Endometriosis

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	50.0
2 Yes	0	0	1	50	0	0	1	50.0
Valid responses =	0	0	2	100	0	0	2	0.2

Invalid responses include no response.

65X19) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gambling Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X20) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Genital herpes

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X21) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Gastroesophageal Reflux Disease (GERD) or acid reflux

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	1	100	3	75.0
2 Yes	1	100	0	0	0	0	1	25.0
Valid responses =	1	25	1	25	1	25	4	0.3

Invalid responses include no response.

65X22) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	33	1	100	4	40.0
2 Yes	0	0	6	67	0	0	6	60.0
Valid responses =	0	0	9	90	1	10	10	0.8

Invalid responses include no response.

65X23) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Hepatitis B or C

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



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65X24) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High blood pressure (hypertension)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	3	50	1	100	5	62.5
2 Yes	0	0	3	50	0	0	3	37.5
Valid responses =	1	13	6	75	1	13	8	0.6

Invalid responses include no response.

65X25) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

High cholesterol (hyperlipidemia)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3	75	1	100	4	80.0
2 Yes	0	0	1	25	0	0	1	20.0
Valid responses =	0	0	4	80	1	20	5	0.4

Invalid responses include no response.

65X26) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

HIV or AIDS

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X27) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Human papillomavirus (HPV) or genital warts

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	1	100	0	0	1	100.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X28) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Insomnia

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	2	100	3	75	1	100	6	85.7
2 Yes	0	0	1	25	0	0	1	14.3
Valid responses =	2	29	4	57	1	14	7	0.6

Invalid responses include no response.

65X29) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Irritable bowel syndrome (spastic colon or spastic bowel)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	67	0	0	6	54.5
2 Yes	0	0	3	33	1	100	5	45.5
Valid responses =	0	0	9	82	1	9	11	0.9

Invalid responses include no response.

65X30) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Migraine headaches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	12	80	2	100	14	77.8
2 Yes	1	100	3	20	0	0	4	22.2
Valid responses =	1	6	15	83	2	11	18	1.4

Invalid responses include no response.



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65X31) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	4	67	0	0	4	66.7
2 Yes	0	0	2	33	0	0	2	33.3
Valid responses =	0	0	6	100	0	0	6	0.5

Invalid responses include no response.

65X32) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Polycystic Ovarian Syndrome (PCOS)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	6	100	0	0	6	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	6	100	0	0	6	0.5

Invalid responses include no response.

65X33) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1	100	2	50	0	0	3	60.0
2 Yes	0	0	2	50	0	0	2	40.0
Valid responses =	1	20	4	80	0	0	5	0.4

Invalid responses include no response.

65X34) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.

65X35) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Sleep Apnea

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	100	0	0	1	100.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	1	100	0	0	1	0.1

Invalid responses include no response.

65X36) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Thyroid condition or disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	2	100	1	100	3	100.0
Valid responses =	0	0	2	67	1	33	3	0.2

Invalid responses include no response.

65X37) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Tourette's or other neurodevelopmental condition not already listed

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	0	0	0	0	0	0.0
2 Yes	0	0	0	0	0	0	0	0.0
Valid responses =	0	0	0	0	0	0	0	0.0

Invalid responses include no response.



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65X38) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Traumatic brain injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	50	0	0	1	33.3
2 Yes	1	100	1	50	0	0	2	66.7
Valid responses =	1	33	2	67	0	0	3	0.2

Invalid responses include no response.

65X39) Did a healthcare or mental health professional tell you that you do not need treatment, or that you can stop treatment, for the following conditions?

(only includes students that have had an appointment/discussion, but have not received treatment for the condition within the last 12 months)

Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	1	33	0	0	1	33.3
2 Yes	0	0	2	67	0	0	2	66.7
Valid responses =	0	0	3	100	0	0	3	0.2

Invalid responses include no response.

65Y) Within the last 12 months, to what extent did your ongoing or chronic condition(s) negatively affect your academic performance?

(only includes students with an ongoing or chronic condition)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not affect academic performance	119	74	421	58	23	34	568	59.0
2 Negatively impacted performance in a class	38	24	266	37	38	56	346	36.0
3 Delayed progress towards degree	5	3	36	5	7	10	48	5.0
Valid responses =	162	17	723	75	68	7	962	77.3

Invalid responses include no response.

66A) Within the last 12 months, have any of the following affected your academic performance?

Assault (physical)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	247	98	865	97	74	96	1198	97.1
2 Did not affect academic performance	6	2	21	2	1	1	28	2.3
3 Negatively impacted performance in a class	0	0	4	0	2	3	6	0.5
4 Delayed progress towards degree	0	0	1	0	0	0	2	0.2
Valid responses =	253	21	891	72	77	6	1234	99.2

Invalid responses include no response.

66B) Within the last 12 months, have any of the following affected your academic performance?

Assault (sexual)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	250	99	847	95	67	87	1176	95.2
2 Did not affect academic performance	3	1	32	4	4	5	39	3.2
3 Negatively impacted performance in a class	0	0	12	1	6	8	18	1.5
4 Delayed progress towards degree	0	0	2	0	0	0	2	0.2
Valid responses =	253	20	893	72	77	6	1235	99.3

Invalid responses include no response.

66C) Within the last 12 months, have any of the following affected your academic performance?

Allergies

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	156	62	558	63	41	53	763	62.2
2 Did not affect academic performance	92	36	307	35	32	42	435	35.5
3 Negatively impacted performance in a class	5	2	17	2	4	5	26	2.1
4 Delayed progress towards degree	0	0	3	0	0	0	3	0.2
Valid responses =	253	21	885	72	77	6	1227	98.6

Invalid responses include no response.



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66D) Within the last 12 months, have any of the following affected your academic performance?

Anxiety

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	120	48	211	24	9	12	344	27.9
2 Did not affect academic performance	94	37	385	43	24	31	507	41.2
3 Negatively impacted performance in a class	37	15	264	30	40	52	344	27.9
4 Delayed progress towards degree	1	0	31	4	4	5	37	3.0
Valid responses =	252	20	891	72	77	6	1232	99.0

Invalid responses include no response.

66E) Within the last 12 months, have any of the following affected your academic performance?

Attention-Deficit/Hyperactivity Disorder (ADHD) or Attention-Deficit Disorder (ADD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	202	80	694	78	45	58	950	77.3
2 Did not affect academic performance	24	10	83	9	7	9	115	9.4
3 Negatively impacted performance in a class	22	9	96	11	21	27	141	11.5
4 Delayed progress towards degree	4	2	15	2	4	5	23	1.9
Valid responses =	252	21	888	72	77	6	1229	98.8

Invalid responses include no response.

66F) Within the last 12 months, have any of the following affected your academic performance?

Concussion or Traumatic Brain Injury (TBI)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	243	96	839	94	73	95	1167	94.6
2 Did not affect academic performance	5	2	27	3	2	3	34	2.8
3 Negatively impacted performance in a class	5	2	22	3	2	3	29	2.4
4 Delayed progress towards degree	0	0	3	0	0	0	3	0.2
Valid responses =	253	21	891	72	77	6	1233	99.1

Invalid responses include no response.

66S) Within the last 12 months, have any of the following affected your academic performance?

COVID-19

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	243	96	827	93	72	94	1151	93.4
2 Did not affect academic performance	8	3	44	5	3	4	56	4.5
3 Negatively impacted performance in a class	2	1	19	2	1	1	24	1.9
4 Delayed progress towards degree	0	0	0	0	1	1	1	0.1
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

66G) Within the last 12 months, have any of the following affected your academic performance?

Depression

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	187	74	533	60	25	33	753	61.3
2 Did not affect academic performance	35	14	172	19	20	26	229	18.6
3 Negatively impacted performance in a class	27	11	158	18	27	35	214	17.4
4 Delayed progress towards degree	3	1	25	3	5	7	33	2.7
Valid responses =	252	21	888	72	77	6	1229	98.8

Invalid responses include no response.

66H) Within the last 12 months, have any of the following affected your academic performance?

Eating disorder/problem

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	235	93	756	85	52	68	1051	85.4
2 Did not affect academic performance	13	5	108	12	18	23	142	11.5
3 Negatively impacted performance in a class	3	1	23	3	6	8	33	2.7
4 Delayed progress towards degree	1	0	3	0	1	1	5	0.4
Valid responses =	252	20	890	72	77	6	1231	99.0

Invalid responses include no response.



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66I) Within the last 12 months, have any of the following affected your academic performance?

Headaches/migraines

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	182	72	496	56	37	48	723	58.6
2 Did not affect academic performance	58	23	267	30	21	27	350	28.4
3 Negatively impacted performance in a class	13	5	120	14	17	22	150	12.2
4 Delayed progress towards degree	0	0	9	1	2	3	11	0.9
Valid responses =	253	21	892	72	77	6	1234	99.2

Invalid responses include no response.

66J) Within the last 12 months, have any of the following affected your academic performance?

Influenza or influenza like illness (the flu)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	211	84	721	81	57	74	998	81.2
2 Did not affect academic performance	31	12	123	14	6	8	161	13.1
3 Negatively impacted performance in a class	10	4	41	5	13	17	66	5.4
4 Delayed progress towards degree	0	0	3	0	1	1	4	0.3
Valid responses =	252	21	888	72	77	6	1229	98.8

Invalid responses include no response.

66K) Within the last 12 months, have any of the following affected your academic performance?

Injury (for example: burn, sprain, or broken bone) excluding concussion or TBI

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	224	89	801	90	67	88	1104	89.5
2 Did not affect academic performance	24	10	69	8	6	8	99	8.0
3 Negatively impacted performance in a class	5	2	21	2	2	3	28	2.3
4 Delayed progress towards degree	0	0	1	0	1	1	2	0.2
Valid responses =	253	21	892	72	76	6	1233	99.1

Invalid responses include no response.

66L) Within the last 12 months, have any of the following affected your academic performance?

PMS (Premenstrual Syndrome), painful periods, or menstrual cramping

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	253	100	527	59	50	65	837	67.9
2 Did not affect academic performance	0	0	268	30	21	27	293	23.8
3 Negatively impacted performance in a class	0	0	89	10	6	8	96	7.8
4 Delayed progress towards degree	0	0	6	1	0	0	6	0.5
Valid responses =	253	21	890	72	77	6	1232	99.0

Invalid responses include no response.

66M) Within the last 12 months, have any of the following affected your academic performance?

Post Traumatic Stress Disorder (PTSD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	247	98	822	93	55	71	1133	92.3
2 Did not affect academic performance	3	1	38	4	12	16	54	4.4
3 Negatively impacted performance in a class	1	0	24	3	8	10	34	2.8
4 Delayed progress towards degree	0	0	5	1	2	3	7	0.6
Valid responses =	251	20	889	72	77	6	1228	98.7

Invalid responses include no response.

66N) Within the last 12 months, have any of the following affected your academic performance?

Short-term illness, excluding upper respiratory illness and influenza

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	206	81	691	78	58	75	965	78.5
2 Did not affect academic performance	40	16	137	15	8	10	186	15.1
3 Negatively impacted performance in a class	7	3	57	6	11	14	76	6.2
4 Delayed progress towards degree	0	0	2	0	0	0	2	0.2
Valid responses =	253	21	887	72	77	6	1229	98.8

Invalid responses include no response.



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Number of Surveys (n) = 1244 Web Surveys

66O) Within the last 12 months, have any of the following affected your academic performance?
Upper respiratory illness (for example: sinus infection, colds, or sore throat, etc.)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	189	75	559	63	47	61	805	65.6
2 Did not affect academic performance	51	20	234	26	19	25	305	24.8
3 Negatively impacted performance in a class	11	4	89	10	10	13	111	9.0
4 Delayed progress towards degree	1	0	5	1	1	1	7	0.6
Valid responses =	252	21	887	72	77	6	1228	98.7

Invalid responses include no response.

66P) Within the last 12 months, have any of the following affected your academic performance?
Sleep difficulties

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	139	55	410	46	21	27	574	46.6
2 Did not affect academic performance	67	27	300	34	30	39	402	32.6
3 Negatively impacted performance in a class	46	18	167	19	24	31	240	19.5
4 Delayed progress towards degree	1	0	14	2	2	3	17	1.4
Valid responses =	253	21	891	72	77	6	1233	99.1

Invalid responses include no response.

66Q) Within the last 12 months, have any of the following affected your academic performance?
Stress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	72	29	140	16	3	4	217	17.6
2 Did not affect academic performance	122	48	435	49	25	33	589	47.7
3 Negatively impacted performance in a class	57	23	293	33	48	62	401	32.5
4 Delayed progress towards degree	2	1	24	3	1	1	27	2.2
Valid responses =	253	21	892	72	77	6	1234	99.2

Invalid responses include no response.

66R) Within the last 12 months, have any of the following affected your academic performance?
Other issue not previously reported

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not experience this issue	213	100	651	99	54	100	928	98.7
2 Did not affect academic performance	1	1	4	1	0	0	6	0.6
3 Negatively impacted performance in a class	0	0	5	1	0	0	5	0.5
4 Delayed progress towards degree	0	0	1	0	0	0	1	0.1
Valid responses =	214	23	661	70	54	6	940	75.6

Invalid responses include no response.

67A) What sex were you assigned at birth?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Female	0	0	895	100	66	86	968	78.4
2 Male	253	100	0	0	9	12	264	21.4
3 Intersex	0	0	0	0	2	3	2	0.2
Valid responses =	253	21	895	73	77	6	1234	99.2

Invalid responses include no response.

67B) Do you identify as transgender?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	895	100	25	33	1178	95.6
2 Yes	0	0	0	0	52	68	54	4.4
Valid responses =	253	21	895	73	77	6	1232	99.0

Invalid responses include no response.

67C) Which term do you use to describe your gender identity?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Woman or female	0	0	895	100	11	14	907	73.4
2 Man or male	253	100	0	0	4	5	259	21.0
3 Trans woman	0	0	0	0	3	4	3	0.2
4 Trans man	0	0	0	0	14	18	14	1.1
5 Genderqueer	0	0	0	0	5	7	6	0.5
6 My identity is not listed	0	0	0	0	0	0	6	0.5
7 Agender	0	0	0	0	6	8	6	0.5
8 Genderfluid	0	0	0	0	10	13	10	0.8
9 Non-binary	0	0	0	0	23	30	23	1.9
10 Intersex	0	0	0	0	1	1	1	0.1
Valid responses =	253	20	895	72	77	6	1235	99.3

Invalid responses include no response.



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68) What term best describes your sexual orientation?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	1	0	19	2	11	14	32	2.6
2 Bisexual	13	5	101	11	15	20	131	10.6
3 Gay	9	4	0	0	8	10	17	1.4
4 Lesbian	0	0	25	3	9	12	37	3.0
5 Pansexual	4	2	11	1	7	9	22	1.8
6 Queer	2	1	17	2	15	20	34	2.8
7 Questioning	9	4	15	2	0	0	24	1.9
9 Straight/Heterosexual	215	85	703	79	11	14	932	75.6
10 My identity not listed above	0	0	1	0	1	1	3	0.2
Valid responses =	253	21	892	72	77	6	1232	99.0

Invalid responses include no response.

69) How old are you?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 18 Years	32	13	126	14	5	7	165	13.6
2 19 Years	57	23	206	24	27	36	291	24.0
3 20 Years	55	22	198	23	16	21	272	22.5
4 21 Years	39	16	144	16	9	12	192	15.9
5 22 Years	29	12	81	9	8	11	118	9.7
6 23 Years	8	3	19	2	3	4	31	2.6
7 24 Years	4	2	16	2	3	4	23	1.9
8 25 Years	3	1	13	2	2	3	18	1.5
9 26 to 30 Years	6	2	19	2	1	1	26	2.1
10 31 to 40 Years	9	4	29	3	2	3	42	3.5
11 41 or More Years	5	2	27	3	0	0	33	2.7
Valid responses =	247	20	878	73	76	6	1211	97.3

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	21.47	20.00	5.33	18	54
Cis Women	21.56	20.00	5.78	18	58
Trans/Gender Non-conforming	20.84	20.00	3.42	18	39
Overall	21.53	20.00	5.62	18	58

71) What is your weight in pounds?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 51 to 100 Pounds	0	0	19	2	1	1	21	1.7
2 101 to 150 Pounds	60	24	454	52	38	51	554	46.1
3 151 to 200 Pounds	116	46	273	31	23	31	414	34.4
4 201 to 250 Pounds	59	24	88	10	9	12	157	13.1
5 251 to 300 Pounds	6	2	30	3	2	3	38	3.2
6 301 or More Pounds	9	4	6	1	1	1	18	1.5
Valid responses =	250	21	870	72	74	6	1202	96.6

Invalid responses include no response.

	Mean	Median	Std Dev	Min	Max
Cis Men	186.94	180.00	44.36	114	385
Cis Women	159.11	150.00	43.17	62	395
Trans/Gender Non-conforming	162.07	150.00	46.1	100	340
Overall	165.35	155.00	45.46	62	395



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72) What is your year in school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	65	26	222	25	20	26	310	25.1
2 2nd year undergraduate	54	21	190	21	17	22	265	21.5
3 3rd year undergraduate	70	28	232	26	21	27	324	26.2
4 4th year undergraduate	43	17	136	15	11	14	191	15.5
5 5th year or more undergraduate	5	2	18	2	4	5	27	2.2
6 Master's (MA, MS, etc.)	12	5	78	9	2	3	93	7.5
7 Doctorate (PhD, EdD, MD, JD, etc.)	1	0	7	1	1	1	10	0.8
8 Not seeking a degree	1	0	2	0	0	0	3	0.2
9 Other (please specify):	2	1	8	1	1	1	12	1.0
Valid responses =	253	20	893	72	77	6	1235	99.3

Invalid responses include no response.

73) What is your enrollment status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	225	89	819	92	74	97	1128	91.6
2 Part-time	27	11	65	7	2	3	97	7.9
3 Other	1	0	6	1	0	0	7	0.6
Valid responses =	253	21	890	72	76	6	1232	99.0

Invalid responses include no response.

73A) I am taking classes this term:

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Entirely in-person	158	63	444	50	50	65	660	53.4
2 Entirely online	16	6	98	11	3	4	118	9.5
3 A mix of in-person and online classes	79	31	351	39	24	31	458	37.1
Valid responses =	253	20	893	72	77	6	1236	99.4

Invalid responses include no response.

73B1) How likely is it that you will:

Leave your school before graduating and transfer to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	4	2	20	2	1	1	25	2.0
2 Moderately likely	5	2	10	1	2	3	17	1.4
3 Slightly likely	10	4	21	2	0	0	33	2.7
4 Slightly unlikely	5	2	25	3	2	3	32	2.6
5 Moderately unlikely	21	8	70	8	5	7	96	7.8
6 Very unlikely	208	82	749	84	67	87	1035	83.6
Valid responses =	253	20	895	72	77	6	1238	99.5

Invalid responses include no response.

73B2) How likely is it that you will:

Leave your school before graduating without transferring to another school?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very likely	3	1	14	2	0	0	17	1.4
2 Moderately likely	2	1	4	0	1	1	7	0.6
3 Slightly likely	4	2	8	1	2	3	15	1.2
4 Slightly unlikely	4	2	11	1	2	3	17	1.4
5 Moderately unlikely	11	4	34	4	7	9	53	4.3
6 Very unlikely	227	90	824	92	64	84	1126	91.2
Valid responses =	251	20	895	72	76	6	1235	99.3

Invalid responses include no response.

73C1) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Lack of safe and/or affordable housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	83	60	88	4	67	84	84.8
2 Yes	4	17	8	12	2	33	15	15.2
Valid responses =	23	23	68	69	6	6	99	8.0

Invalid responses include no response.



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73C2) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Financial concerns other than housing

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	14	61	55	80	2	33	72	72.0
2 Yes	9	39	14	20	4	67	28	28.0
Valid responses =	23	23	69	69	6	6	100	8.0

Invalid responses include no response.

73C3) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Need to take care of family members/children

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	22	96	64	94	5	83	93	93.9
2 Yes	1	4	4	6	1	17	6	6.1
Valid responses =	23	23	68	69	6	6	99	8.0

Invalid responses include no response.

73C4) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Conflicts with work responsibilities/schedule

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	91	62	91	5	83	90	90.9
2 Yes	2	9	6	9	1	17	9	9.1
Valid responses =	23	23	68	69	6	6	99	8.0

Invalid responses include no response.

73C5) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Ongoing physical and/or mental health issues

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	70	51	75	1	17	70	70.7
2 Yes	7	30	17	25	5	83	29	29.3
Valid responses =	23	23	68	69	6	6	99	8.0

Invalid responses include no response.

73C6) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Change in my academic plans and/or professional goals (e.g., institution doesn't have the academic program I want; I may not want my chosen degree anymore)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	65	32	46	3	50	50	50.0
2 Yes	8	35	37	54	3	50	50	50.0
Valid responses =	23	23	69	69	6	6	100	8.0

Invalid responses include no response.

73C7) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Poor academic performance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	21	91	62	91	4	67	89	89.9
2 Yes	2	9	6	9	2	33	10	10.1
Valid responses =	23	23	68	69	6	6	99	8.0

Invalid responses include no response.

73C8) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Negative experience at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	65	57	83	5	83	79	79.0
2 Yes	8	35	12	17	1	17	21	21.0
Valid responses =	23	23	69	69	6	6	100	8.0

Invalid responses include no response.



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73C9) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

I don't feel like I fit in at my college/university

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	15	68	47	69	3	50	67	88.4
2 Yes	7	32	21	31	3	50	31	31.6
Valid responses =	22	22	68	69	6	6	98	7.9

Invalid responses include no response.

73C10) What would be your reason(s) for leaving your current college/university?

(only students that are very, moderately, or slightly likely to leave their school)

Other (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	89	44	88	3	100	64	88.9
2 Yes	2	11	6	12	0	0	8	11.1
Valid responses =	18	25	50	69	3	4	72	5.8

Invalid responses include no response.

74A) Are you studying in the United States this semester/term?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	19	8	81	9	5	7	105	8.5
2 Yes	234	93	809	91	71	93	1126	91.5
Valid responses =	253	21	890	72	76	6	1231	99.0

Invalid responses include no response.

74B) Do you have a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	201	87	697	89	64	93	973	88.4
2 Yes	31	13	91	12	5	7	128	11.6
Valid responses =	232	21	788	72	69	6	1101	88.5

Invalid responses include no response.

74C) Would you need a visa (for example: F-1, J-1, or M-1) to study or work in the United States? (only students that are NOT studying in the U.S. this semester/term)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	16	84	72	89	4	100	92	88.5
2 Yes	3	16	9	11	0	0	12	11.5
Valid responses =	19	18	81	78	4	4	104	8.4

Invalid responses include no response.

75A1) How do you usually describe yourself? (Please select ALL that apply)

American Indian or Alaska Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	248	98	889	99	74	96	1230	98.9
1 Selected	5	2	6	1	3	4	14	1.1
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A2) How do you usually describe yourself? (Please select ALL that apply)

Asian or Asian American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	243	96	856	96	74	96	1192	95.8
1 Selected	10	4	39	4	3	4	52	4.2
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A3) How do you usually describe yourself? (Please select ALL that apply)

Black or African American

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	247	98	858	96	72	94	1196	96.1
1 Selected	6	2	37	4	5	7	48	3.9
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.



AMERICAN COLLEGE HEALTH ASSOCIATION

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75A4) How do you usually describe yourself? (Please select ALL that apply)

Hispanic or Latino/a/x

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	236	93	838	94	70	91	1162	93.4
1 Selected	17	7	57	6	7	9	82	6.6
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A5) How do you usually describe yourself? (Please select ALL that apply)

Middle Eastern/North African (MENA) or Arab Origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	253	100	893	100	76	99	1241	99.8
1 Selected	0	0	2	0	1	1	3	0.2
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A6) How do you usually describe yourself? (Please select ALL that apply)

Native Hawaiian or Other Pacific Islander Native

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	253	100	893	100	77	100	1242	99.8
1 Selected	0	0	2	0	0	0	2	0.2
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A7) How do you usually describe yourself? (Please select ALL that apply)

White

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	28	11	89	10	9	12	136	10.9
1 Selected	225	89	806	90	68	88	1108	89.1
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A8) How do you usually describe yourself? (Please select ALL that apply)

Biracial or Multiracial

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	245	97	874	98	71	92	1209	97.2
1 Selected	8	3	21	2	6	8	35	2.8
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75A9) How do you usually describe yourself? (Please select ALL that apply)

Another Identity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	250	99	894	100	76	99	1239	99.6
1 Selected	3	1	1	0	1	1	5	0.4
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

75B1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Mexican, Mexican American, Chicano

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	3	18	22	39	1	14	26	31.7
1 Selected	14	82	35	61	6	86	56	68.3
Valid responses =	17	21	57	70	7	9	82	6.6

Invalid responses include no response.

75B2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)

Puerto Rican

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	16	94	53	93	6	86	76	92.7
1 Selected	1	6	4	7	1	14	6	7.3
Valid responses =	17	21	57	70	7	9	82	6.6

Invalid responses include no response.



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75B3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Cuban

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	17	100	56	98	7	100	81	98.8
1 Selected	0	0	1	2	0	0	1	1.2
Valid responses =	17	21	57	70	7	9	82	6.6

Invalid responses include no response.

75B4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Hispanic or Latino/a/x)
Another Hispanic, Latino/a/x, or Spanish origin

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	14	82	42	74	5	71	62	75.6
1 Selected	3	18	15	26	2	29	20	24.4
Valid responses =	17	21	57	70	7	9	82	6.6

Invalid responses include no response.

75C1) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
East Asian (for example: Chinese, Japanese, or Korean)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7	70	19	49	0	0	26	50.0
1 Selected	3	30	20	51	3	100	26	50.0
Valid responses =	10	19	39	75	3	6	52	4.2

Invalid responses include no response.

75C2) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Southeast Asian (for example: Cambodian, Vietnamese, Hmong, or Filipino)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	7	70	25	64	2	67	34	65.4
1 Selected	3	30	14	36	1	33	18	34.6
Valid responses =	10	19	39	75	3	6	52	4.2

Invalid responses include no response.

75C3) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
South Asian (for example: Indian, Pakistani, Nepalese, or Sri Lankan)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8	80	33	85	3	100	44	84.6
1 Selected	2	20	6	15	0	0	8	15.4
Valid responses =	10	19	39	75	3	6	52	4.2

Invalid responses include no response.

75C4) Are you? (Please select ALL that apply) (only includes students that describe themselves as Asian or Asian American)
Other Asian

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not selected	8	80	39	100	3	100	50	96.2
1 Selected	2	20	0	0	0	0	2	3.8
Valid responses =	10	19	39	75	3	6	52	4.2

Invalid responses include no response.

76) What is your relationship status?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not in a relationship	129	51	427	48	44	57	607	49.1
2 In relationship not married/partnered	107	42	407	46	30	39	546	44.2
3 Married/partnered	17	7	60	7	3	4	83	6.7
Valid responses =	253	20	894	72	77	6	1236	99.4

Invalid responses include no response.

77A) Are you a member of a social fraternity or sorority?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	97	851	95	75	97	1185	95.8
2 Yes	7	3	43	5	2	3	52	4.2
Valid responses =	253	20	894	72	77	6	1237	99.4

Invalid responses include no response.



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77B) Do you live in a fraternity or sorority residence?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	253	100	884	99	75	99	1225	99.2
2 Yes	0	0	9	1	1	1	10	0.8
Valid responses =	253	20	893	72	76	6	1235	99.3

Invalid responses include no response.

78) Where do you currently live? (only includes students that do not live in a fraternity/sorority residence)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Campus/university housing	138	55	470	53	57	75	674	55.0
2 Parent/guardian/other family member's home	19	8	71	8	6	8	96	7.8
3 Off-campus/non-university housing	93	37	324	37	13	17	433	35.3
4 Temporarily with relative, friend, couch surfing	1	0	4	1	0	0	5	0.4
5 Don't have a place to live	0	0	0	0	0	0	0	0.0
6 Other (please specify)	2	1	16	2	0	0	18	1.5
Valid responses =	253	21	885	72	76	6	1226	98.6

Invalid responses include no response.

79_1) What is your primary source of health insurance? (select all that apply)

I have a college/university Student Health Insurance Plan

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	241	95.3	861	96.2	75	97.4	1195	96.1
1 Selected	12	4.7	34	3.8	2	2.6	49	3.9
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_2) What is your primary source of health insurance? (select all that apply)

I have health insurance through my parent/guardian (or their employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	62	25	204	23	15	20	294	23.6
1 Selected	191	76	691	77	62	81	950	76.4
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_3) What is your primary source of health insurance? (select all that apply)

I have health insurance through my employer (or my spouse/partner's employer)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	237	94	836	93	75	97	1164	93.6
1 Selected	16	6	59	7	2	3	80	6.4
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_4) What is your primary source of health insurance? (select all that apply)

I have health insurance through Medicaid, Medicare, or VA/Tricare

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	229	91	814	91	68	88	1130	90.8
1 Selected	24	10	81	9	9	12	114	9.2
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_5) What is your primary source of health insurance? (select all that apply)

I have health insurance that was purchased from the exchange or an insurance carrier directly

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	251	99	891	100	76	99	1237	99.4
1 Selected	2	1	4	0	1	1	7	0.6
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_9) What is your primary source of health insurance? (select all that apply)

I have health insurance through an embassy or sponsoring agency for international students

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	253	100	895	100	77	100	1244	100.0
1 Selected	0	0	0	0	0	0	0	0.0
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.



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79_10) What is your primary source of health insurance? (select all that apply)

I have health insurance through another source (please specify)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	251	99	885	99	74	96	1229	98.8
1 Selected	2	1	10	1	3	4	15	1.2
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_8) What is your primary source of health insurance? (select all that apply)

I have health insurance, but I don't know the primary source

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	245	97	881	98	77	100	1222	98.2
1 Selected	8	3	14	2	0	0	22	1.8
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_6) What is your primary source of health insurance? (select all that apply)

I don't have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	250	99	873	98	72	94	1213	97.5
1 Selected	3	1	22	3	5	7	31	2.5
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

79_7) What is your primary source of health insurance? (select all that apply)

I don't know if I have health insurance

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Not Selected	251	99	881	98	77	100	1228	98.7
1 Selected	2	1	14	2	0	0	16	1.3
Valid responses =	253	20	895	72	77	6	1244	100.0

Invalid responses include no response.

80) What is your approximate cumulative grade average?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A+	16	6	87	10	6	8	110	8.9
2 A	69	27	329	37	20	26	420	34.1
3 A-	57	23	198	22	22	29	283	23.0
4 B+	41	16	112	13	13	17	168	13.6
5 B	35	14	84	9	5	7	124	10.1
6 B-	15	6	31	4	3	4	49	4.0
7 C+	6	2	20	2	2	3	28	2.3
8 C	8	3	9	1	3	4	20	1.6
9 C-	2	1	4	0	3	4	9	0.7
10 D+	1	0	3	0	0	0	4	0.3
11 D	0	0	2	0	0	0	2	0.2
12 D-	0	0	0	0	0	0	0	0.0
13 F	0	0	1	0	0	0	1	0.1
14 N/A	3	1	10	1	0	0	13	1.1
Valid responses =	253	21	890	72	77	6	1231	99.0

Invalid responses include no response.

81A) Do you participate in organized college athletics at any of the following levels?

Varsity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	234	96	844	96	77	100	1167	96.2
2 Yes	11	5	35	4	0	0	46	3.8
Valid responses =	245	20	879	72	77	6	1213	97.5

Invalid responses include no response.

81B) Do you participate in organized college athletics at any of the following levels?

Club Sports

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	216	86	831	94	67	87	1126	92.3
2 Yes	35	14	49	6	10	13	94	7.7
Valid responses =	251	21	880	72	77	6	1220	98.1

Invalid responses include no response.



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81C) Do you participate in organized college athletics at any of the following levels?

Intramurals

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	196	79	778	88	74	97	1060	87.2
2 Yes	51	21	102	12	2	3	155	12.8
Valid responses =	247	20	880	72	76	6	1215	97.7
Invalid responses include no response.								

82A) Do you have any of the following?

Attention-Deficit/Hyperactivity Disorder (ADD or ADHD)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	213	85	727	82	49	64	998	81.1
2 Yes	39	16	163	18	28	36	232	18.9
Valid responses =	252	20	890	72	77	6	1230	98.9
Invalid responses include no response.								

82B) Do you have any of the following?

Autism Spectrum Disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	240	97	864	97	58	75	1172	95.8
2 Yes	8	3	24	3	19	25	52	4.2
Valid responses =	248	20	888	73	77	6	1224	98.4
Invalid responses include no response.								

82C) Do you have any of the following?

Deaf/Hearing loss

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	243	98	867	98	72	95	1193	97.4
2 Yes	6	2	22	3	4	5	32	2.6
Valid responses =	249	20	889	73	76	6	1225	98.5
Invalid responses include no response.								

82D) Do you have any of the following?

Learning disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	247	99	841	95	69	92	1166	95.2
2 Yes	3	1	49	6	6	8	59	4.8
Valid responses =	250	20	890	73	75	6	1225	98.5
Invalid responses include no response.								

82E) Do you have any of the following?

Mobility/Dexterity disability

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	247	99	864	97	69	91	1190	97.1
2 Yes	3	1	24	3	7	9	35	2.9
Valid responses =	250	20	888	72	76	6	1225	98.5
Invalid responses include no response.								

82F) Do you have any of the following?

Blind/Low Vision

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	242	97	846	95	70	92	1168	95.4
2 Yes	8	3	41	5	6	8	56	4.6
Valid responses =	250	20	887	72	76	6	1224	98.4
Invalid responses include no response.								



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American College Health Association

8455 Colesville Road, Suite 740

Silver Spring, MD 20910

(410) 859-1500

www.acha.org/ncha

UNIVERSITY OF NORTHERN IOWA

February 24, 2026

FREQUENCY REPORT

Number of Surveys (n) = 1244 Web Surveys

82G) Do you have any of the following?

Speech or language disorder

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	246	99	882	99	72	95	1211	98.9
2 Yes	3	1	7	1	4	5	14	1.1
Valid responses =	249	20	889	73	76	6	1225	98.5

Invalid responses include no response.

83) Are you currently or have you been a member of the Armed Services?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	239	95	882	99	77	100	1211	98.4
2 Yes, have served in area of hazardous duty	3	1	1	0	0	0	4	0.3
3 Yes, have not served in area hazardous duty	10	4	6	1	0	0	16	1.3
Valid responses =	252	20	889	72	77	6	1231	99.0

Invalid responses include no response.

84) What is the highest level of education completed by either of your parents (or guardians)?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Did not finish high school	7	3	16	2	2	3	25	2.0
2 High school diploma or GED	41	16	153	17	16	21	211	17.1
3 Attended college but no degree	14	6	61	7	7	9	83	6.7
4 Associate's degree	29	12	127	14	4	5	161	13.1
5 Bachelor's degree	93	37	292	33	27	35	417	33.8
6 Master's degree	48	19	191	21	10	13	251	20.4
7 Doctoral or professional degree (PhD, EdD, MD, JD, etc.)	17	7	38	4	9	12	65	5.3
8 Don't know	3	1	14	2	2	3	19	1.5
Valid responses =	252	20	892	72	77	6	1232	99.0

Invalid responses include no response.

85) Are you a parent of a child under the age of 18 or do you have primary responsibility for someone else's child/children under the age of 18?

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	248	98	854	96	73	95	1186	96.2
2 Yes	4	2	38	4	4	5	47	3.8
Valid responses =	252	20	892	72	77	6	1233	99.1

Invalid responses include no response.

HT_INCH Height in Inches

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 36 or Less Inches	0	0	0	0	0	0	0	0.0
2 37 to 48 Inches	0	0	0	0	0	0	0	0.0
3 49 to 60 Inches	0	0	38	4	2	3	41	3.4
4 61 to 72 Inches	171	69	828	95	70	93	1076	89.5
5 73 to 84 Inches	76	31	6	1	3	4	85	7.1
6 85 or More Inches	0	0	0	0	0	0	0	0.0
Valid responses =	247	21	872	73	75	6	1202	96.6

Invalid responses include no response.

Due to the improbability of a student surviving a drinking episode resulting in an extremely high BAC, all students with a BAC of .50 or higher are omitted from the BAC figures in this report. BAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. The BAC variable has only been altered for this report, and remains unchanged in the data file.

BAC Estimated Blood Alcohol Content

	Mean	Median	Std Dev	Min	Max
Cis Men	0.04	0.02	0.05	0	0.27
Cis Women	0.04	0.02	0.06	0	0.46
Trans/Gender Non-conforming	0.04	0.02	0.04	0	0.13
Overall	0.04	0.02	0.06	0	0.46



AMERICAN COLLEGE HEALTH ASSOCIATION

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BAC Estimated Blood Alcohol Content

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 0% Alcohol	61	44	213	42	15	43	292	42.5
1 .01 to .05% Alcohol	40	29	178	35	10	29	229	33.3
2 .06 to .07% Alcohol	11	8	34	7	4	11	49	7.1
3 .08 to .09% Alcohol	8	6	17	3	3	9	29	4.2
4 .10 to .15% Alcohol	13	9	44	9	3	9	60	8.7
5 .16 to .20% Alcohol	4	3	13	3	0	0	17	2.5
6 .21 to .25% Alcohol	1	1	4	1	0	0	5	0.7
7 .26 to .30% Alcohol	1	1	2	0	0	0	3	0.4
8 .31 to .49% Alcohol	0	0	3	1	0	0	3	0.4
Valid responses =	139	20	508	74	35	5	687	55.2

Invalid responses include no response.

RBAC1 Recoded Estimated Blood Alcohol Content .08%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .08%	112	81	425	84	29	83	570	83.0
1 .08% or higher	27	19	83	16	6	17	117	17.0
Valid responses =	139	20	508	74	35	5	687	55.2

Invalid responses include no response.

RBAC2 Recoded Estimated Blood Alcohol Content .1%

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0 Less than .1%	120	86	442	87	32	91	599	87.2
1 .1% or higher	19	14	66	13	3	9	88	12.8
Valid responses =	139	20	508	74	35	5	687	55.2

Invalid responses include no response.

BMI Body Mass Index

	Mean	Median	Std Dev	Min	Max
Cis Men	25.92	24.00	5.77	17	52
Cis Women	26.20	24.00	6.81	7	55
Trans/Gender Non-conforming	26.03	24.00	7.39	17	53
Overall	26.17	24.00	6.72	7	55

RBMI Body Mass Index Classifications

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Underweight (<18.5)	8	3	35	4	3	4	47	4.0
2 Desired weight (18.5- 24.9)	124	51	428	50	39	53	594	50.3
3 Overweight (25- 29.9)	72	29	208	24	14	19	295	25.0
4 Class I obesity (30- 34.9)	25	10	84	10	9	12	118	10.0
5 Class II obesity (35- 39.9)	8	3	54	6	5	7	67	5.7
6 Class III obesity (>=40)	8	3	45	5	3	4	59	5.0
Valid responses =	245	21	854	72	73	6	1180	94.9

Invalid responses include no response.

USDAFI USDA Food Security Score

	Mean	Median	Std Dev	Min	Max
Cis Men	1.42	0.00	2.06	0	6
Cis Women	1.62	1.00	2.03	0	6
Trans/Gender Non-conforming	1.95	1.00	2.27	0	6
Overall	1.63	1.00	2.07	0	6

RUSDAFI USDA Food Security Category

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very low food security (5-6)	34	14	127	14	16	22	186	15.1
2 Low food security (2-4)	42	17	220	25	18	24	284	23.1
3 High or marginal food security (0-1)	175	70	540	61	40	54	759	61.8
Valid responses =	251	20	887	72	74	6	1229	98.8

Invalid responses include no response.



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KESSLER6 Kessler 6 (K6) Non-Specific Psychological Distress Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.32	5.00	4.54	0	22
Cis Women	7.46	7.00	4.79	0	24
Trans/Gender Non-conforming	10.91	10.00	4.91	0	22
Overall	7.44	7.00	4.84	0	24

RKESSLER6 Recoded Kessler 6 (K6) Non-Specific Psychological Distress

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No or low psychological distress (0-12)	222	89	758	86	47	62	1038	84.7
3 Serious psychological distress (13-24)	28	11	129	15	29	38	188	15.3
Valid responses =	250	20	887	72	76	6	1226	98.6
Invalid responses include no response.								

ULS3 UCLA Loneliness Scale Score

	Mean	Median	Std Dev	Min	Max
Cis Men	5.08	5.00	1.83	3	9
Cis Women	5.14	5.00	1.81	3	9
Trans/Gender Non-conforming	5.84	6.00	1.81	3	9
Overall	5.17	5.00	1.82	3	9

RULS3 Recoded UCLA Loneliness Scale

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for loneliness (3-5)	148	59	517	58	28	36	702	56.8
2 Positive for loneliness (6-9)	104	41	376	42	49	64	533	43.2
Valid responses =	252	20	893	72	77	6	1235	99.3
Invalid responses include no response.								

SBQR Suicide Behavior Questionnaire-Revised (SBQR) Screening Score

	Mean	Median	Std Dev	Min	Max
Cis Men	4.93	3.00	2.9	3	18
Cis Women	5.07	3.00	2.94	3	18
Trans/Gender Non-conforming	8.28	8.00	3.48	3	17
Overall	5.25	4.00	3.06	3	18

RSBQR Recoded Suicide Behavior Questionnaire-Revised (SBQR)

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Negative for suicidal screening (3-6)	198	79	683	76	24	32	913	73.9
2 Positive for suicidal screening (7-18)	54	21	211	24	52	68	322	26.1
Valid responses =	252	20	894	72	76	6	1235	99.3
Invalid responses include no response.								

DIENER Diener Flourishing Score

	Mean	Median	Std Dev	Min	Max
Cis Men	46.02	48.00	8.45	9	56
Cis Women	46.55	48.00	7.62	8	56
Trans/Gender Non-conforming	41.18	44.00	9.14	8	56
Overall	46.07	48.00	7.99	8	56

CDRISC2 Connor-Davidson Resilience Scale 2 (CD-RISC2) Score

	Mean	Median	Std Dev	Min	Max
Cis Men	6.24	6.00	1.4	2	8
Cis Women	5.83	6.00	1.42	0	8
Trans/Gender Non-conforming	5.30	6.00	1.52	2	8
Overall	5.88	6.00	1.44	0	8

SSISTOBACCO ASSIST SSIS TOBACCO SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.89	3.00	8	0	31
Cis Women	7.83	5.00	8.39	0	31
Trans/Gender Non-conforming	6.00	3.00	7.54	0	24
Overall	7.52	5.00	8.24	0	31

TOBACCORISK ASSIST Tobacco Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	41	54	107	45	10	59	158	47.4
2 Moderate Risk (4-26)	34	45	121	51	7	41	163	48.9
3 High Risk (27-39)	1	1	11	5	0	0	12	3.6
Valid responses =	76	23	239	72	17	5	333	26.8
Invalid responses include no response.								



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SSISALCOHOL ASSIST SSIS ALCOHOL SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	6.20	4.00	6.31	0	34
Cis Women	5.83	5.00	5.38	0	35
Trans/Gender Non-conforming	5.76	5.00	4.96	0	24
Overall	5.89	5.00	5.54	0	35

ALCOHOLRISK ASSIST Alcohol Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-10)	134	85	483	86	36	88	662	86.3
2 Moderate Risk (11-26)	21	13	68	12	5	12	94	12.3
3 High Risk (27-39)	3	2	8	1	0	0	11	1.4
Valid responses =	158	21	559	73	41	5	767	61.7

Invalid responses include no response.

SSISCANNABIS ASSIST SSIS CANNABIS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	5.51	2.00	8.19	0	38
Cis Women	5.11	2.00	7.13	0	37
Trans/Gender Non-conforming	7.00	5.00	7.73	0	26
Overall	5.34	2.00	7.39	0	38

CANNABISRISK ASSIST Cannabis Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	41	61	126	56	12	43	181	56.0
2 Moderate Risk (4-26)	23	34	94	42	16	57	133	41.2
3 High Risk (27-39)	3	5	6	3	0	0	9	2.8
Valid responses =	67	21	226	70	28	9	323	26.0

Invalid responses include no response.

SSISCOCAINE ASSIST SSIS COCAINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.33	1.00	1.51	0	3
Cis Women	1.22	0.00	2.11	0	6
Trans/Gender Non-conforming	2.67	0.00	4.62	0	8
Overall	1.42	0.00	2.32	0	8

COCAINERISK ASSIST Cocaine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	6	100	8	89	2	67	17	89.5
2 Moderate Risk (4-26)	0	0	1	11	1	33	2	10.5
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	6	32	9	47	3	16	19	1.5

Invalid responses include no response.

SSISMETH ASSIST SSIS METHAMPHETAMINE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.00	3.00	.	3	3
Cis Women	2.00	0.00	3.46	0	6
Trans/Gender Non-conforming	.	.	.	.	.
Overall	2.25	2.00	2.87	0	6

METHRISK ASSIST Methamphetamine Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	1	100	2	67	0	0	3	75.0
2 Moderate Risk (4-26)	0	0	1	33	0	0	1	25.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	1	25	3	75	0	0	4	0.3

Invalid responses include no response.

SSISINHALANT ASSIST SSIS INHALANTS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	3.20	0.00	7.16	0	16
Cis Women	0.75	0.00	2.12	0	6
Trans/Gender Non-conforming	1.17	0.00	2.04	0	5
Overall	1.45	0.00	3.83	0	16

INHALANTRISK ASSIST Inhalant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	4	80	7	88	5	83	17	85.0
2 Moderate Risk (4-26)	1	20	1	13	1	17	3	15.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	5	25	8	40	6	30	20	1.6

Invalid responses include no response.



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SSISRXSTIMULANT ASSIST SSIS ADJUSTED PRESCRIPTION STIMULANT SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.64	0.00	5.43	0	18
Cis Women	2.13	0.00	5.36	0	24
Trans/Gender Non-conforming	0.60	0.00	1.34	0	3
Overall	1.75	0.00	4.93	0	24

RXSTIMULANTRISK ASSIST Prescription Stimulant Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	10	91	18	78	5	100	34	85.0
2 Moderate Risk (4-26)	1	9	5	22	0	0	6	15.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	11	28	23	58	5	13	40	3.2

Invalid responses include no response.

SSISSEDATIVE ASSIST SSIS ADJUSTED SEDATIVE SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	2.83	2.00	4.26	0	11
Cis Women	2.10	0.00	2.73	0	8
Trans/Gender Non-conforming	0.00	0.00	.	0	0
Overall	2.11	0.00	3.01	0	11

SEDATIVERISK ASSIST Sedative Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	5	83	14	70	1	100	21	75.0
2 Moderate Risk (4-26)	1	17	6	30	0	0	7	25.0
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	6	21	20	71	1	4	28	2.3

Invalid responses include no response.

SSISHALLUCINOGEN ASSIST SSIS HALLUCINOGENS SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	1.00	0.00	1.61	0	5
Cis Women	2.27	0.00	3.65	0	11
Trans/Gender Non-conforming	2.60	0.00	3.71	0	8
Overall	1.90	0.00	3.16	0	11

HALLUCINOGENRISK ASSIST Hallucinogen Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	10	91	17	77	3	60	31	79.5
2 Moderate Risk (4-26)	1	9	5	23	2	40	8	20.5
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	11	28	22	56	5	13	39	3.1

Invalid responses include no response.

SSISHEROIN ASSIST SSIS HEROIN SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.00	0.00	0	0	0
Cis Women	1.50	0.00	3	0	6
Trans/Gender Non-conforming	.	.	.	.	.
Overall	1.00	0.00	2.45	0	6

HEROINRISK ASSIST Heroin Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	2	100	3	75	0	0	5	83.3
2 Moderate Risk (4-26)	0	0	1	25	0	0	1	16.7
3 High Risk (27-39)	0	0	0	0	0	0	0	0.0
Valid responses =	2	33	4	67	0	0	6	0.5

Invalid responses include no response.

SSISRXOPIOID ASSIST SSIS ADJUSTED PRESCRIPTION OPIOID SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	0.40	0.00	0.89	0	2
Cis Women	3.69	0.00	10.76	0	39
Trans/Gender Non-conforming	6.67	3.00	9.07	0	17
Overall	3.18	0.00	8.85	0	39

RXOPIOIDRISK ASSIST Opioid Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	5	100	11	85	2	67	19	86.4
2 Moderate Risk (4-26)	0	0	1	8	1	33	2	9.1
3 High Risk (27-39)	0	0	1	8	0	0	1	4.5
Valid responses =	5	23	13	59	3	14	22	1.8

Invalid responses include no response.



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SSISOTHER ASSIST SSIS OTHER DRUG SCORE

	Mean	Median	Std Dev	Min	Max
Cis Men	.	.	.	.	.
Cis Women	5.75	6.00	2.06	3	8
Trans/Gender Non-conforming	16.50	17.00	23.33	0	33
Overall	9.33	6.00	11.93	0	33

OTHERSSISRISK ASSIST Other Drug Risk

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Low Risk (0-3)	0	0	1	25	1	50	2	33.3
2 Moderate Risk (4-26)	0	0	3	75	0	0	3	50.0
3 High Risk (27-39)	0	0	0	0	1	50	1	16.7
Valid responses =	0	0	4	67	2	33	6	0.5

Invalid responses include no response.

PATOTALMOD Total moderate activity minutes/week conversion

	Mean	Median	Std Dev	Min	Max
Cis Men	481.48	300.00	525.39	0	3000
Cis Women	388.31	240.00	460.46	0	4120
Trans/Gender Non-conforming	391.50	295.00	362.47	0	1800
Overall	409.75	240.00	472	0	4120

PAAERO Met Weekly PA Guideline for Aerobic Activity ONLY

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	70	28	314	36	23	31	411	33.9
2 Yes	177	72	564	64	51	69	803	66.1
Valid responses =	247	20	878	72	74	6	1214	97.6

Invalid responses include no response.

PAGUIDE Met Weekly PA Guideline for Aerobic and Muscle-Strengthening Activity

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	132	53	533	61	50	68	723	59.6
2 Yes	115	47	345	39	24	32	491	40.4
Valid responses =	247	20	878	72	74	6	1214	97.6

Invalid responses include no response.

HAPAGUIDE Met Weekly PA Guideline for HIGHLY ACTIVE Adults

	Cis Men		Cis Women		Trans/Gender Non-conforming		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	154	62	612	70	54	73	828	68.2
2 Yes	93	38	266	30	20	27	386	31.8
Valid responses =	247	20	878	72	74	6	1214	97.6

Invalid responses include no response.

References

1 Connor KM, Davidson JTR. Development of a new resilience scale: The Connor-Davidson Resilience Scale (CDRISC). Depression and Anxiety. 2003; 18:76-82.